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ON THE RIGHTS OF
THE CHILD

20
YEARS

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Go Beyond Selfhood
Embrace Your Future
超越自我，擁抱未來

UNICEF Young Envoys Programme

聯合國兒童基金會青年使者計劃 2009



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聯合國兒童基金會

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Introduction of Programme

United Nations Children's Fund

Since 1946, UNICEF has been the world's leader for children, working in over 150 countries to help children survive and thrive, from early childhood through adolescence.

Our Vision

To be the driving force that helps build a world where the rights of every child are realized.

Our Mission

- Advocate for the protection of children's rights, help meet their basic needs and expand their opportunities to reach their full potential
- Mobilize political will and material resources to help countries ensure a "first call for children" and build their capacity to do so
- Respond in emergencies to relieve the suffering of children and of those who provide their care
- Promote the equal rights of women and girls and support their full participation in the development of their communities
- Work towards the human development goals, and the peace and social progress enshrined in the Charter of the United Nations

The Hong Kong Committee for UNICEF was formed in 1986 and is one of the 36 National Committees worldwide. The Hong Kong Committee provides financial support to UNICEF's projects all over the world and raises public awareness on UNICEF's work and the condition of the poor children in the developing countries.

UNICEF Young Envoys Programme

The UNICEF Young Envoys programme is a distinctive youth leadership scheme launched in 1996; which enables local youth to understand more about the state of the children in developing countries and the work of UNICEF in improving the lives of children. Every year, selected youth participants are required to complete a nine-month programme including training workshops, social service activities, and school projects before their official appointment as Young Envoys. Outstanding Young Envoys will be selected to visit a developing country, to explore and experience a starkly contrasting lifestyle in developing countries.

Objectives

- To cultivate youngsters to be our young leaders to advocate for children's rights
- To raise youngsters' awareness of children in developing countries and enable them to understand the roles and achievements of UNICEF in improving the lives of children
- To promote the awareness of the Convention on the Rights of the Child
- To develop youngsters' skills in effective leadership, communication and cooperation and boost their confidence
- To provide opportunities for students to organize and participate in the local UNICEF advocacy and fundraising programmes

聯合國兒童基金會

聯合國兒童基金會成立於1946年，是國際上維護兒童權益的主要組織，在全球超過150個國家幫助兒童生存及成長。

理念

成為推動世界各國實踐兒童權利的主要力量

使命

- 保護兒童權利、幫助他們得到基本需要和為他們提供發展潛能的機會。
- 動員政治力量和資源幫助國家，特別是發展中國家，確保他們在制定有關兒童的事情上能做到「兒童第一」
- 在緊急情況下迅速為兒童及其照顧者提供支援，以減輕他們的痛苦
- 宣揚兩性平等及支持女性參與社區發展
- 致力實踐由全球各社區所認同的人類可持續發展目標及《聯合國憲章》中的和平及社會進展

聯合國兒童基金香港委員會於一九八六年成立，是全球三十六個委員會之一；其主要工作是於本港舉辦各項籌募活動為聯合國兒童基金會籌募經費，並鼓勵社會人士關注聯合國兒童基金會的工作及不幸兒童的生活狀況。

聯合國兒童基金會青年使者計劃

聯合國兒童基金會青年使者計劃於一九九六年開始舉辦，是一個為中學生而設之青年領袖計劃，讓青少年能更了解發展中國家兒童狀況及聯合國兒童基金會的工作。每年，被挑選出來的參加者需要完成為期9個月的訓練及工作坊，社會服務及學校活動，然後才正式被委任成為青年使者。表現出色的青年使者將有機會遠赴發展中國家考察，認識自己及親身體驗貧困地區的生活方式。

目的

- 培訓青年使者成為出色的青年領袖，推廣兒童權利
- 喚起參加者對發展中地區兒童的關注，使本港青年更了解聯合國兒童基金會在在當地改善兒童的工作
- 讓參加者更了解及宣揚《兒童權利公約》
- 透過不同的挑戰以提高參加者的領導、溝通及合作技巧及增強自信心
- 提供機會予參加者籌辦及參與聯合國兒童基金會的宣傳及籌募活動

Message from the Chairman

UNICEF has a mandate under the Convention on the Rights of the Child to protect children's rights globally. The UNICEF Young Envoys Programme, launched in 1996 by Hong Kong Committee for UNICEF, aims to train young leaders to advocate for children's rights and raise their awareness of the deprived children in the world. It also provides a unique opportunity for our young leaders to understand the roles and achievements of UNICEF in improving children's lives in the developing countries.

This year, the theme of the UNICEF Young Envoys Programme is "Go beyond selfhood. Embrace your future". After a series of training sessions, social service programmes and field visits, our Young Envoys are equipped to advocate for children's rights among their peers. They have acquired a deeper understanding of the hardship faced by the 1.9 billion children living in developing countries. Some of these children are not only deprived of education opportunities, but even the basic right of survival.

In addition to honing their leadership and communication skills, Young Envoys who have completed the programme have learned to treasure what they have in their families and community. In the last summer, our Young Envoys visited Gansu in China and Nepal. They discovered that though the children they visited had very little in possession, they were contented and happy.

On returning home, our Young Envoys have been reflecting deeply on the differences between those underprivileged children and themselves. They are amazed at the positive attitudes of these children and their families and particularly impressed by their strong motivation in pursuit of their dreams. Our Young Envoys have learnt a valuable lesson themselves in the merits of treasuring and sharing, which I believe will be most beneficial to their own development.

I would like to express my sincere gratitude to our major sponsor, AEON Credit Service (Asia) Co., Ltd. and advertising sponsors, Citybus Limited & New World First Bus Services Limited for supporting the Programme. Special thanks should also go to our colleagues in UNICEF Nepal and UNICEF China for their kind assistance in the arrangement of the field visits.

This publication summarizes the activities in which our Young Envoys participated from early January to August 2009. I hope you will learn more about our programme and share the experience and joy of each of our Young Envoys.



Louis Loong

Chairman

Hong Kong Committee for UNICEF

在兒童權利公約授權下，聯合國兒童基金會致力為維護世界上每一個兒童的權利而努力。「聯合國兒童基金會青年使者」計劃於1996年成立，計劃主要目的是訓練青年領袖推廣兒童權利及喚起他們更關注全球被剝削的兒童狀況。此外，計劃亦提供年青人獨一無二的機會去了解聯合國兒童基金會在發展中國家為兒童所付出的努力及成果。

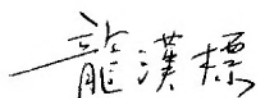
今年，青年使者的主題為「超越自我，擁抱未來」。經過一連串的訓練活動、社會服務及探訪，青年使者已有足夠能力肩負起在朋輩中推廣兒童權利公約的責任。他們更對世界上超過19億在發展中國家生活的兒童所面對的困難有更深的認識；當中有些兒童不但沒有受教育的機會，甚至連最基本的生存權利也被剝削。

除了改善領導和溝通才能外，不少青年使者在計劃中學會珍惜他們在家庭和社區所擁有的一切。今年暑假，他們到訪了中國甘肅及尼泊爾，明白到儘管落後地區的小朋友所擁有的確實很少，但他們對生活仍感到快樂及滿足。

不少青年使者回家後，都不期然思考他們與那些探訪國家的小朋友的分別。令他們感到意外的是這些被剝削的兒童及其家庭正面的生活態度。此外，令他們印象最深刻的是這些兒童勇於追尋人生目標的動力。這次探訪亦為青年使者們上了珍貴的一課，提醒了他們要學會珍惜和分享。這次的個人成長對他們建立美好的未來非常重要。

今年，有賴AEON信貸財務（亞洲）有限公司、城巴有限公司及新世界第一巴士服務有限公司的贊助及支持，令這個計劃的宣傳推廣工作得以順利進行，本人在此衷心感謝。另外，亦要特別鳴謝聯合國兒童基金會駐中國以及尼泊爾辦事處的同事，他們的悉心安排使我們的探訪活動得以順利進行。

這本刊物報導了「聯合國兒童基金會青年使者」計劃2009自今年初開始的各項活動。希望大家能藉著本刊物進一步認識這個計劃，並與我們的青年使者一同分享他們在當中的經驗和喜悅。



龍漢標

聯合國兒童基金香港委員會主席

Message from AEON Credit Service (Asia) Co., Ltd.



AEON Credit Service (Asia) Co., Ltd. is pleased to support "UNICEF Young Envoys Programme" for two consecutive years. The Programme, through a series of training workshops, in-school and community programs, has successfully equipped a team of 61 young envoys. By sponsoring this unique Programme, AEON Credit sincerely hope to provide an in-depth support to the youth of Hong Kong in understanding the sufferings and needs of children worldwide; also help build their care and responsibility towards the world.

Guided by AEON Group's corporate philosophy of "Peace, People and Community", AEON Credit actively supports and promotes charitable community projects and activities on environmental protection, education and cultural exchange. Since February 2008, AEON Credit has been awarded the "Caring Company Logo" by The Hong Kong Council of Social Service and "Heart to Heart Company Logo" by The Hong Kong Federation of Youth Groups, in recognition of its contribution to the community and the environment.

AEON信貸財務（亞洲）有限公司 獻辭

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主要贊助 Major Sponsor



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聯合國兒童基金會青年使者計劃 2009 UNICEF Young Envoy Programme 2009 Appoin



AEON信貸財務（亞洲）有限公司 很高興能連續兩年支持「聯合國兒童基金會青年使者計劃」。此計劃透過一連串的培訓工作坊、校內及社區活動，成功栽培了六十一名青年使者。AEON信貸衷心希望透過贊助這項獨特計劃，讓香港青年深入體會到全球兒童的困苦和需要，積極幫助他們建立對世界的關愛和責任心。

AEON信貸秉承「和平、人、社區」之企業理念，積極支持中港環保、教育及文化交流活動，以熱心捐獻和參與來回饋社會。自二〇〇八年二月，AEON信貸分別獲香港社會服務聯會頒發「商界展關懷」標誌及香港青年協會頒發「有心企業」標誌，以嘉許其對社會及環境作出的貢獻。

Message from Citybus Limited & New World First Bus Services Limited



As responsible corporate citizens, Citybus Limited & New World First Bus Services Limited actively support and participate in worthwhile causes organized by charities and social service groups to help those in need.

This year, UNICEF organized the UNICEF Young Envoys Programme again, with the aim of raising public concern about children's rights and their well being. Through training and the field visits, the Young Envoys were able to broaden their horizons, and learned to assume greater responsibility to serve the community. We share these ideals: our mission is to improve the standard of living of our community, and we are pleased to play our part through the sponsorship of bus body and shelter space.

城巴有限公司及新世界第一巴士服務有限公司獻辭



作為負責任的企業公民，城巴有限公司及新世界第一巴士服務有限公司一向熱心公益，並積極支持社會服務機構及慈善團體的工作，幫助有需要的人士。

聯合國兒童基金會今年再次舉辦「聯合國兒童基金會青年使者計劃」，秉承推動市民關心全球兒童權利及福利的宗旨，讓青年使者透過探訪交流活動及參與連串訓練課程得以擴闊視野及服務社群，可謂任重道遠，而這目標正與我們的理想一致：竭力為社會創建一個更美好的生活環境。我們很榮幸能夠再次贊助巴士車身廣告及巴士站燈箱廣告位置，為是次活動在宣傳推廣方面盡一分力。

Introduction of UNICEF Young Envoys 2009

聯合國兒童基金會青年使者2009簡介



- 01 Allen, Benjamin Frederick 羅力文 : La Salle College 喇沙書院 (Age / 年齡 : 15)
- 02 Chan, Hey Harry 陳曦 : Diocesan Boys' School 拔萃男書院 (Age / 年齡 : 15)
- 03 Chan, Hiu Ching 陳曉晴 : Queen Elizabeth School 伊利沙伯中學 (Age / 年齡 : 17)
- 04 Chan, Ping Ki 陳冰琪 : Queen Elizabeth School 伊利沙伯中學 (Age / 年齡 : 17)
- 05 Chan, Tsz Wah 陳梓華 : China Holiness Church Living Spirit College 中華聖潔會靈風中學 (Age / 年齡 : 17)
- 06 Chang, Heidi 張愷迪 : Hang Seng School of Commerce 恒生商學書院 (Age / 年齡 : 16)
- 07 Cheng, Nga Man 鄭雅文 : Heep Yunn School 協恩中學 (Age / 年齡 : 14)
- 08 Chiu, Wai Ki 趙慧琪 : Belilios Public School 庇理羅士女子中學 (Age / 年齡 : 17)
- 09 Choi, Shuk Ting 蔡淑婷 : TWGHs Kap Yan Directors' College 東華三院甲寅年總理中學 (Age / 年齡 : 16)
- 10 Choksuwanlert Rattikan 李秀湄 : Belilios Public School 庇理羅士女子中學 (Age / 年齡 : 18)
- 11 Chu, Tin Yan 朱天欣 : Tseung Kwan O Government Secondary School 將軍澳官立中學 (Age / 年齡 : 16)
- 12 Chu, Tsz Ying Claire Rebecca 朱紫瑩 : Good Hope School 德望學校 (Age / 年齡 : 15)
- 13 Fu, Kwan Yu Athena 傅君瑜 : St. Mary's Canossian College 嘉諾撒聖瑪利書院 (Age / 年齡 : 15)
- 14 Fung, Kwong Chiu Daniel 馮廣照 : Sha Tin Government Secondary School 沙田官立中學 (Age / 年齡 : 17)
- 15 Ho, Ka Lam 何嘉琳 : Ying Wa Girls' School 英華女學校 (Age / 年齡 : 17)
- 16 Hong, Tze Kuen Caroline 康梓娟 : Holy Family Canossian College 嘉諾撒聖家書院 (Age / 年齡 : 15)



- 17 Kan, Ki-chun 簡祺晉 : La Salle College 喇沙書院 (Age / 年齡 : 15)
- 18 Kan, Ling Wo Leo 簡令和 : King George V School 英皇佐治五世學校 (Age / 年齡 : 15)
- 19 Kong, Wan Yiu Michel 江韻瑤 : S. K. H. Tsang Shiu Tim Secondary School 聖公會曾肇添中學 (Age / 年齡 : 17)
- 20 Kung, Yuen Yee 龔婉儀 : YMCA of Hong Kong Christian College 港青基信書院 (Age / 年齡 : 16)
- 21 Kwan, Janet 關亦婷 : Hong Kong International School 香港國際學校 (Age / 年齡 : 15)
- 22 Lam, Ming Yin Alison 林明彥 : German Swiss international School 德瑞國際學校 (Age / 年齡 : 14)
- 23 Law, Mei Sze 羅美詩 : Diocesan Girls' School 拔萃女書院 (Age / 年齡 : 15)
- 24 Law, Yu Yin 羅雨嫣 : S. K. H. Tsang Shiu Tim Secondary School 聖公會曾肇添中學 (Age / 年齡 : 17)
- 25 Lee, Hon Lam Matthew 李漢霖 : La Salle College 喇沙書院 (Age / 年齡 : 17)
- 26 Lee, Mei Po Janice 李美寶 : Marymount Secondary School 瑪利諾修院學校 (Age / 年齡 : 19)
- 27 Lee, Wing Yan 李泳欣 : Po Leung Kuk 1983 Board of Directors' College 保良局八三年總理中學 (Age / 年齡 : 13)
- 28 Leung, Cheuk Yin 梁卓妍 : Diocesan Girls' School 拔萃女書院 (Age / 年齡 : 17)
- 29 Leung, Chi Tik Javier 梁智迪 : King George V School 英基學校協會 英皇佐治五世學校 (Age / 年齡 : 15)
- 30 Leung, Ho Wang 梁濂弘 : St. Stephen's College 聖士提反書院 (Age / 年齡 : 15)
- 31 Leung, Ka Yi 梁嘉怡 : St. Mary's Canossian College 嘉諾撒聖瑪利書院 (Age / 年齡 : 15)
- 32 Leung, Wing Tung Jessica 梁詠潼 : Good Hope School 德望學校 (Age / 年齡 : 14)



- 33 Li, Han Xiao 李含笑 : Renaissance College 啟新書院 (Age / 年齡 : 17)
- 34 Lo, Man Ting 盧敏婷 : TWGHs Kap Yan Directors' College 東華三院甲寅年總理中學 (Age / 年齡 : 18)
- 35 Lo, Wai Tak 羅偉特 : Heung To Middle School 香島中學 (Age / 年齡 : 16)
- 36 Luo, Ying Si 羅穎思 : Heung To Middle School 香島中學 (Age / 年齡 : 15)
- 37 Nguy, Chloe 魏梓婷 : Hong Kong International School 香港國際學校 (Age / 年齡 : 15)
- 38 She, Alexander 余雋希 : P.L.K. Vicwood K.T.Chong Sixth Form College 保良局莊啟程預科書院 (Age / 年齡 : 17)
- 39 Siu, Ming Chak 邵銘澤 : Christian Alliance S. C. Chan Memorial College 宣道會陳瑞芝紀念中學 (Age / 年齡 : 17)
- 40 Siu, Pui Yue Rani 蕭珮瑜 : Sacred Heart Canossian College 嘉諾撒聖心書院 (Age / 年齡 : 15)
- 41 Tang, Ka Wing Karen 鄧嘉穎 : Shatin College 沙田書院 (Age / 年齡 : 16)
- 42 Tsang, Po Man 曾寶雯 : S.K.H. Bishop Mok Sau Tseng Secondary School 聖公會莫壽增會督中學 (Age / 年齡 : 14)
- 43 Tsang, Ying Pik 曾映碧 : CNEC Christian College 中華傳道會安柱中學 (Age / 年齡 : 17)
- 44 Tsoi, Mung Fan 蔡夢帆 : Tak Nga Secondary School 德雅中學 (Age / 年齡 : 17)
- 45 Tsoi, Yim Kwun 蔡艷冠 : Po Leung Kuk 1983 Board of Directors' College 保良局八三年總理中學 (Age / 年齡 : 16)
- 46 Tung, Ho Tak 董皓德 : St. Paul's Co-Educational College 聖保羅男女中學校 (Age / 年齡 : 13)
- 47 Wah, Suet Ming Judy 華雪明 : St. Mary's Canossian College 嘉諾撒聖瑪利學校 (Age / 年齡 : 15)
- 48 Wong, Chak Fung 黃澤峰 : Kwok Tak Seng Catholic Secondary School 天主教郭得勝中學 (Age / 年齡 : 17)



- 49 Wong, Hiu Tung Hilda 黃曉彤 : Diocesan Girls' School 拔萃女書院 (Age / 年齡 : 18)
- 50 Wong, Janice 黃靖怡 : Maryknoll Convent School 瑪利諾修院學校 (Age / 年齡 : 14)
- 51 Wong, Ka Sin 王家善 : Fanling Lutheran Secondary School 基督教香港信義會心誠中學 (Age / 年齡 : 15)
- 52 Wong, Lok Hei 王諾熙 : CNEC Christian College 中華傳道會安柱中學 (Age / 年齡 : 15)
- 53 Wong, Pak Yu 王柏裕 : Baptist Lui Ming Choi Secondary School 浸信會呂明才中學 (Age / 年齡 : 15)
- 54 Wong, Po Chee Gigi 黃葆姿 : The Victoria Shanghai Academy 滬江維多利亞學校 (Age / 年齡 : 17)
- 55 Wong, Tsun Yee Jenny 王津怡 : Ying Wa Girls' School 英華女學校 (Age / 年齡 : 17)
- 56 Wong, Tsz Kwan 汪子鈞 : Baptist Lui Ming Choi Secondary School 浸信會呂明才中學 (Age / 年齡 : 13)
- 57 Wong, Wai Chak 王偉澤 : Po Leung Kuk 1983 Board of Directors' College 保良局八三年總理中學 (Age / 年齡 : 16)
- 58 Wong, Yuen Tung Theresa 王宛彤 : Hang Seng School of Commerce 恒生商學書院 (Age / 年齡 : 16)
- 59 Woo, Wing Man 胡詠雯 : Heep Yunn School 協恩中學 (Age / 年齡 : 15)
- 60 Yim, Wan Cheong Vivian 嚴雲臧 : Canadian International School of HK 加拿大國際學校 (Age / 年齡 : 16)
- 61 Yuk, Chak Kwan Christopher 沃澤鈞 : Diocesan Boys' School 拔萃男書院 (Age / 年齡 : 14)

Orientation Day



"Congratulations! You have passed the interview and become Young Envoys 2009..." All who received this notification letter from UNICEF was thrilled. They were going to participate in the first activity - the Orientation Day with a joyful heart.

When we arrived at the UNICEF Youth and Information Center at Lok Fu, we received a short briefing. The Young Envoys 08 together with the officers in charge conducted the briefing which was about the programme's content and training activities. After that, we were divided into five groups and three previous Young Envoys were appointed as mentors for each group. We introduced ourselves and began to build up our friendship. At first, many of us were worried that we might not know of what to talk with the others. Luckily, the mentors' communication skills were so good that we were quickly familiarized with each other. We became close friends just within half an hour!

After that, the most exciting part came and it was the group games! The games were so fun and some were even created by the previous Young Envoys, aimed at making us become a team. The most impressive game was "Tokyo Tower". The purpose of this game was for us to build a high and strong tower with the limited materials we were provided with. The YE08s, who acted as judges of the game, would then test the strength of the towers. During the game, we divided our labour equally and showed great unity. Some of us collected the clothes and shoes while others who were good at Physics discussed on how to build the tower. All of us contributed what we had and that was very funny! We have never expected that we could have been so involved as we had just known each other for a short time.

The Orientation Day was the first day of the Young Envoys and it was also a beautiful start!



「恭喜你，你已通過面試，成為2009年度的青年使者」讀到這封通知信後，各位收信者無不抱著興奮的心情，迎接第一個活動 - 迎新日。

來到樂富的UNICEF青年資訊中心後，我們首先聽了一個簡報，由上屆青年使者以及活動的負責人為我們介紹此計劃的內容和訓練活動。簡報過後，我們分為五組，每組均設有一位上屆青年使者充當導師，分享他們的經驗及感受，並讓我們做了簡單的自我介紹，踏出友誼的第一步。起初，很多人都忐忑不安，怕沒有共同的話題，難以彼此認識。可幸的是，導師的溝通技巧甚為高超，不一會已經跟我們天南地北的談天起來，原本素未謀面的我們，都敞開心扉地暢所欲言。不愧是年青人，我們不到半小時便「攬頭攬頸」，打成一片！

不多久，就來到我們最期待的集體遊戲部份。集體遊戲不但刺激有趣，有些更是由上屆青年使者自創，目的是令我們有機會互相合作。最深刻的遊戲要數「東京鐵塔」。鐵塔者，高聳而堅穩也，我們各組要比賽用身上的物品，堆出一座最高的塔，建成後由評判（上屆青年使者）測試其堅固程度。為了勝出，各組鬥智鬥力，有人專門負責收集衣褲鞋襪背囊眼鏡以建塔，有精於物理學的人擔任「工程師」，至於其他人，則有甚麼出甚麼，七手八腳，不亦樂乎！勝負早已忘了，只是我們才剛相識，卻居然玩得如此的「放」，如此的「顛」，實始料所不及，已能想像日後的活動我們會有多投入！說實在的，沒想過竟會碰上這群「過度活躍」的年輕人！

迎新日是我們YE生涯的第一天，也是最美好的開始！

Leadership Training Camp



In order to enhance personal growth and facilitate understanding between the potential Young Envoys, the leadership training camp was held on 10 – 11 January 2009 in Ma Wan Park. The day kicked off with a brainstorming and 'presentation' session of each group's name and slogan. In this activity, we began chit-chatting and knowing each other better. As the day went on, we participated in a variety of group games and challenges under the guidance of the mentors. Throughout these activities, we gained better understanding of each other and developed communication, collaboration and problem-solving skills.

The highlight of the exhilarating day, however, was the "Sim City" game at night. In this activity, we were required to construct a city within a very limited time. Therefore, everyone was assigned to different tasks. Some were responsible for constructing the outline of the city and giving instructions; some were sent to fetch materials for building the city; whereas the others were busily building the actual city. Despite the confusions and chaos at the beginning, all of us soon managed to understand our mission and cooperate well with each other in the game. With one common goal in mind, we eventually made it and built our well-constructed city!

The second day was an even more challenging one. The adventure-based activities required teamwork, trust and communication between members of the team. In addition to striking hard to keep our balance on the beam or the rope, we were blindfolded in some of the activities! In order to overcome the obstacles and accomplish our missions, we had to apply the skills we learnt on the first day. Meanwhile, we also demonstrated strong team spirit and unity, which are essential to the success of a group.

In spite of the freezing weather (It was 0°C... No kidding!), the lessons we learnt in the camp, together with our newly ignited spirit and friendships built, caused our weekend to be such a warm and spectacular one. After the camp, we all looked forward to exploring, learning and serving in the coming training sessions, hand in hand with our fellow Young Envoys.



本年度的青年使者迎新營於一月十日至十一日在馬灣公園舉行，目的是為了促進個人成長、增加準青年使者彼此之間的認識，以及增強青年使者們的凝聚力及士氣。一月份香港正值寒冬，而馬灣這個遠離市區的地方更是冷上加冷；我們初入營時的心情就有如寒冷的天氣般冰冷，彼此間都不認識；然而，在經過第一環節的分組及設計組別口號後，組員們紛紛開始談話，認識對方，營內的氣氛慢慢變得暖烘烘起來！在之後一連串的破冰及歷奇遊戲中，如運氣球及蒙眼數數等，組員們透過多次的討論後，漸漸與隊員建立默契，也從中學會了與他人合作，溝通以及解難的技巧。



而在眾多遊戲之中，晚上的「模擬城市」必定是最令各位青年使者印象深刻的一環。當我們聽到要在數小時內共同建立一個模擬城市時，都不期然認為這是個不可能的任務。六十多個人合作去創造一個城市實在不是易事，而我們當初對於這個遊戲的玩法更是一頭霧水。但經過分工後，我們的城市就慢慢成型；一批人負責外出搜羅物質，另一批負責在控制室給予指令，還有一大批人負責在室內建做城中不同的建築物。看見一座又一座的建築物在我們六十多個人的努力之下成功地坐落於我們面前，實在太感動，也證明了團結就是力量，可以把不可能的事情變成事實！



而第二天的遊戲更是精彩刺激。我們移師到繩網陣，但今次我們卻進行了非一般的繩網遊戲，就是要蒙著眼踩上繩網，途中更不可以倚附其他的東西，只可握著隊員們的手前行。這個項目聽起來也像是不可能被完成的，但昨天的模擬城市的例子告訴我們：團結就是力量！我們雖然認為這很難被完成，但最後憑著我們和隊員間的默契和信任，順利到達目的地！這再次證明團隊間的凝聚力實在是強得可以令一切困難變得渺小！

兩天的光景轉眼即逝，然而，在這兩天中建立的珍貴的友誼和寶貴的經歷（如睡在零度的戶外中）令我們六十一位青年使者對彼此加深了認識，也為我們未來半年的合作寫下精彩的序幕！

Understanding UNICEF Workshop and Presentation

認識聯合國兒童基金會工作坊及簡報

On the 28th of February, all of the Young Envoys gathered at the Lok Fu centre to present our projects on "Understanding UNICEF". The session was designed to increase our understanding of UNICEF and its roles in the world, so as to help us become more competent Young Envoys and to enrich our understanding of the UNICEF's background, mission and also the UNCRC – UN Conventions on the Rights of the Child. We had all been put together into five groups, with each group having been assigned a different topic exploring all types of UNICEF's activities in the field.

The topics were directly related to the top 5 priorities that UNICEF has, and each group was required to do a 20 minutes presentation on each of the topics. Each group found unique ways of delivering the presentation – such as a self-made video for the group doing girls' education, and an interesting role play depicting the horrors of child exploitation and abuse in countries, especially in the third world or in nations where Sharia Law is still practiced.

Apart from child protection and education, the other groups were also required to look at UNICEF's role in helping to improve sanitation and water supplies in countries and the health of women and children, as well as its role in tackling the tragedy of HIV/AIDS.

Overall, it was an engaging and interesting way for us to not only further our knowledge about UNICEF, but also to strengthen cooperation and spirit among fellow Young Envoys. Indeed, most of the topics were directly relevant to what we experienced when we went on the field visits, and helped us appreciate more deeply what we already have. The workshop was definitely a vital part of our training and also a fun and enjoyable experience for us to learn from.

在二月二十八日，我們一眾青年使者為「認識聯合國兒童基金會工作坊」進行匯報工作。這個活動主要令大家對聯合國兒童基金會在全球的工作及兒童權利公約有初步的認識。

我們主要集中探討聯合國兒童基金會在世界上首要的五大任務，主要以聯合國兒童權利公約為宗旨。女童教育和兒童發展為其中最重要的一環。大家均以各種不同的方式去演譯這些任務在世界上所帶來的影響。當中有包括帶出中國山區的女童因受到傳統的觀念影響，未能接受正確的教育。後來，經過聯合國兒童基金會的指導下，他們明白到無論男或女，都應接受均等的教育機會，不應就性別而作偏袒。除此之外，加強防疫、預防愛滋病亦非常受到重視。

這個工作坊令我們這班初來報到的青年使者對聯合國兒童基金會的工作和理念有所認識，而且亦與將來海外考察團有密切關係，加深我們的體會，及為日後不同範疇的工作作好準備。



‘Drama in Education’ Workshop 戲劇教育工作坊



In February this year, all Young Envoys attended two drama-training sessions that impressed us very much. These two lessons were fantastic as we learnt both the skills of acting and a special method to express ourselves - the ‘Mobile Sculpture’. It was an interesting game in which one of the audiences was invited to share a real, personal story with his or her partner. Then, the partner would ‘comment’ on the story by using body gestures in order to visualize the emotion or feeling behind the story in a vivid way. All of the whole-sculpture-stories touched the hearts of the audience.

It was a very meaningful as well as a challenging task. Unity was the key to success here. After the drama workshop, all of the Young Envoys had a new exploration and experience in the importance of cooperation and unity. We need to cooperate with one another in order to finish a task in an efficient and effective way. We must listen to our partners, always give support and most importantly, try to understand the story of each team member. This drama training certainly helped us develop our friendship and team spirit.

在二零零九年二月，所有聯合國兒童基金會青年使者參加了一個為期兩天的戲劇教育工作坊。這個精彩的訓練課程令我們全都印象深刻，而且亦使我們獲益良多。我們不僅學會了演戲的技巧，還懂得了一種表達自我的嶄新方法 - 「流動雕塑」。此乃一個極富有趣味性的遊戲，遊戲方法為：先由一位觀眾向其夥伴分享一則個人親身經歷，然後再由其夥伴以不同擺動的姿態去把故事背後的內心情緒生動地演繹出來。所有的「流動雕塑」故事背後大多都蘊含着觸動人心的經歷。

總的來說，這戲劇教育工作坊十分有意義，而且相當有挑戰性。我們都領略到團結就是成功之道。經過這次的戲劇教育訓練課程，所有青年使者都重新探索及體驗過團結合作的重要性。我們必須互相合作才能快捷、有效率地完成各項挑戰。通過細心聆聽各人背後的故事，我們學會給予各隊員支持及鼓勵。此活動確實使我們的友誼更永固。

School Fundraising and Advocacy Projects

As Young Envoys, not only do we need to bear the conviction of “protecting the children” in mind, we also need to spread the message to others. Youngsters are the pillars of the future society. It is imperative to enhance their understandings of the children’s rights. Therefore, they will defend the interests of the children and offer helping hands to the ones in need in the future. With this thought in mind, the Young Envoys have organized fundraising and advocacy projects in their own schools. Since there was no designated format for the activities, we were responsible for the arrangement of all the activities. It had provided us with an opportunity to improve our creativity, organization and leadership skills. The school projects were implemented from March to May and some highlights of the activities we held are as follows:

Promotion in the School Assembly (Organized by Heidi Chang and Theresa Wong)

We made use of the assembly time to give a presentation on the work of UNICEF and the plight of the children in the third world. We particularly pointed out the problem of child soldiers which people seldom pay attention to. Before the presentation, there was a video footage concerning child soldiers. Judging from the expression of the audience, we know that the five-minute video has inspired them. Therefore, they actively participated in the charity sale of cookies afterwards. It was impressive. Also, during the preparation of the school project, we had a better understanding towards the organization.

African Adventure (organized by Crystal Cheng and Heidi Woo)

Bearing in mind that most students are already occupied with homeworks, revisions or meetings in their daily lives, we believed that holding workshops and lectures would be too boring. Therefore, we organized a more fun but inspiring activity to attract our schoolmates. We aimed to arouse their attention to the child labor, meanwhile, also offering them a helping hand. The activity was held during two consecutive lunch breaks which offered an opportunity to junior students to experience the life of the child labor in the third world. On the first day, participants were provided with raw cooking ingredients and simple tools to cook, while on the second day, participants were asked to carry a heavy water bucket and wash some dirty clothes with bare hands. At the end of the activity, we had an evaluation session to explore more about the problem of child labor.

Charity Sale – Handmade Candies (organized by Athena Fu, Florence Leung, Judy Wah)

To arouse the attention from our fellow schoolmates towards the children living in the developing countries, we held a handmade candies charity sale. While we were selling the candies, we also distributed some bookmarks and leaflets to our schoolmates to promote the works that UNICEF has done for the needy. Although others may think that charity sale is only a simple fund-raising activity, we could see that many of our schoolmates were willing to help the poor, and they would still put money into the donation box even if the candies were sold out and try their very best to help the needy. Even though our schoolmates did not have many chances to learn more about the people living in developing countries, this had provided us a valuable chance to promote more about UNICEF to our friends.

作為聯合國兒童基金會青年使者，我們不但要有愛護兒童的信念，更重要的是將這種信念傳遞給其他人。青年人是未來社會的棟樑，因此我們更需要讓他們了解兒童權利，讓他們將來能捍衛兒童的利益，為有需要的兒童提供援助。因此，本年度的三月至五月期間，每位青年使者均在所屬的學校內進行籌款及推廣活動。籌備的過程全由青年使者負責，沒有特定的舉辦方式，藉此訓練青年使者的組織能力、創意及領導能力。以下是其中一些校內活動的介紹及感受：

早會專題介紹（活動統籌：張愷迪、黃琬彤）

我們藉著早會時間向同學和老師介紹聯合國兒童基金會的工作，以及第三世界兒童正在面對的問題，而我們則特意選了同學較少留意的童兵問題。在專題報告前我們先播放一段由青年使者製作關於童兵問題的短片。從台下同學的眼神，我們知道短短五分鐘的片段，已經令大家深深了解到第三世界兒童所面對的苦況，相信他們也能明白到我們要傳遞的信息。因此，專題報告後舉備的曲奇慈善義賣也得到同學的踴躍支持，實在令人感動。而在籌備的過程中，我們也對聯合國兒童基金會有更深的認識。



非洲生活體驗日（活動統籌：鄭雅文、胡詠雯）

平日同學都忙著做課業、溫習和開會等，我們認為推廣活動若以工作坊或講座形式進行也就太乏味了。因此，我們採用輕鬆而深刻的活動形式進行，藉此喚起同學對童工的關注，鼓勵他們為有需要的兒童伸出援手。我們在兩日的午飯時間舉行這個活動，讓初中的同學有機會體會第三世界的兒童當童工的感受。第一天，參加者需利用簡單的食材和工具煮食，第二天，我們則要求參加者挑水洗衣服，讓他們有機會體驗非洲童工的生活。活動完結後，我們還會與參加者一起探討童工的問題。



糖果義賣籌款（活動統籌：傅君瑜、梁嘉儀、華雪明）

為了吸引更多同學了解那些在第三世界生活的小孩，我們特意舉辦了糖果義賣活動，在義賣的同時，我們亦向同學宣傳了有關聯合國兒童基金會的工作，以及派發了書簽和宣傳單以讓同學對機構有更深入的认识。雖然糖果義賣只是很簡單的活動，但從同學的反應可知道他們都有一顆心去幫助那些在貧窮地區生長的小朋友。在日常生活中，可能很少有機會讓同學去認識第三世界生活的人，這次正好給予我們一個機會去推廣，當中也看見同學比以前更熱心地為有需要的人出一分力，即使糖果已經售罄，他們仍然把錢投進籌款箱，盡自己最大的能力捐款幫助別人，使我們感到很滿足。





VISIT 1 探訪一

A group of Young Envoys went to the “Integrated Service Centre for Ethnic Minorities” located in Yau Tsim Mong and carried out their social service, which aimed at helping the children of ethnic minorities to build self-confidence and learn how to enjoy their lives in Hong Kong by doing certain tasks outdoors. Unfortunately, it was raining cats and dogs on that day, and many of the games had to be cancelled. Yet, we quickly responded to such stimulus. We played some ice-breaking games with the children and held an additional party indoors. Lastly, a piece of cloth was given to the kids and they were asked to draw or write whatever they could have thought of.

Surprisingly, the boys drew horrible prints such as blood, guns, murderers, etc. Though we understood it was a common phenomenon for boys at their age, we couldn't help feeling pity for them.

“I wish to know more about them and understand their thoughts, the reasons behind such acts. Children need love, that's why we are here.” One of the Young Envoys said.

At the end, we gave them the cloth as a souvenir, hope they would remember the good times we had spent together that morning. We waved good-byes grudgingly and these all ended in a great applause, thanking everyone who had participated in this event.

一群青年使者到了位於油尖旺的基督教勵行會的少數族裔綜合服務中心為少數族裔的小朋友進行社會服務，目的為幫助他們建立自信心及學懂如何好好享受在香港生活的時光。然而，基於當天正下著滂沱大雨的關係，所有室外的遊戲都被迫取消。幸好，一眾青年使者都能應付是次突如其來的考驗，當機立斷地決議先跟他們玩一些破冰遊戲，以緩和當時緊張的氣氛。此外，還特意增設了大食會環節，希望藉此與小朋友們融洽相處。最後，青年使者給予小朋友一匹大布料，讓他們自由發揮，將所想的都畫在布匹上。意外地，男孩子竟畫上了血跡、槍械等令人毛骨悚然的東西。「我希望可以更加了解這群小朋友，明白他們畫出這些圖案的原因。小朋友需要愛，所以有我們這班青年使者的誕生。」其中一位青年使者說。活動完結前，青年使者送上剛完成的布匹作為對是此活動的紀念。該活動便在依依不捨的道別中圓滿結束。



VISIT 2 探訪二

Another group of the Young Envoys held another visit at the “Children and Family Services Center” in Ma Tau Chung, targeting to help South Asian children. When the kids first stepped into the center, they were strangers to everyone else. After a series of ice-breaking games, they played together happily. The children then worked in groups and built their own tower. They got really crazy during the “attacking” sessions (using paper bombs to attack the others’ towers) in the end of the game. By tower building, they had learned the importance of co-operation and planning. The magic show performed by our Young Envoys was greatly enjoyed by the kids. Coincidentally, it was the Mother’s day, all of us worked together to design our own unique Mother’s Day card to show our gratitude and thanks to the greatest women in the world. The whole event ended with a reluctant goodbye. We hope that the kids will keep their bright and brilliant smiles forever.

另一群青年使者於馬頭涌的兒童及家庭服務中心，為南亞裔的小朋友進行社會服務。還記得那些小朋友剛踏入中心的大門時，他們因看到太多陌生的臉孔而顯得不知所措。然而，經過一連串的破冰遊戲後，他們開始打開心扉，一起快樂地嬉戲。到了築城遊戲的環節時，他們不但愉快地投入活動，還學懂如何計劃、互相合作及明白相信同伴的重要性。遊戲完畢後，青年使者表演了精湛的魔術，小朋友都樂在其中。非常巧合，那天正是普天同慶的母親節。於是，我們一起製作世上獨一無二的母親節賀卡，向這群偉大而不辭勞苦的母親表達感恩的心情。整個活動在千依萬捨的氣氛中圓滿結束。儘管此社會服務已完結，我們仍誠心希望各位小朋友能記住於是次活動中學到的一切，以及在將來的成長之路上保持臉上那個真誠而天真爛漫的笑容。



VISIT 3 探訪三

A group of 18 newly migrated children from the Mainland joined us to visit the Hong Kong Zoological and Botanical Gardens (HKZBG). During our journey to the Park, we introduced lots of famous buildings and streets in Central to them. Those kids seemed so excited for their first time of stepping on the Hong Kong Island.

This social service visit, named “I’ve got a date with the Park”, was not just a simple trip to HKZBG. We have arranged a massive tracing game. Each group followed their routine and completed their tasks as quickly as they could for presents would be awarded to the fastest group. Through the games, children acquired more knowledge about our nature and environment. From their smiles, we could tell that they really enjoy this trip. We had a great time having snacks together and distributing presents. The laughter from the kids was what we wanted.

一行二十一個青年使者與十八個來自旺角社區中心的小朋友一起衝出課室，走到香港動植物公園。新來港的小朋友抵港不久，對香港的認識尚淺。我們沿途介紹不少中環著名的大廈和街道，令他們大開眼界、雀躍不已。

此活動名為「我和公園有個約會」，這並非單單是一個普通的旅行。我們精心安排了一系列的遊戲。小朋友分成兩組，以最快完成指定路線上的遊戲為勝。他們從中學會了更多有關大自然的知識。從他們滿足的笑容，我們可以肯定他們極享受是次的活動。最後，我們在公園享用茶點。他們的笑聲是我們最好的禮物。



Retreat Day was a newly added event to the programme. It provided an opportunity for the Young Envoys to gather and evaluate what they did in the past six months. Everyone was given a piece of paper and they were told to write and draw their feelings about the programme on it. They also shared the difficulties they have encountered and what they have learnt after the activities and school promotions.

In the event, many Young Envoys exalted the programme's ability to arouse their care towards minorities in the society and enhance their co-operating skills. Meanwhile, finishing heavy loads of work before deadlines was one of the many challenges to them. There were also numerous touching moments during the event as many Young Envoys thought they have grown a lot after six months of works. The activity ended with a pleasant atmosphere and all Young Envoys started to work for their important day – the Appointment Ceremony. Retreat Day was a meaningful event as it gave Young Envoys a chance to review what they have done, therefore we hope it will be kept and continued in the future.

退修日是近年青年使者計劃新加入的活動，目的是希望所有青年使者經過半年的訓練後，聚在一起回顧及檢討整個計劃。每人都在一張紙上用文字和圖畫表達他們對計劃的感受，並分享了在各個活動及在學校宣傳基金會工作時的困難和得著。

過程中，青年使者都提到計劃增加了對社會少數族群的關注，以及與人合作的能力，但要在各個限期前完成工作對他們亦是一大考驗。另外，分享亦有感人之處，不少青年使者都有提到在計劃過程中他們成長了不少。活動在愉快的氣氛下完結，而使者們亦開始著手他們的大日子—委任典禮。退修日提供了一個良好機會給使者們作出反思，希望這個有意義的活動得以延續下去。

Appointment Ceremony



During the few weeks before the Appointment Ceremony, the soon-to-be Young Envoys worked hard behind the scenes at the UNICEF Youth and Information Center in Lok Fu in order to prepare for this long awaited day – 7 June. In the past 6 months, we had participated in various training programs, which included social services, fundraising projects in our schools, and promotional activities to undertake and fulfill the responsibilities of UNICEF Young Envoys. This long awaited day marked was the Appointment Ceremony, in recognition of our efforts and our commitment to the Programme.

The Appointment Ceremony this year was held at and sponsored by Times Square, and both our sponsors, AEON Credit Service (Asia) Co., Ltd. & Citybus Limited and New World First Bus Services Limited were invited to witness this special moment. Along with school teachers and principals, we also invited Mr. Eric Suen, who shared his experiences on a UNICEF trip to the underprivileged mountainous areas of Jiangxi, and advised us be psychologically prepared for our Field Visits. In order to commemorate our Appointment Ceremony, we decided to perform a song, co-written and composed by all of us. The lyrics were inspired by our six month journey and the experiences we encountered as Young Envoys, and as we sang, different feelings were evoked in each and everyone of us.

As we received our certificates, we fully understood our responsibilities as Young Envoys; which included the promotion of the “Conventions on the Rights of the Child”, arouse public concern for children around the world who live in unfortunate situations, and allow them to understand the works that UNICEF has achieved in order to improve the living conditions in the developing countries. The most important task for us then was to share our experiences in our upcoming field visits and emphasize the importance of protecting and being concerned for those children, and to recognize their rights as individuals. The ending of the Appointment Ceremony symbolized the 61 Young Envoys taking our responsibilities on our shoulders in order to achieve our mission, with a message in our hearts: “You And I Can Embrace the Future”.



在委任典禮的前幾星期裡，各準青年使者都在樂富青年資訊中心默默耕耘，準備迎接期待已久的日子——六月七日。在過去半年，我們參與了各種訓練計劃，有社會服務、校內籌款及推廣活動，履行聯合國兒童基金會青年使者的使命。這期待已久的日子是委任典禮，肯定了我們的承諾和努力。

今年的聯合國兒童基金會青年使者委任典禮於時代廣場舉行，並邀請了我們兩間主要贊助機構，AEON信貸財務有限公司和城巴有限公司及新世界第一巴士服務有限公司，還有各校老師和校長來一同見證這重要時刻。我們更邀請了孫耀威先生擔任嘉賓和我們分享他到江西貧窮山區探訪的寶貴經驗，他更希望青年使者為考察團做好心理準備。為紀念委任典禮這大日子，我們表演了一首自己作曲作詞的歌曲，歌詞記載了我們這半年的歷程和身為青年使者所遇到的經歷。唱著歌的同時，我們每人都百感交集。

接過證書的一刻，我們全然明白到自己肩負著青年使者的重任，宣揚《兒童權利公約》，喚起公眾對全球不幸兒童的關注，令他們了解聯合國兒童基金會在改善發展中國家的生活狀況所做的工作等。最重要的就是分享我們在未來的考察團中所見所聞、將保護及關注兒童，並尊重兒童權益這些重要信息傳揚開去。委任典禮的結束象徵六十一位使者負著青年使者的責任，心中有著「你與我可擁抱未來」這信念，共同達成我們的任務。

Field Visit to Gansu, China

中國甘肅考察團

Itinerary 行程

Date : 20 to 24 July
日期 : 7月20日至7月24日
Destination : Gansu, China
目的地 : 中國甘肅
Groups : Young Envoys and UNICEF members
團隊 : 青年使者及一眾聯合國兒童基金會人員



Day 1 第一天

Arrived at Gansu, China
到達中國甘肅



Day 2 第二天

Visited Ma Jia Ji Medical Center
Experienced the lives at Chong Dan Village
考察麻家集鎮衛生院
到達宗丹村體驗農家生活





Day 3 第三天

Basketball competition between Young Envoys and a local school basketball team

Visited Tao Li Pre-School Nursery and Cheng Guan Pre-School Nursery

與渭源縣第一中學學生進行籃球比賽

參觀山丹鄉渭河村桃李幼稚園和武山縣城關幼稚園



Day 4 第四天

Harvested Chives

Visited Bangluo Town Pre-School Nursery

摘韭苔

參觀榜羅鎮幼稚園



Day 5 第五天

Sight-seeing

Arrived at Gansu Airport

遊覽市容

回程





Local Planning and Action for Children Project (LPAC) 中國貧困地區兒童規劃與發展項目

1. Ma Jia Ji Medical Center 麻家集鎮衛生院

What will people always expect of a health centre in the rural area in China? Something terrible, right? Yet, what we saw is very different from our expectation. With the help of LPAC, the health centre did have the basic standard equipment and a well-structured system. There were beds for checking, few pre-delivery rooms, an office, a delivery room etc. These facilities have already benefited the villages as they brought them convenience and better hygiene. The principal there really thanked UNICEF for sponsoring him to develop the health centre. Without the money and support, the patients couldn't be cured in a proper way and the pregnant women couldn't have a hygienic delivery place. Therefore, not only did LPAC resolve the urgent needs of development funding for village women maternity, but also changed their traditional beliefs and action by training them. To them, LPAC is an angel.

如果你想像一間在中國農村的衛生院的模樣，你會聯想到什麼？設施不完善？然而，我們看到的衛生院卻完全超出了預期。這所衛生院在LPAC的幫助之下得到了基本的設施和完善的制度，例如：病牀，幾個預產房、產房、辦工室和貯藏藥物的雪櫃等。這批設施為這條村子帶來了很大的幫助，不但方便了看病的人，同時都大大提升了當地的衛生情況。

衛生院的院長非常感謝UNICEF的撥款支持去發展衛生院。如果沒有UNICEF的金錢支持，很多病人便不可能得到適當的治療，孕婦都不會有衛生的生產地方。故此，LPAC不但解決了當前最急切的農村婦女發展問題，同時亦改變了他們的傳統觀念及用實際行動來訓練他們。對他們來說，LPAC是他們的天使。

2. Visit at Chong Dan Village 到達宗丹村體驗農家生活

The most memorable experience in the trip was the time when we visited the villagers in Chong Dan Village. We were assigned to different host families and responsible to study how the LPAC project helped the villagers better their living environment through conversations with them.

In fact we expected something worse before visiting, yet, they have not only a clean and neat living environment, but also a hygienic toilet. Some of them even get something that are above standard, like Canon camera and HiFi. This was because of UNICEF and its LPAC project, which pulled them out of the poverty line and let them keep up with the city pulse. They were very passionate and friendly to welcome us as they really thanked what UNICEF did to help them build a harmonious family and life.

旅程最難忘的經歷莫過於到達宗丹村體驗農家生活。我們被指派到不同的農村家庭跟他們談天和討論，從而了解LPAC項目是如何在這幾年幫助及改善他們的生活環境。

當初我們預期他們的家會很簡陋，可能只得幾張椅子，一張床，和一個不太衛生的洗手間。但是，他們不但有一個清潔和整潔的屋住環境，而且有一個乾淨的衛生間。除了生活的基本需求，村民們還有一些（對他們來說）高科技的用品，例如Canon的數碼相機和音響設備，這一切都令我們驚訝。

原來是LPAC項目在近幾年幫助了他們，透過借出小型貸款，宗丹村的農民才有能力改善自己的生活和跟上社會的節奏。在我們探訪村民時，他們非常熱情地招待我們，因為他們真的十分感謝UNICEF的幫助，令他們有一個健康的家庭和生活。



3. Feeding place for pigs, Chinese medicine planting, village's library

婦女的養豬點，中藥材種植，村部農家書屋

After visiting the villagers, we were invited to witness how UNICEF has offered the local farmers unlimited support and aid through its LPAC project. When we stepped over the threshold, we were shocked by the large piles of Chinese angelicas and wondered how the local farmers could cultivate such an immense amount of angelicas. In fact, with the micro-credit loans offered by UNICEF, the farmers and local women can then cultivate and profit from their own production, such as potatoes and Chinese angelicas.

Moreover, UNICEF has also given them an opportunity to take a step closer to education. The LPAC project has brought a small library in the village that can also help educate the local children. Thus, as the great effects of the small library become more and more apparent, LPAC has refuted the traditional belief that girls do not deserve an education and proved that education is more than vital for every child.

當我們完成了農家體驗，當地的村民就邀請我們看看LPAC如何改善他們的生活和怎樣令他們有自給自足的能力。走進小門關，最吸引我們的是地上一堆堆的當歸，有人問：「他們為何有本錢買材料種植大量的當歸？」原來LPAC已於當地實施了7年，當中的小額貸款給予當地婦女資金，讓她們有能力種植當歸等中藥材及馬鈴薯等。我們還進入了一個非常小型的養豬點。雖然味道難受了一點，但可以看得出LPAC給予他們學會自給自足和經營的機會。

此外，我們都一眾認為村中的農家書屋最能幫助當地的小孩。很多人都認為女孩不應該讀書，或者他們沒有能力供養孩子。LPAC就讓他們明白到教育對小孩有如水分對幼苗般同樣重要。即使村中大部分的小孩都能上學，書屋仍可給予小孩更多知識，讓他們健康成長。





Local Action for Rural Children Project (LARC) 貧困地區兒童發展計劃

1. Weihe Tao Li Pre-School Nursery in Shandan Village 山丹鄉渭河村桃李幼稚園

To know more about the LARC project, we visited a local village kindergarten, which was founded by a villager. "I am so lucky to be chosen by UNICEF to participate in this LARC project, my life has changed because of it," he said agitatedly. He, the principal of the kindergarten, is very passionate in teaching, he believes preschool education with fun activities and games is important for the development of children.

With the funds and resources offered by LARC, he designed everything in the playground which aim at developing children's movement through games and actions. Most importantly, LARC has corrected the wrong teaching methodology and the belief of the villagers there. Now, many people send their children to his kindergarten and students there learn in a fun, interactive atmosphere with games and activities. From their smiles, we know that they love studying there.

在第三天，我們探訪了一所當地由農民所設立的農村幼稚園。幼稚園的園長激動地說：「我感到非常幸運可以被UNICEF選到去參加LARC這個計劃，我的一生都被這個計劃所改變」。這位園長是一位很愛小朋友及對教學充滿著熱誠的校長。他相信一個以活動及遊戲為主的學前教育對一位小朋友的發展是非常重要的。

LARC向他提供低息貸款去幫助他興建學校，其後他利用這筆貸款及資源在操場設計了一系列的設施，他希望利用這批設施令小朋友透過遊戲和活動中不斷成長。最重要的是LARC糾正了農村錯誤的教學及傳統觀念，以致現在已經有不少的農民把孩子都送到幼稚園，在有活力的氣氛下愉快地學習，從這班小朋友的笑容可以看得出，他們很愛他們的學校。

2. Cheng Guan Pre-School Nursery in Wushan 武山縣城關幼稚園

Unlike the first kindergarten we had visited, the second one is set up by the government. Because of the difference in the sources of funding, its structure is much more massive and modern. The facilities for both classrooms and playground are well-equipped and new. The teachers there are all very enthusiastic over teaching and students are very active and passionate in learning.

Nevertheless, these are the proofs of the success of the LARC project, which introduced by UNICEF. UNICEF in association with the government for the implementation of LARC in local schools aims at arousing the importance of preschool education for the development of children. Because of LARC, we can see that students all learn in a joyful atmosphere. Through their enthusiasm, we believe that LARC really makes a difference in their lives.

和第一間幼兒園不同，這一間是由政府興建的幼兒園。也許由於資金來源的差異，這一間幼兒園規模更大並更現代化，就像一些香港學校一樣。教室和操場都設備完善。這兒的教師都非常熱心於教學，而且學生非常積極學習。他們在有趣的活動和遊戲中學習。

然而，這些都是聯合國兒童基金會LARC計劃獲得成功的最好證明。聯合國兒童基金會為了令更多人明白到學前教育的重要，於是與政府合作一同推行LARC的計劃。因為LARC，我們可以看到所有的學生在一種快樂的氣氛學習。當我們與學生交談時，不難在他們的言語間得知他們對學習興趣。眼見他們熱心學習，我們有理由相信LARC的確改變了他們的人生。



3. Bangluo Town Pre-School Nursery 榜羅鎮幼稚園

Teachers and children welcomed us upon our arrival at the third local nursery on the fourth day of our trip. Though the nursery was not as large and conventional as the second nursery, we still felt the fervor of the teachers and the faculty. They joyfully brought us around the medium-sized nursery, showing us their students' art works with pride. This was because of the fact that UNICEF and its LARC project had assisted them with the establishment of the nursery and fulfilled the faculty's wish to educate and bring joy and laughter to the local children.

We have also watched the kindergarten children play on the sandy playground during their break. Though all the toys were rather simple, the children still enjoyed them as the LARC project has bettered the quality of the education provided in the nursery. It has provided all 240 sets of Teacher's Guide Books and 55 toys. Surely, LARC has opened and eased the path of education for them and we were extremely glad to see the children smile and enjoy the learning environment.

我們在考察第四天到了第三間幼稚園，規模可說是第一和第二間幼稚園的混合，因為它地方廣大如農村，但幼稚園外的紅旗跟政府辦的很相似。當我們進入幼稚園，我們看到四周的牆都畫滿了圖案，原來這些都是LARC項目贊助當地老師畫的。

在小孩玩樂的空地，我們看見很多香港沒有的玩意，例如小型的攀牆，車輪，還有一隻隻的跳跳玩具，各式各樣的玩意不但為小孩提供開心的學習環境，更能娛樂我們。幼稚園的校長說，全靠LARC項目，他們的教育系統才能得以改善，同時提升老師的質素。園中240套教師指導手冊和55件各類玩具都是LARC資助給他們的，這令小孩有良好的學習氣氛。我們看見的每一位小孩，都是笑著迎接我們，和我們談天，他們一定是很享受在那兒上學。



Field Visit to Kavre, Nepal

尼泊爾加雷考察團

Itinerary 行程

Date : 11 to 15 August
日期 : 8月11日至8月15日
Destination : Kavre, Nepal
目的地 : 尼泊爾加雷
Groups : Young Envoys and UNICEF members
團隊 : 青年使者及一眾聯合國兒童基金會人員



Day 1 第一天

Arrived at Kathmandu, Nepal
到達尼泊爾加德滿都



Day 2 第二天

Briefing and meeting with staff of UNICEF Nepal
Visited SSMK - Saathi Sanga Manka Kura
與聯合國兒童基金會尼泊爾辦事處代表會面及進行簡介
參觀 SSMK





Day 3 第三天

Visited Urban Out of School Programme

Visited 3 Community Organizations for the DACAW Project -
Decentralized Action for Children and Women

參觀外校計劃

探訪3個社區組織了解 DACAW 項目



Day 4 第四天

Visited 2 local schools to understand the child-friendly school initiative
Interacted with peer to peer volunteers and SSMK listener's club

探訪當地友兒學校計劃

與朋輩義工及 SSMK 聽眾會交流



Day 5 第五天

Sight-seeing

Arrived at Kathmandu Airport

遊覽市容

回程



Day 1 – A start of the Field visit

Dawn arrived: the 11th of August 2009. It was not a particularly special day, nor did it have any historical significance... but it did mark a beginning: the start of the UNICEF Young Envoys Field Visit to Nepal.

We were supposed to gather at the airport at around 5pm, but in typical YE fashion most of us got there early and spent time together in terminal 2. When together, we laughed and played our way past the time, and soon we found ourselves in Kathmandu.



Almost immediately we noticed the contrast between the cozy lounges we were accustomed to in Hong Kong and the stark, bare concrete of Kathmandu airport. Outside, we were greeted by cheering staff from UNICEF Nepal, and were ushered onto buses, when something caught my eye:

There were Nepalis rushing to help us put our bags onto the coach for us. Initially, I thought they were UN staff out to help us... but I knew better the moment they started asking us for money. A young Nepali kept on grabbing us by the shoulder and begged us for a few coins in return for their services. The desperation in those eyes will be an image hard to forget.

We held our first debriefing in the Greenwich hotel, in which we all discussed our roles and expectations for the coming trip. Our fellow UNICEF Staff from Hong Kong then briefed us once again on the coming activities and programmes. We were enthusiastic and had high hopes for the trip, and ready to go out and tackle whatever UNICEF had in store for us.

第一天 - 考察團的開始

曙光來臨了：2009年8月11日 - 不是一個非常特別的日子，也沒有任何歷史意義.....但卻標誌著一個美麗的開始：聯合國兒童基金會青年使者展開尼泊爾考察之旅！

原定集合時間為下午5時正，但一眾青年使者一如以往早早就到達機場聚舊，並在2號離境大堂隨時候命。快樂的時間過得很快，一瞬間，我們就發現自己已經身處尼泊爾的首都 - 加德滿都。

剎那間，我們注意到了莫大的對比 - 香港那舒適寬敞的候機室和了無裝飾且荒涼的加德滿都機場。機場外面，一眾駐守尼泊爾的聯合國兒童基金會的工作人員歡呼迎接我們，並帶領我們上巴士。同時，某事情也引起了我們的關注，氣氛驟然變得緊張.....

有尼泊爾人急於幫助我們把行李放到車尾箱內。起初，我們以為他們是聯合國兒童基金會的工作人員，但當他們要求我們給錢時就知道發生什麼事了。有一位年輕的尼泊爾人不斷抓緊我們的肩膀，懇求我們給予數枚硬幣作回報。那絕望的眼神實在令人難以忘記。

在Greenwich Village hotel的第一次簡介會，我們都在討論自己的角色和期望。我們的香港領隊繼而略述我們即將開展的活動。在充滿熱情並寄予厚望的行程中，我們整裝待發，做好準備為聯合國兒童基金會出一分力。

Day 2 - SSMK

The next morning, we walked to the UN headquarters of Nepal, were presented with the traditional silk scarf of Nepal, and then were formally introduced to the UNICEF staff which would accompany us for the rest of the trip. First and foremost among those was Rupa, a linguistics expert who would prove to be like a mother to all us YEs. Rupa immediately threw herself into the thick of the action and assisted Nepali staff, who were introducing the many programmes that were implemented in Nepal. After a comprehensive run through of all the main plans of action that UNICEF Nepal employs, we went off to have lunch with the SSMK radio programme staff.

SSMK, which stands for “Saathi Sanga Manka Kura”, is Nepali for “chatting with your best friend”. It is a radio show which freely gives advice and talks about issues which young people in Nepal feel they need more information on. Founded in 1999 by 7 young people working for an organization called Equal Access, SSMK has risen from something which faced resistance ranging from its target audience to the government itself to a show which happily serves an audience 6 million strong. Working under the motto “Young people to serve young people”, the SSMK staff enthusiastically encourage youths all across Nepal to raise their voices and ask questions, to send letters in and ask them anything they might be puzzled about. Even against a whole flood of questions, they try their hardest to reply to every single one of them, and file away the most interesting letters to discuss on the radio show.

The visit there was inspirational to many of us YEs – for it was living and working proof of what drive and dedication by young people could bring about. They serve as role models for us YEs in their dedication to help spread the right values and uphold rights and equality. We were then driven to Dhulikhel, which is about 1.5 hours away from Kathmandu, higher up in the mountains. There we settled down in the hotel, and prepared for the real “meat” of the visit: field work and visits to schools and women’s councils.

第二天 - SSMK

第二天早晨，我們去到尼泊爾的聯合國總部。接獲了當地傳統的絲綢圍巾後，工作人員正式介紹將伴隨著我們行動的當地領隊。首先是一位像母親般仁慈的語言學專家Rupa，她立即介紹以後的重任和協助我們的工作人員。那些工作人員都熱情地講解許多聯合國兒童基金會在當地實施的方案。在一連串全面的講解後，我們和SSMK電台節目的工作人員共享午餐。

SSMK，是尼泊爾文意指“與你最好的朋友聊天”。這是一個提供諮詢和自由談論問題的電台節目，為尼泊爾的年輕人提供更多他們需要的信息。7名工作於名為“Equal Access”的組織的青少年於1999年成立SSMK，當中面對了不少來自政府及大眾的阻力，但最後該節目亦獲得六百萬名觀眾支持，令人鼓舞。在“青年人為青年人”的口號下，SSMK工作人員熱情地鼓勵全國各地的青年，發出他們的聲音和提出問題，寄信去發問他們感到疑惑的事情。即使面對堆山的問題，他們都會盡力去解答每個難題，以及將最有趣的信件放在廣播節目中討論。

這次訪問啟發了很多青年使者，因為SSMK的年輕人那份熱忱和奉獻精神正是我們應學習的，他們的奉獻精神幫助我們傳播正確的價值觀，維護人權和平等。當時趕到距加德滿都大約是1.5小時車程的杜利克爾，我們在更高的山區的山區酒店Dhulikhel Lodge Resort Hotel住宿，並為真正的行程準備作出考察、探訪學校和婦女委員會。

Day 3 - DACAW

On our first full day at Dhulikhel, we had a very full programme. We had visits to local schools, a reception at Red Cross Nepal, and time at a local women's council. Having previously learnt about UNICEF action programmes like DACAW (Decentralized Action for Women and Children), it was extremely interesting to see what was happening out on the field, and how these programmes were unfolding. We had an opportunity to talk to a women's council and its elders, and it was inspiring to see the passion they had in their work and in their support for the opportunities and training that UNICEF was providing to them. After a relaxing picnic lunch, some of us even ate on the roofs of the vans we were travelling around in, the 4 groups this time combined into 3 and set off for another visit to different villages.



Group 2 was visiting a small collection of households high in the mountains. We were greeted, and people were all smiling, but after the briefing and exchanging of souvenirs, we had an opportunity to walk around and snap pictures. What we witnessed was very different from the ceremony that came with greeting us to the village... inside we saw poverty, desperation and tragic ignorance. There was a woman in a corner, weary and covered in dust and dirt, with burns on her skin clutching a baby to her breast. She was breastfeeding, but she neglected her child, and in her left hand held a yellow cigarette...

For the first time, we saw not the success of actions like DACAW, but the real reason why Nepal needed assistance and guidance out of its problems. After such a vigorous day, we were given some time to ourselves to explore the town of Dhulikhel, before dinner and a briefing in the evening, which would help us when we would visit child friendly schools the next day.

第三天 - DACAW

在杜利克爾的第一天，我們的時間表非常充實。我們訪問了當地的學校，尼泊爾紅十字會，及當地婦女委員會。據悉，有關聯合國兒童基金會的計劃，如DACAW是非常有趣的，我們去到當地看看發生了什麼事，及計劃的成效。我們亦有機會與婦女委員會和老人對話。我們親眼見到聯合國兒童基金會為他們提供在工作上的支持和培訓的機會，實在令人興高采烈。之後的野餐，我們有些人走上車頂去享受，感覺新鮮。之後，我們由原先的4組合併為3組，並再次訪問不同的村莊。

第二組是去參觀一些高山區的家庭。我們受到熱情的迎接，大家微笑著。在介紹和送上紀念品後，我們有機會四處遊覽和拍照。我們所目睹的情況跟在村上的歡迎儀式與問候的是非常不同...走進一步，我們看到貧窮，絕望和悲慘的無知。有一個女人依偎在某角落裡，疲倦、滿佈塵埃和污垢、皮膚燒傷了，正在以母乳餵養著嬰兒。但她忽略了她的孩子 - 左手拿起了一根燃點著的香煙...

我們第一次看到了並非好像DACAW般的成功，而是看到為什麼尼泊爾人需要支援和協助，從而去幫助他們解決當地問題。我們在杜利克爾度過了忙碌又有意義的一日，又在晚餐前有個簡短的講解，令我們對第二日探訪的學校有所認識。

Day 4 – Child Friendly School Initiative and Performance Night

The child friendly school initiative was inspiring – as we were able to witness the teachers at work, and also given opportunities to see the fruits of cooperation between UNICEF and the pioneers of child friendly schools. There was proper sanitation, and the children were immersed in songs, dances and games, which provided them with a more engaging environment in which to learn and work in. Of course, there would be lessons on mathematics and languages as usual, but unlike a usual school there was much more room for interaction and communication between the children and their teachers. When asked about his job, one of the teachers, replied “I’m very happy here, for the children and I want to continue after I finish my course at university”. He also commented that he hoped the children he was teaching would one day be able to go on to have tertiary education too. We YEs had a great time playing and interacting with the children, whilst also learning from the experiences of the teachers and watching them demonstrate dances and songs with the students... time truly flew past.



Time had flown past, and we soon found ourselves back on the vans heading for the banquet in Kathmandu as UNICEF Nepal had organized a meal for us with traditional cuisine and Nepali dance performances. We laughed, ate, drank and even danced together. It was heart warming to see the Restaurant staff playing the music for us, the SSMK presenters and even other guests from the adjacent rooms joining in with the dancing. When it was time to perform, we sang “Heal the World” by Michael Jackson, a self adapted version of “It’s a small world after all”, and finally presented our self designed souvenirs to Jacques, the director of UNICEF Nepal. The sounds of people saying “Muli Muli Dhanyabaad!”, Nepali for “thank you”, taking pictures and singing together was everywhere. We did not want to face the fact that it was nearly time to leave.

第四天 - 友兒學校計劃及表演晚會

友兒學校計劃的確令人鼓舞 - 因為我們可以看到教師的工作，也有機會看到聯合國兒童基金會和友好學校的合作成果。那裡有適當的衛生設施，孩子沉浸在歌聲、舞蹈和遊戲中，這為他們提供了更富有吸引力的學習和工作環境。當然，那裡亦有數學和語言課，但不同的是，那裡比一般學校給予兒童和老師更多互動的空間和溝通。當一位教師被問到他的工作，他回答說：「我很高興在這裡教育孩子，在完成我的大學課程後，我想繼續在這裏教書。」他還希望孩子有朝一日也能夠接受高等教育。與孩子的玩樂中，我們得到了歡樂的時光，同時也從教師的經驗中學習，目睹他們為我們唱歌跳舞．．．只可惜，時間真的過得太快．．．

時光飛逝，很快我們就乘搭專車回到首都加德滿都，趕赴一頓豐富而隆重的晚宴，好讓我們細心欣賞當地各式各樣輕快的民族舞。我們吃、喝、玩、樂，最後更大夥兒跳起舞來，令人樂此不疲。最高心的是進餐時餐廳的工作人員為我們奏樂時，SSMK的代表和不少陌生人都加入我們當中共舞。而我們表演米高積遜的“ Heal the world”和改編的“ It’s a small world after all”後，再將紀念品送給聯合國兒童基金會當地的高層Jacques。到臨別的一刻，全體道謝後，大家都難免流露出依依不捨之情。

Day 5 – saying goodbye

After a restful night, we set off one last time to do some sightseeing in Kathmandu, and in a temple complex somewhere on the edge of the city. When we had some time to explore the centre of Kathmandu, Rupa guided us to a cloth dealer where we could buy Nepali shawls and scarves. Outside the shop there was a man in a tattered shirt and his shoes caked in mud. There was a small bag at his side, made of old black leather, a few holes in it, containing a few flutes. He came up to many of us, and asked whether we wanted to buy a flute.

We all said no. Naturally, he displayed his flutes, and demonstrated, then asked again. “No”. We walked off, he followed, asked again, lowered the price. “No”. We split up, and disappeared into different shops, but like a wraith he was always there whenever a group of us came out of a shop. The tattered man ended up following and trailing us for an hour along the streets of Kathmandu, forever offering his flutes to me. In the end his sheer persistence broke down our defences, and one of us bought one. That served to be like a final reminder of the hardships of Nepal. We had seen the best, but there was still the worse side of the country which needed help.



When it was finally time to say our goodbyes, people were hugging each other everywhere. As we thanked our gracious hosts for the last time, some of us had tears in our eyes; some of us were already in silent contemplation of the hard fact that the trip was already over – it was time to go back to Hong Kong. We were all exhausted when we finally managed to get onto the plane, and the journey back home was much quieter than the one coming. But the silence was not just the peace of sleep – it was also the bliss of happy memories still fresh in the mind, in the company of fellow Young Envoys. These bonds we have tied with each other, and most importantly the friendships we have forged with the people of Nepal could not have been achieved without the dedicated help of all the UNICEF staff behind us, and we owe them our gratitude. Of course, we must thank the SSMK presenters, and the staff of Equal Access for allowing us to visit their offices... but most importantly we owe our hearts to all the villages and schools which welcomed us to visit them and learn from them. It is the least we can do to repay our debts to these people by fulfilling our roles as Young Envoys to the fullest, and to always hold Nepal dear in our hearts.

第五天 - 說再見

在一晚安閒的休息以後，大家前往加德滿都著名的寺廟群觀光。隨後，我們在一家聾啞餐廳進食午餐，Rupa再次客氣地送上四十週年的上衣給在座各位作紀念。Rupa還帶領我們在加德滿都的中心買當地的披肩和圍巾。在商店外有一個衣衫襤褸的男人賣著一支支的長笛。他走上前請求我們買，無奈地他遭拒絕了。儘管我們三番四次說不，他仍永不放棄，最後我們當中一人幫他買了一支，這再次提醒了我們尼泊爾人生活艱苦。我們所見所聞經已是最好的一面，但最壞的另一邊廂依然需要幫助。

到了最後真正離別的一刻，Rupa逐一擁抱向我們道別，大家都依依不捨含淚說再見。尼泊爾之旅終告完結，我們帶著疲累的身軀上機，對比前往時的吵鬧聲，回程時的飛機顯得特別寧靜，大家都帶著彼此之間的歡樂回憶共同沉睡於夢鄉中。彼此的友誼是牢牢的緊扣在一起，無論如何，我們都會刻盡己責做好青年使者的義務和責任，除了將尼泊爾發生的人和事銘記於心外，還會毫不吝嗇地跟人分享當中的喜與樂。

Sharing of UNICEF Young Envoys 2009

聯合國兒童基金會青年使者2009分享

Allen, Benjamin Frederick 羅力文

If you asked me what my most vivid memory was of YE09, I do not think I would be able to answer. From the orientation day to the field trips, the UNICEF Young Envoys Programme 2009 has been one incredible ride for me. Perhaps inspirational is the word I should use to describe my experiences – for I have to only been given the opportunity to represent UNICEF abroad in Nepal and to see for myself the hardships that people face everyday in nations less fortunate than our own, but I have alongside me all the time a group of excellent and inspiring individuals who all add to the unique flavour that makes up YE09. From day one at the centre, when I first met my fellow YEs, I knew that I was part of a very special group of young people... and over the course of the training programme that UNICEF put us through, we proved ourselves time and again: We proved that we could cooperate in the Orientation camp; we proved that we could learn and have fun simultaneously at the drama workshop – but we also proved that we could work and produce what was demanded of us in the school and social service projects. We showed the world our unity and creativity in the appointment ceremony, and all the way we proved we knew how to have a great time as well. Our 8 months together have molded us into one large YE family. Time truly has flown past in the company of such admirable fellows, and I am sure that we will all live up to our roles as Young Envoys and continue to hold the flag high for UNICEF. This incredible journey would not have been possible without the help of the UNICEF staff and all the people who have helped YE09 become successful, so I would like to offer my sincerest thanks to all the people who have helped us along the way. Most of all, I would like to thank the staff of UNICEF Nepal and especially Rupa for being such kind hosts to us. Last but not least, I thank all my fellow YEs, and I wish all of you the best of luck!

Chan, Hey Harry 陳曦

Young Envoys Programme is a rewarding experience that I have ever had. It helps me acquire more knowledge on UNICEF and the situations of different children groups around the world. It also sharpened my skills of communications with others as well as organizing activities. The most important was that I made a lot of new friends. It is undeniably worthwhile to join the programme. Before the start of the programme, I only knew that it was a series of trainings and a field trip to visit children in the 3rd world. What I didn't know was that the programme actually provided us various kinds of workshops in different aspects. There was a drama workshop from which I learnt to be confident to present my ideas; the school project and social service project strengthened our organizing skills; and other many activities organized by our YE09s aiming at maintaining our friendships. I love the programme and am proud of being one of the Young Envoys. At the beginning, on the Orientation Day and the Orientation Camp that were originally designed to make us familiarize ourselves with each others and the staff of UNICEF. But to my surprised, all of us were so involved in these two activities even though we had met each other for less than 2 weeks. We played all games in an extremely crazy manner! From then on, I thought it was too lucky that I met YE09s. Then, we came to a series of training programmes. To me, the Drama Workshop was the most impressive programme, it was creative indeed. The mentor taught us that drama was not just about acting somebody, but expressing somebody's own thoughts and feelings. The same principle also applied on the work of Young Envoys. What we should do is to understand the feelings of the poor children and express them to the general public. Moreover, my presentation skills were greatly improved after the workshop. In June, we came to the Appointment Ceremony. Once again it impressed me a lot. Our greatest success was not the excellent performance, but the incomparable unity (屈機團結) among us. The field trip to Nepal that we had anticipated for a long time was finally arrived. This was a rare opportunity for Hong Kong youngsters. We had to experience the lives of Nepalese and visit the villages supported by the UNICEF. We observed their living conditions and different approaches used by UNICEF to help them. This field trip made me know how blissful I am. The most important message I received was that only if we take some actions, no matter how little they are, the livings of the poor will be improved. Why don't we start to do something now? Last but not least, I would like to express my gratitude to all UNICEF staff that made this programme possible. I do hope that all of us will do our very best to promote what we have learned in this programme.

Chan, Tsz Wah 陳梓華

整個young envoys予我的感覺有二，一為溫暖，二為意猶未盡。首先，YE09絕對是一個大家庭。大家雖然來自不同學校，但在整個培訓計劃中，已經建立起深厚的友誼。每次見到大家，總感到非常窩心。還有，青年大使的使命讓我彷彿看到兒童的笑容自己也有份守護。那份溫暖，從心底溢出來。其次，我自己強烈地感到未滿足。或許是相處日子不多，使我更珍重與YE這大家庭一起的日子，這是第一點不知足。尤其是戲劇工作坊，倘若要提升自信，則是玩樂成份居多；要學懂如何表達自己嗎，則心有餘力，而時間不足。老實說，要學會怎樣有效釋放自己的心靈，並不可能一朝即做到。若然想要增進彼此了解、建立團隊，我認為camping是更為有效的方法。還剩的不知足，正是思索一千次，都不明白何以時光可以流逝得如斯快。今屆YE終於完了，不捨之情，卻不能於此盡道。雖知世事未能盡如人意，但我更期待的是YE可以在將來培訓到更多更多有心人，為了兒童出一分綿力。

Chan, Hiu Ching 陳曉晴

在YE裡頭待了數月，這些日子是經歷了不少。零度的O-camp，自籌自演的School project，還有五日的尼泊爾之旅，每一段回憶都在腦海中佔一席重要的位置。當初交表時，從未想過YE會給我這麼多，認為只是上上workshop，搞搞籌款，和認識一班新朋友，壓根兒沒想到自己從中能獲益如此多。訓練期間，每個活動對我都是一個新的衝擊。o-camp裡一個模擬城市的環節，讓我們見證了團結的力量，我們任何一人一雙手亦不可能築起心中的夢之城，但只要每人都願意奉獻自己的丁點，集合起來我們便是一群了不起的建築師。而可以自由發揮的school project又是另一個磨練。我們的任務是宣傳「兒童權利公約」和籌款，一個我曾經輕視的工作。卻發覺令人知道「公約」不難，但要讓他們明白其中所說卻絕不是容易的差事，如果連自己也對銷品欠缺了解，又如何能說服人家？這動作簡單不過，卻反映著對活動的認真及重視。還要特別感謝我跟我並肩作戰的拍檔—冰琪，由意念構思、否決至落實執行、檢討，當中少不了大家的相互提點、互補不足。當看見活動順利完成的一刻，心情是無比的成功感，還有一種安慰。只要真心付出過，就不需計較結果是否完美，有瑕疵或許更能留下深刻的印象。在Appointment Ceremony上，雙手接過的證書是一份認同，亦代表著YE使命的延續。最後，五日的尼泊爾之旅，更是我畢生難忘的一次旅程。在短短的考察及探訪行程中，我得到了感動生命的體會，很「行」的我會說我明白了要珍惜所擁有的、身在福中不知福……怎麼怎麼的。但這些道理早在我的人生中得到了驗證，更值得我去反思的是自己的心態，究竟當日抱著同情還是欣賞的心態上機？我們要學習的除了一條又一條的傳世道理外，就應是對當地人的認同。比起以自己的幸福處況和他們作對比，我選擇了以欣賞的心去了解他們對社會作出的貢獻。我認為與其送上額外的物質，倒不如與他們來個支持的擁抱。再一次，我希望多謝每位YE09，沒有他們，沒有這麼精彩的回憶。我為自己有幸成為一份子感恩！

Chan, Ping Ki 陳冰琪

在攝氏零度睡在帳幕裡、第二天學校要測驗考試但前一天仍忙YE的活動、十八歲的生日在樂富centre跟大家一起過……這些都是我今年在YE的經歷。想不到一開始參加這計劃時只是抱著平常心，純粹想一下挑戰自己，識多點朋友，到最後現在卻成為我最重要、有歸屬感的活動。我以往參加的活動很多都是大家來自同一個背景，但這裡不是，我在這裡學會了如何跟不同的人相處合作；YE有很多project，每次都由不同的人當不同的角色，令我有不少新嘗試；每次我們一起做task，都被分成不同組別，我們亦因此對彼此加深了了解。不過最大得著的始終是今個暑假尼泊爾的探訪。如果不是親身經歷過，我不會相信原來短短四個多小時的航程，世界的轉變已經那麼大，可以將我們由先進繁榮的一端帶到貧窮落後的另一端。我們常常說要幫助世界上有需要的人，但真正接受到幫助的有幾多呢？所以經過這計劃，我更加明白到一對一的幫助只能治標。我很慶幸自己能成為YE，因為我可以用這身份來宣揚這訊息，達到治本的效果。YE的確帶給我很多很珍貴的回忆，要不是YE，我相信我的中六生涯一定失色不少。希望我們這一屆YE的友誼能夠像歌詞一樣：「無論係gravity，定係chemistry，都影響唔到我們的unity。」，而且時刻肩負著YE的使命。

Chu, Tsz Ying Claire Rebecca 朱紫螢

“What’s the most memorable thing you’ve done so far in 2009?” Don’t even need to think twice, the UNICEF young envoy programme pops up in my mind right away. Date back to the beginning of the programme, from the nail-biting interviews, the orientation camp and all the way to the exhilarating field trip, every single event in this programme has been engraved in my memory. My journey as a young envoy started from the orientation day. I still remember how keyed up I felt. “Who am I going to meet? What will happen when I arrive?” These questions kept floating on my mind and my nerves were on edge. “Com’on, how can you be so coward, go in!” I thought. Then, I stepped into a place full of strangers. When we were all busy learning each other’s names and getting to know about ourselves, a bonding has been built up unnoticed and all those unfamiliar faces I saw that day have now become my friends. The friendship has also been brought to the orientation camp where we built up our unity. Throughout the whole year, I’ve been working with them, making new friends, learnt to be cooperative, etc. But most importantly, I found my courage and strength through the activities I had. People always said “Memories of hardship or difficulties are hard to fade” I got this sank into my head not until I did my UNICEF school project. It was so difficult to strike a balance between school work and this project, in particular time management. The difficult part of the project is to get people’s responses and let them understand the things you’re trying to bring out. Worries, problems and pressure kept on coming every day during that period and made me really stressed. Nevertheless, this school project gives me chances to try new stuff, gain problem solving skills and I have discovered my ability and talent which make me more confident in myself. I must thank the UNICEF for giving me such valuable opportunities to learn about myself and also about the world. It has broadened my horizons, in particular the field visit to Gansu. I really cherish the memory of those days during the trip, which everyone of us show our enthusiasm for sharing love and joy with those who are less fortunate. We are as a unity: sharing the same experience and having the passion of making a difference to the world. Time never waits, I’m now writing my last UNICEF programme reflection. Ironically, it reminds me of my first essay about my expectation of the programme and I really miss that day. I am proud of my new identity as one of the YE 09 and really appreciate the chances given to me. I believe our friendship and passion will carry on and be able to make a difference to the world.

Cheng, Nga Man 鄭雅文

2009 was really a fruitful year, YE09 has given me a great chance to learn and to experience. Thinking back, making the decision of handing in the form marked a brand new start to me. During the first three years in my school, I seldom join any other activities and never even thought to be a leader. However, this year, with few friends' encouragement, I finally make a change. From the moment I handed in the form till the moment before I receive my letter confirming that I was selected to be the potential YE09, I never thought that I could make this come true. I was delighted and overjoyed. Being the one with little experience, I was finally being chosen!! Every YE training was a wonderful memory to me. The very first memorable time was the O-camp, staying with the new friends over-night in the coldest night at the coldest place in Hong Kong is the unique memory that we all YE09 share. In the camp, I learn that everyone can be a leader, the only matter is how to be a GOOD leader. After the camp, there were the drama workshop and some more training session. But the next unforgettable task is the school project. Holding activities was never an easy job, all the preparation work is tough, especially during the time of school uniform tests, but finally we did it!! It was a great success that I have never experienced. And finally, it comes to the Gansu field trip. Both departure at Shenzhen airport and Lanzhou airport has been delayed due to various reason, but it gives us a valuable opportunity to experience more. After this trip, what I have gained was not only a closer friendship with all the friends but also made me learn to "Dream big dreams". Nothing's impossible, it's all depends on how much you are willing to sacrifice and give. YE09, a program which bonds us all together and work for the children that do not. Though there were hard times through out this year, without all other YEs, it would not have been such a fruitful and tremendous year. Proud to part of YE09 and truly thanks to everyone who gives me so much memory that I will treasure it for my whole life.

Chiu, Wai Ki 趙慧祺

「伴我開玩笑，悶了相約見，年月裏頭天天笑未停日記交換了，風雨擋住了，傻氣故事總不缺少，你，你的真摯使我沒疲累，編織分享夢想這快樂，延續到秋冬，stand by me」我第一次看到這段廣告便被迷住了，一邊細聽着這動人心弦的歌聲，一邊想起在YE Program裏的點點滴滴。O camp, FOU day, Drama Workshop, Presentation, Social Service, Appointment Ceremony, Field Trip.....未有一起經歷過這種種，相信我也不會這麼陶醉。想起當日O day大伙兒戰戰兢兢地坐在一間陌生的房間之中有點兒不知所措；到O camp的晚上六十多位YE合力製做出我們的夢幻城市。那種合作精神和凝聚力使我們在寒冬中仍然感到一絲絲的溫暖。這就是我們友誼的開始，從此我們YE 09的友情堅固無比；而那個陌生的房間，就成為了我們另一個家，一個令人無時無刻都想念的家。我們的傻氣故事總不缺少。記得每一次我們的聚會中總會有人開玩笑，讓大家咯咯的笑不停。除了例會外，我們不停安排額外的聚會，但求時間能停留於相聚的一刻。可惜，快樂的時光總是過得特別快，到分別的時刻我們極之不捨。然後，像着了魔一樣想念着大家，盼望着時間能跳到下一個聚會。就算到考試的時，候我們都會不停的互相支持與鼓勵，感激他們永遠stand by me。歲月如光，眨眼YE的活動已圓滿結束。大家也要為自己的學業與前途奮鬥。感謝所有YE在我生命中添上了這七色的彩虹，讓我的中學生涯更加充滿色彩。能在人生的交叉路遇上你們是我的福氣。願YE情不變。

Chang, Heidi 張愷迪

Every morning will soon turn into evening. And spring time will soon turn into fall. Every memory must fade, like a passing parade and youth become a time you just recall. But the good times together seem so magical. Like music that lasts your whole life through. When it's ended it never really dies away. Though being reluctant to part, we do not have less cheer between us. Just as the lyric goes "When it's ended, it never really dies away, because the music's always there with you". The year of YE09 was a nice piece of overture. Together, we went through the many ups and downs. In the leadership training camp, we jointly construct an ideal sim-city for ourselves. It was the first time we cooperated, and the first time we marveled at our group work. Soon after the camp, we had the drama workshop. But the highlight went to the school project. It was the time we got to rush over the dreadful deadlines. Of course we did not succumbed to the resistance we faced. But am I not supposed to slack off in my studies and prepare for the AL exam in this very year? The dilemma appeared as how should I strike a balance between my duty as a YE and a student's responsibility to study hard. Shortly, I felt ashamed of myself for having this question lingered in my mind. I should be very used to this. The best way out was to simply squeeze your time out of the packed schedule, with a hundred percent of effort devoted into the project no matter what. The social service project, the appointment ceremony and the trip to Nepal were the other great feats that we performed. In hands and shoulders, we had make things possible out of impossible. It is what magic meant to be. It is never a finale to me. The end of the one-year training programme of Yong Envoy 2009 indicates the beginning of our another identity. Remember what we shared during the Nepal trip? Though we could not experience the life in huts and sheds, we learnt that we should to tell others the stories we heard, and the work of UNICEF on Nepal. Let's get the ball rolling! Carry the beliefs of UNICEF and spread the message worldwide!

Nguy, Chloe 魏梓婷

The clock struck 2 a.m. while I typed up the last sentence for the UNICEF School Project report. My eyes were heavy, my shoulders were stiff, and my hands were sore from the prolonged hours of arduous work and stress. My whole body was protesting and yearning for sleep. I took a deep breath, pushed in the last period, and the 30-page school project was finally completed. I immediately fell to bed. Looking at the ceiling, a sense of satisfaction arose. The UNICEF Young Envoys Program was a demanding course requiring tremendous time and commitment. Yet, I learnt and gained something new every minute I spent on this program. Time management, responsibility, leadership, presenting and listening skills were words I would use to describe what I learnt. Besides skills that could equip me for the future, I could also feel myself grow and development spiritually. The program helped me see the world by meeting different people, conducting research projects and simply understanding UNICEF. By visiting Gansu with UNICEF, I also understood that I could actually do something to make the world a better place. Every time I accomplished a report, led 100 people through the MTR station, or received a word of gratitude, the satisfaction inside was matchless. After traveling for almost 24 hours from Gansu, sleep deprived and exhausted, I was finally able to lie in bed again. The program is over. Disappointment arose. Though demanding, the program was a lot of fun. Friendships were built between people whom didn't know each other previously. Together, we experienced typhoon number 9, solar eclipse, and the coldest day in Hong Kong. Though we all have different dreams, and we will take different paths in life in the future, I hope that these memories we share and the things we learnt will stay with us forever. One day, we would be able to look back and smile at the unforgettable days as UNICEF Young Envoys 2009.

Choi, Shuk Ting 蔡淑婷

I feel really appreciated to be one of the young envoys of UNICEF in 2009. In this year, I had participated the orientation day, drama training workshop, orientation camp, school project, social service appointment day and finally the field trip to Gansu, China with a bunch of YEs. I found myself becoming more sociable, active, cooperative and organized. I have gained a lot of friendship; together, we share and learn in harmony! This program succeeds in broadening my horizons. I shared what I learned, what I met, what I experienced to my friends. Through this medium, I believe that more and more youngsters would realize how privileged they really are, and they would learn to count the blessing throughout his/her life. All in all, I have found my potential strengths and personalities throughout this program. I have built up my base to embrace the future. The most important thing is the valuable friendship I gained and unforgettable moments I experienced.

Choksuwanlert Rattikan 李秀瀾

I am so glad to be part of the UNICEF Young Envoys 2009. This enabled me to have a fruitful year with a lot of voluntary work experience. Not only did I learn how to serve (by taking part in drama workshop and other training workshops), but I also have plenty of opportunities to serve the community. For example, I helped to promote and raise fund for UNICEF by holding a charity sale in my school. I learned a great deal from organizing the event. Buying materials for making the products, decorating the stall, selling the products to visitors are challenging yet rewarding. I also had the chance to participate in a social service project, in which we took a group of children out of their familiar living place to learn more about plants and animals. We all had fun! We also understood more about their need after communicating with them. Apart from the practical experience gained, I am most grateful to know many good friends in UNICEF Young Envoy Programme. Everyone is so passionate to be a volunteer and help children in need. No matter how different our personalities and the career paths we pursue are, I deeply believe we can maintain our bonding in the future. It is because we all share the same faith — serving those in need is what makes us happy and benefit the community as a whole. After all those we have passed through together, our friendship shall never fade or die. I am proud to present YEs, our lifelong identity!

Fung, Kwong Chiu Daniel 馮廣照

不經不覺，YE09的活動已經完滿結束，回想當中的點滴，我心裡不禁有點兒依依不覺。因為從中我學到了許多UNICEF在發展中國家的工作，同時也認識了五十九位來自不同學校的好朋友。如果時光能倒流的話，我定會再參與這個計劃。在整個活動上而言，他給了我很多嘗試的機會，特別是以使者的名義，在學校內舉辦了三次的推廣活動，是我事前意想不到的。幸好最後在同學和老師的協助下，順利完成，而且為UNICEF籌到了可觀的捐款。另一方面，實地考察給我留下很深的回憶。平日吸收了很多理論上的知識，而這次YE給了我一次很難得的機會，讓我到了中國其中一個貧窮的地區——甘肅進行考察，真正以理論化為行動，以最近的距離和接觸來認識當地的貧窮狀況。下田工作、與農民共進午飯和赴幼兒園探訪等等的活動我也在甘肅體驗過，這使我對貧和富有新的概念。最後，有些身邊的朋友和長輩認為我們這一群人很傻，將寶貴的時間投放在這類的活動上。但是我卻認為這種“浪費”最少我們是甘心付出，而不會再現在完結的一刻有半點後悔。因為，我們的每一滴的汗水，都為兒童的美好未來踏前了一步。

Fu, Kwan Yu Athena 傅君瑜

This is truly an experience of a lifetime and I acquired much more than I have ever anticipated. Months passed, the mesmerizing moments still linger in the memory. I can still recall how nervous I was during the two interviews, especially the final as we had to express ourselves in front of the seniors. Being one of the young envoys has always been my dream. No words can adequately express how thankful and jubilant I was when I knew I was selected. I rejoiced at every activity organized as I could truly realize my own weaknesses by myself but not through others' criticism. Moreover, I also befriended 63 aspiring people, from whom I gained a lot. Though we were not able to meet one another very often due to tight school schedules, we regarded one another as our confidants and our relationships got better every time we met. I think that is because the activities were so well-organized and thought-provoking that we could understand one another easily and deeply. Especially at the orientation camp, all of us had to work together for a common goal and no one could refrain from joining the tasks. We also had to sleep in a bivouac under the chillingly cold night. We shared our blankets with one another to warm ourselves and it worked! I was moved by my friends' generous acts. There were also many other meaningful activities like the Drama Workshop, FOU Day, School Project...closely followed, yet the most memorable one should be the field trip to Gansu this July. Things I saw and learnt are beyond black and white. There, I met a kindergarten principal who devoted whole-heartedly to the education of the children from villages nearby. His words were deeply stimulating. In addition to that, I also knew more about the local customs and practices which broadened my horizons. I am sure the knowledge I acquired will be of much use to understanding the Chinese culture more. Most importantly, I also met the really ambitious children there. After chatting with them, I knew how determined they were and how circumstances prevent them from realizing their dreams. I immediately felt remorseful about it. Last but not least, I would like to thank Unicef for granting me such a fabulous chance to explore the world and I will definitely participate in more volunteer work in the future.

Lau, Mei Sze 羅美詩

就像Victor所講，想了很久，還是找不到適合的詞句來形容YE這段銘心而又快樂的旅程；也像Vicky所說，因為有了和你們的共同回憶，當聽到那段廣告中悠揚的歌聲，是滿心歡喜的；我與幸當初將申請信投入了信箱，因為意想不到那小小的舉動，竟做就了一段歡樂旅程的開章：說實話，起初我對YE的活動不抱很大的期望。當然，我沒有懷疑過每一項活動當中所包含的意義，例如FOU day就是一個嶄新的體驗，讓我真實感受到人們的愛心所帶來的無窮力量 - 若不是本著那份精神，誰還會願意在烈日當空中派發傳單？更甚者，現在回頭看會發覺，原來我還有過與別人商量再合作的寶貴機會。這對於平時不善詞令的我來講，可說是一個突破。可是，我清楚的了解到YE尚未在我心房留下深刻。可或許是評判的原意，挑選出來的青年使者或多或少也有著相近的性格；縱然繁瑣的事項未能把我們帶到一起，但一班“義氣子女”亦很快就因一連串的after events而熟絡起來；大家說說笑笑讓人看著高興，聽著溫暖，那份歸屬感就在不察覺之中慢慢建立起來，讓我一直期待著考察旅行的來臨。結果，從哪個層面來說，甘肅之旅都成為YE計劃裏最叫我難忘的一頁 - 第一次和朋友出遠門、第一次親歷中國大陸農村的風貌、第一次實地探訪當地學校、第一次感受到何謂真正的春風化雨、第一次驚嘆繁星滿天的動人、第一次連續五個晚上都遲遲才入睡，為的是要談天說地功虧一簣太多寶貴的回憶，我會說，我此生不忘。人們總說，機會難逢，萬勿錯過。再回頭看，我真的與幸那時抓緊了這個當天不知真貴的機會！亦感激UNICEF給予這機會，大大開闊了我的眼界，亦讓我從今知道能夠一展個人抱負的難能可貴。YE09計劃就此告一段尾聲，懷著許多的不捨，我衷心希望若某天哪裏、哪個人需要我們的幫助。只要一聲通知，我們還會像當天的YE09，一呼百應。就像Jenny所講，我們的緣分是沒有盡頭的。

Kan, Ki-chun 簡祺晉

在參加YE這個計劃以前，我曾經嘗試參與另一個類似的活動。YE最初並非自己的第一選擇，很可惜的是我失敗了。在一位師兄的鼓勵下，遞交了申請表報名參加YE。聽聞這個計劃的競爭確實挺大，要突圍而出絕非易事。可幸地，可能上天對自己特別眷顧吧，讓我有幸加入UNICEF這個大家庭，為我中四的一年增添色彩。短短的數百字必定不能將我心中複雜的情感闡述。那就是當YE們走在一起時，總會感受到一股力量把大家凝聚著。那是非文字所能說出來的，但就只有我們，只有我們才可被感染到。六十一位青年大使，每一位都是精英中的精英。我能夠成為其中的一分子，的確是一份榮耀。坦白說，我從沒有想到彼此間會有着怎麼樣的友誼。畢竟自己參加時只是想多接觸外面的世界，見識更廣，對吊兒郎當的我多添一分責任感。但自從訓練營的那天起，我找到了一班志同道合的朋友們。大家都享受在一起的時刻。短短半年裏，我們從互不相識，到現在活像是個大家庭，當中大家一起所經歷的，都很值得細味，相信無論誰也不能否認。我不敢肯定將來會變成甚麼模樣，但能夠在YE中聚首，已是一種緣份。人能夠建立到一段真摯友誼已是難能可貴，而YE六十段友情更加值得大家珍而重之。現在，這本特刊標誌着YE的終結，為我們這年畫上完美的句號。可是，我卻不願我們彼此之間是一個句號，而是不斷的省略號。但願諸位在各自奔向錦繡前程的路中，心裡仍然有我們YE作伴，盼望大家在將來能夠將現時這份熱誠延續.....

Ho, Ka Lam 何嘉琳

'Unforgettable' is the word I would describe the UNICEF Young Envoys Programme 2009. It was this programme which added colours to my F.6 school year and brought changes to my mind. A year before, I never imagined, and neither did my teachers believe that a large-scale fund-raising event organized for the whole school could be done merely by four secondary school students in less than two month's time. But, we did it. Though lots of sweat and hardship was involved, especially in the midst of flooding tests and homework, I think it's still worth it. "When there's a will, there's a way" is something I got in this school project, as I could accomplish a mission that was impossible to me at first. Likewise, in the past, I thought a secondary school student could not help much, but indeed I can if I wish to. Just like in organizing the school project, even though the amount of money raised was not great, I am glad that I had made efforts in making a difference in this world, at least by letting more people know about UNICEF. Apart from the school project, the social service project is also very memorable to me. Till now, I still cannot forget the sweet faces and smiles of the southern Asian children, and their enthusiasm as well. Thank you UNICEF for not just allowing us to have the chance to serve, but also allowing us to have the experience in trying to organize a service on our own. Admittedly, designing a service is not easy but is very rewarding, particularly when I saw children playing happily with the games we designed for them. What is even more unforgettable is the friendship we have built up here. The chilly orientation camp, the burning Friends of UNICEF Day, the exciting school project, the heart-warming social service project, the appointment ceremony... We have all gone through these, hand in hand together. With certain, we will not forget all these memories. We will not forget each other. The UNICEF Young Envoys Programme 2009 may now end here but our friendship will not, nor my passion for serving UNICEF. In the future, I will continue to help promote UNICEF and will still be proud of having become one of the UNICEF Young Envoys!

Kan, Ling Wo Leo 簡令和

Everyday seems like a blank canvas, waiting for colors to be painted on. This journey became an integrated part of my life that the color palette became too large to describe the sensational experience of this UNICEF Young Envoys Program. From the very start, each and everyone dived into this pool of paint, trying to find their source of happiness, and unleash their creativity. I have made a lot of great friends in this program. I have discovered the hidden knowledge about myself, and I want to strive to know more in the future. Working with other people gives an opportunity to "step up", and I have never imagined that this will be the end of the program, but our friendship still goes on. "The world is just awesome"- Not knowing what lies ahead provides a great platform for me to get a hands on experience with this world. Having travelled to different places around the world makes me wonder: why is poverty inevitable? How can we deal with it? Then it makes me wander: looking into the reality of poverty, and making an effort to understand the hardships faced by the people just across the border, China. My experience in Gansu never gets old. All in all, this program paints an awesome picture. This painting will certainly stay inside my mind for as long as it can be. I believe there will be more colors waiting quietly in the background in the future for me to discover.

Kong, Wan Yiu Michel 江韻瑤

這是一個比參觀迪士尼樂園更奇妙的「奇妙旅程」。記得最初面試的心情，簡直是百般緊張。一來不熟識兩次面試的地點，生怕會遲到甚或去錯地方；二來不知道應否事先掌握有關聯合國兒童基金會的資料，擔心有所準備之下反而會顯得更不自然。幸好最後得蒙獲選，成為2009年度的青年大使。被問及對這個計劃有什麼期望，稚嫩的我曾希望能言肩負宣揚保護兒童應有權利的使命。一年過後，才發現學習和體會乃是次計劃給我最大的得著。很感謝基金會同工為我們準備的各個活動：當中的近新日和領袖訓練營，讓我們64個青年大使彼此認識；認識聯合國兒童基金會工作坊，讓我們更了解所服務的機構特點；兩次的戲劇工作坊，讓我更了解自己的情感、個性；社會服務，讓我初次接觸一班南亞裔天真可愛的孩童們，學習如何自信放膽與他們溝通；學校籌款，讓我和同學群策群力同心為同一目標努力.....還有更多的就是撰寫感受、報告，讓我明白反省和感恩的重要性。「你們並不是去幫助身在第三世界國家的孩童，而是去學效他們面對生命的堅毅。」雖然我今年因公開考試緣故錯失實地考察的機會，但聽取其他青年大使的分享，也是一份學習。我衷心的領悟到：幫助必先來自學習。最後再一次感謝聯合國兒童基金會、63位青年大使和Bonnie、Ashley、Alice給予我的所有。但願「奇妙旅程」能薪火相傳，祝福下一屆的青年大使。

Kung, Yuen Yee 龔婉儀

“沒有YE惹笑話題只有每天裝快樂。若有這，快樂從心滿瀉”雖然YE所有的活動已然完滿結束，但我還把這句歌詞牢記在心中。真的要感謝UNICEF，把來自不同學校的我們帶在一起，讓我們經歷過零度的O-camp，有趣的Drama Workshop，感受很深的尼泊爾之旅等等。我還記得升上中六的第二個月，在UNICEF的網上看見YE這個計劃的宣傳。（心想：是多麼有義意的計劃！）我想也沒想便把報名表填上。經過數輪面試後，我很幸運的被UNICEF從多名學生中選中。對！這是幸運的安排！計劃讓我更認識UNICEF，UNICEF在不同地方做的事確是令不少人的生活變得更好。而計劃亦令我結識了一班志同道合的朋友，我們一起的時間確是很美好。我希望日後的YE也像我們一樣團結，繼續支持UNICEF！最後，我想跟每一位YE說一句“我愛您”！

Kwan, Janet 關亦婷

My heart pounced against my rib cage at an implausible pace. I pulled open the suddenly-heavy glass door and stepped into the blue room which was already filled with dozens of other teenagers of around my age, though I was fifteen minutes already. "I would like to meet new friends and partners as working as a group will make a bigger difference in our world," I thought to myself over and over. This was exactly and directly quoted out of my concluding paragraph of my UNICEF Young Envoy application essay. Man, how cheesy can it get? In the room filled with strangers, I was extremely happy and excited to be part of this new program, but on the other hand, I questioned myself whether I could really fit in, whether my wish to help many more deprived is not too wishful, and how I got in with all my cheesy lines. Nevertheless, I do not regret typing in all these cheesy lines in my application essay and other past reflections as they truly reflect my passion. As this Young Envoys Program is coming to an end and as I am writing this reflection, I realize I can't avoid any cheesy lines, any of my true feelings. This program has doubtlessly become a part of me and I will miss and never forget this incredible program. As I became more and more dedicated and devoted to this program, I realize how much I can get out of this wonderful program. Not only had I met a lot of new friends but I had also emerged myself in a totally new learning environment and experience. Though I had moaned about the great workload required in this Young Envoys Program, I admit that the training sessions, projects, and reflections were all fabulous experiences that helped me grow and become a better, more experienced volunteer and leader. The demanding yet worthwhile School Project and Social Service Project were only two of the fun and unforgettable experiences that taught me the importance of good planning, time management, and persistence and passion. The Gansu Field Visit trip was unquestionably memorable as it was when I recognized that this Young Envoy group is truly a family with the same interest and enthusiasm. Moreover, this program has further supported and proved my belief in the significance of group work. Together with sixty other Young Envoys, we went beyond ourselves. We grew. We have successfully grouped our passion and interests together, every little bit, and formed a magnificent team.

Law, Yu Yin 羅雨嫣

轉眼間，原來已跟YE們同渡了9個月了，由當初膽粗粗的報名到現在，有一種不可思議的感覺。能夠成為聯合國兒童基金會的大使，的確很感恩，也是我意想不到的，一個又一個不同的經歷，豐富了我的二零零九年，由最初零度的o-camp，跟大家剛認識，就要一起去解決大大小小的難關，到一起上不同的訓練坊，親力親為的school project和social services，最讓我感動的appointment ceremony等等，這些一點一滴，我都記在心中，也許最讓我成長的地方，不是這些活動，而是你們，YE們，是你們每一個的笑容，每一顆心，讓我更認識自己，也更認識這個世界。在你們身上，我看見認真，熱誠，責任心，無條件的付出和無比的創意，短短9個月期間，也許這個世界依舊在轉，貧窮，饑餓，疾病也許依舊晝夜地發生，但，你們改變了我。

Lam, Ming Yin Alison 林明彥

Flag selling days, charity sales, news reports on famine death tolls, school lectures on "how to lend a helping hand" ... and the list goes longer by the minute. You come across these nearly every day, it's not a nuisance, but you've gradually built around yourself an impenetrable armour that stops you from developing whatever feelings you have for the anguished people on the other side of the world. We have been made numb and indifferent by countless messages of good intention, our brotherly passion for each other desensitized to tatters. We are sponges having reached saturation point, where we listen to the crying voices of starving children on television and mechanically switch to another channel, where we drop spare change into charity boxes just for the sake of doing so, or simply put, where you no longer feel. As an average 15-year-old with a bit of an identity crisis, my quest for that novel sense of genuine satisfaction was met by UNICEF's Young Envoys Scheme. Before joining as a youth representative, I always felt that the people in need of our assistance were simply disconnected from my daily life, and that I would never be able to see for myself the smiles I had helped to paint. Saying that I was reborn after being a Young Envoy this year would be an exaggeration, but I must say it helped me put a good deal of things into perspective. The most important thing the scheme has instilled in me is fresh motivation to serve the local or even global community with what skills and passion I have towards changing the lives of less fortunate people. Everything from Leadership Camp to our field trip in Nepal has awakened me from my usual slumber of indifference and ignorance, and rewarded me with a sense of fulfillment. Social Service visits and School Projects have driven up my self-initiative levels and, not to mention, my appreciation for the finer details in life, like continuous electricity supplies at home or the millions of educational opportunities spoon-fed to us by our indulgent parents. "If you haven't any charity in your heart, you have the worst kind of heart trouble." Right on, I couldn't possibly agree more.

Leung, Chi Tik Javier 梁智迪

Amidst our indulgence in the comforts of metropolis, seldom do we see its destitute foundations. Seldom do we see the peasantry mother raising a toddler – though oblivious – in a world where menial labours compose the four walls of her lifelong confinement. Seldom do we see the ageing man, harvesting crops under the scorching sun and selling them at a contemptible price to support his family. Seldom do we see the innocent child, eyes bright with ambition, yet forced by adverse circumstances to walk on poverty's one-way road to disillusionment. As I stood by the muddy path in the village in Gansu, reality struck me like a slap in the face. A spur of the moment – a brief, fleeting caprice of introspective reflection gripped my mind. What if I was born here? What if I lived this life? The true gravity of this world's inequalities dawned on me that afternoon. That sums up our field trip to Gansu. The UNICEF Young Envoys Programme is an experience I will treasure for years to come. Nine months of excitement, hard work and incessant activity have given me the precious opportunity to interact and work with some of the smartest students in Hong Kong. Through these interactions, I have developed valuable inter-personal skills and picked up the creativity and zeal that qualify each of these individuals as young envoys of UNICEF. Perhaps most importantly, this programme has inspired me to work towards a humanitarian cause, to take a step back from the monotony of daily life and take a look at the bigger picture. The impact was profound. From the sombre news report on child labour to the humorous drama on sexual discrimination, our contributions over the last nine months have given me a much deeper insight into the adversities that children live through around the globe, and revitalized the once fiery indignation from my childhood puerility into a passionate desire to rectify social inequities.

Lee, Mei Po Janice 李美寶

When I was still in F.3, I learned about UNICEF Young Envoys Programme from the school. The poster caught my attention and since then, I had always wanted to join this activity. This year, I finally made up my mind to send out the application for Young Envoys 2009. I was excited when receiving the letter of successful application after two rounds of interviews which made me very nervous. The first thing to do after being selected as a potential YE was participating in the Leadership Training Camp. It was very tough for me because the camp was held during my school examination. I was very anxious about not having enough time to study so I had once thought of giving up. But I understood that if I missed the camp, I missed the chance to get to know the other members and to bond with them so I went to the camp, hoping that this can really help me to get into the YE community. The camp was the first wild camp in my life and it was held on the coldest night of Hong Kong in this winter. I would never forget about that night with the noise from the aeroplanes flying over my head and the cold breeze that froze my body. After the training camp, I was moved by the YE spirit and started to be more devoted in the other activities. For instance, I was very much involved in the school project as I was the only one YE in my school, I had to do all the preparation work and communicate with the school. Since I didn't have much experience in getting the whole school involved in a particular event, I was nervous and didn't know what to do at the beginning. With the help from other YE members and my own friends, I was happy that the project was successfully held and it was liked by many of the teachers and schoolmates. Finishing half a year's training and project work, I was appointed officially as Young Envoy 2009 and I was granted the chance to go to the Gansu Field Trip in July. In particular, the trip was excellent. It opened my eyes and gave me new experiences that I believe I would never be able to experience in Hong Kong. Seeing the poor children and the simple sanitation facilities in Gansu, I realized how fortunate I am. At the same time, I witnessed how UNICEF helps those people with my own eyes and understood how grateful they were. Being a member of YE 09 is an honour to me. Even though the programme has already come to an end, I would never forget about all these wonderful experiences and memories that YE has given me.

Lee, Wing Yan 李泳欣

首先,我很榮幸可以成為YE09的一份子,更榮幸認識到各位YE09的伙伴。在這段日子中我們一起走過,在不知不覺中時間已走過,就讓我們共同創造的回憶永遠刻畫於心中!我很感謝UNICEF讓我有這個機會學習。於不同的訓練課程,我所學到的是無價,因為每個人的資質、天份都不同,你所學到的有多少,就看你有多用功。而我所學到的未必是最多,但是比以前更多,這令我知道我在YE09中不斷在成長、進步,那全賴全體YE09同心合力所得到的結果。其實,於過程中我也遇到不少難關,如第一次在學校籌辦“UNICEF week”,原來籌辦一次活動需要這麼多人力物力和時間,還有團結也很重要!也就是因為團結,才能讓我們YE09衝破一個又一個的難關!於早前的Field trip令我感受最深刻,當地的小朋友讓我得到很大的啟發「簡單也可以很快樂」。我們所追求的其實也很簡單,就是讓世界上每一處的孩子都能得到快樂,這就是我們YE09的「快樂」了。於地球上,有很多孩子都面臨著種種難題,如童工、販賣兒童等問題,我期望藉著我們的力量和所學過去幫助他們逃出困境,讓他們得到快樂。願YE09精神浩氣長存!

Leung, Wing Tung Jessica 梁詠潼

'UNICEF Young Envoys 2009', maybe to other people, this name doesn't have a value. But to us, the young envoys, it means a lot. It concludes what we have done throughout the whole year, how much we paid for it, and also how we treasure it. From orientation day, where our journey began, we started to know each other. Some are active, some are smart, but when different kinds of us united as a whole, here comes YE09. Nobody can forget the day of the Leadership Training Camp. When we all slept together at a 2 degrees Celsius night. Nobody can forget the 'Understanding UNICEF workshop', which every one of us tried to show up; nobody can forget the 'Drama in Education' Workshop, which all of us performed with our artistic talent in a hyper mood. In between, we also built up friendships and that what I treasure most. Every joke, every jest, were memorable as they made me laugh. The hardest project in the programme is the 'School Fundraising and School Projects'. It's still fresh in my mind because I have never experienced the hardship and toughness. Even the next day is test, even the next day has a competition, I still work until midnight to finish organizing the activities held in school. At that time, some of our friends thought that I was making own troubles. I was heartbroken nearly. Still, in the end, project was done with friend's and parents' support. This project is valuable not only because it teaches us lots of technical and presentation skills, but also trains our independence and potential ability. Although it was tough and I feel stressful, it was my glory to accomplish our aims successfully. I think each one of us was very proud of himself/herself if one can attend the appointment ceremony because the ceremony can prove what we have done for UNICEF and how hard we work in the previous months. It was my honor to receive certificate from Eric Suen, it represents my passion, my heart. It represents me. Who else can do it? Just us, UNICEF Young Envoys 2009.

Leung, Cheuk Yin 梁卓妍

感恩。

感恩，生命上能遇見你們這一班YE09。感恩，很幸運地加入了YE的大家庭，這是一種福氣。還記得當天收到取錄信的一刻，那份心情點滴在心頭。感恩是擁有這不平凡的八個月的時光。感恩是自己生長在這個物質不缺的香港，擁有接受教育的機會，不用擔心自己的生活。不敢說自己在甘肅當地實際上做了多少、幫助了多少，感恩的是，至少我擁有了這個機會，讓我跳出了自我封閉的框框去「嘗試」貢獻世界。是能夠親身體驗「施比受更為有福」的道理、有能力去關愛世界，我該感恩了。這些珍貴的經驗和體會，讓我心存感恩，因為感恩，讓我得力如鷹展翅，也提醒著我要常存感恩的心。

感動。

我想不是每一次都要流淚，才算得上真正的感動。是我們每位同心協力做好每一件事情，例如大家在委任典禮的表現，看得出我們每位都付出了100分的努力，希望能夠展現我們這一年所學會的、所體會到的一切。感動的是我們在訓練營中沒有放棄，反而互相信任、關愛和扶持，讓我們「出生入死」的一隊一次又一次地成功地越過許多的挑戰。感動的是我們的友誼沒有因為YE的完結而完結，藉著不同的RE-U活動，讓彼此的友誼不斷鞏固和延續。感動的是在甘肅那裡，大家都是將心比己，關懷每一位兒童。感動的是看到他們接受我們自製的小禮物時的笑容和希望。喔感動的，還有許多許多.....

感染力。

是期待著甚麼？我想是期待著UNICEF的每位YE09能夠將這一年體會到的、感受到的、學會到的去感染身邊的人和世界，將我們心中的一團火傳承下去。

感謝你們！

感謝每位YE09為我的人生添上歡愉的色彩；感謝UNICEF的人員的帶領和扶持；感謝每位做過Group leader的YE09的辛苦帶領和鼓勵；感激許多包容我的人。感謝你們！願友誼常存。

Leung, Ho Wang 梁浩弘

YE09，可說是我一次最深刻的活動了。自問曾經參加過得多不同的活動，例如領袖訓練、義工、交流團，我也是不同大小機構的會員，不論是參加活動，還是舉辦活動的經驗也很豐富。但YE這個計劃真的給了我另一番體會。首先是每個參加者都是精英，每個人都很有領袖的特質，有承擔。另外就是帶著我們的一班導師，他們十分的專業，亦都很友善，可以是我們好朋友。而且計劃的內容很豐富，什麼的都有，發掘了我不同的潛能。是什麼令到我對YE這麼著迷呢？一定是我們當中的「情」了。我記得在委任禮時的唱歌表演中，歌詞中提到「我地個個都有份深厚情義，我地之間呢份情簡直係比金堅；無論係Gravity，抑或係chemistry；都影響唔到我地呢份unity。」是真的！我在這裡感受到無比的人情味，一份深深的友情在緊緊的連繫著我們，每次的活動完結時，我們一定想想一些節目可以把我們見面的時間拉長，有時真的可以用「一日不見，如隔三秋」來形容。還有，我們個個都團結得很。每次的活動都能妥善分工，不會有小圈子的情況出現。我記得其中一句歌詞是「你唔好亂講野，我地好團結，就算有人kick親都會約埋一齊跌」。雖然是不大可能「約埋一齊跌」，但也很貼切的描述了我們。要寫的有很多，我的感受也很多，相信其他YE也是和我一樣，寫這篇感想寫到不能收筆。我記得在一開頭的訓練營中的導師說「這次活動，你能擁有多少筆記，就要看你有多投入」，我深信我們全部YE的這疊「筆記」對我們必定終身受用。

Li, Han Xiao 李含笑

Yes, it has been a year passed by. It was a year fulfilled with passion and hope. It was a year fulfilled with dreams and beliefs. It was a year fulfilled with satisfaction and responsibilities. It was a year fulfilled with new faces and memories. It was a UNICEF year. It was all because being part of the 2009 UNICEF Young Envoy family that made this year an unforgettable and meaningful one. As a family member of the 2009 UNICEF Young Envoy family, I have been exploring and enjoying. We were sleeping in the wind together at the coldest temperature recorded in Hong Kong's recent twenty years for our orientation camp along the seaside. I knew it is cold, but I didn't complain, as I saw beautiful sun rise in the second morning, together with my new family members whom I knew I shared the same belief with. Drama workshop, we all began to know each other better. Because despite exploring the magic of drama, we've used our hearts to listen to each other's stories happened in daily lives. Social service, my group was in charge of making the new immigrants from mainland China feel welcomed in their new home, Hong Kong. From planning to actually bring the lovely children to Hong Kong Zoological and Botanical Garden, we have been excited all the way through. However, the happiest moment is undoubtedly when I saw the happiness and satisfaction from the children's faces, cause that's what made up of my happiness and satisfaction. School project, I have raised HKD\$2700 by organizing Dressing International Day and setting a UNICEF Corner in my school, Renaissance College. I believe this small amount of money can make a change to the world. Nepal field trip, it has given me the experience that nobody else would have in Nepal. As a young envoy, I've learned various practical ways of helping people in the developing world. That's where I discover hope and passion the most. As a Young Envoy, I was and I will continue spreading the message of "do what you can to make a change". And UNICEF and all of my family members, thank you very much.

Lo, Man Ting 盧敏婷

"Opportunity never knocks twice at any man's door." and hence I am delighted that I have joined Young Envoys 2009, which let me to have impressive memory in my F6 life. Starting from January 2009, each YE has played their dominant role to make the programme much more meaningful and we have sparked the fire once we met. Recalling the incredible orientation camp, we all slept in tents under a critical winter of 0°C outside, at Ma Wan Park. Obviously, we were shivering all night even after the whole-day exhausting training. Nevertheless, we all cooperated very well in dealing with those challenging tasks, especially in building the dream city, and had warm chit chats when waiting for the water to boil during meals. "Learning is a treasure which accompanies us wherever." Yet we didn't learn to build house, farm in Nepal, we did see lots of spaces for improvement. Remembered that someone said 'every house must have a toilet', this statement really shocked me and I cannot believe how people can suffer in such severe impoverished city while we were enjoying the very kind hospitality. Diseases resulting from poor sanitation are frequently seen and the incident rate of death in children is rather high as a result of insufficient medical support. As a YE having the opportunity to field visit, I wish I could save the next generation from being trapped in the endless round, since they are not destined to do so. In addition, a number of workshops like presentation and drama, as well as projects such as school project and social service project were held to equip YEs, making all of us superb. The chances of having great time with south minorities, mainland children and teens from different schools are fairly rare. Also, you never know what you can do till you try. Like somebody might think it is impossible to communicate with children who don't know our language, but we did it. We can dance and sing without any gap. Last but not least, I wholeheartedly encourage everyone "do what you can, with what you have and where you are".

Lo, Wai Tak 羅偉特

想了很久，真的好難用草草的言語來概括這一段溫馨的回憶。因為這裡面包含了太多、太多.....有令人覬覦的機會，有真摯親切的友誼，有提升自我的台階，有連接國際的視野.....這一切螢燒了我一載，而此刻竟讓人倍感空虛。對個人的提升來說，青年使者計劃的確讓我受益匪淺。在這一個來自不同學校、不同文化背景融合的集體裏，我被提升到了一個更高的平台，大家的做事效率、態度、責任心、默契地配合或是廣闊的視野、各人的所長都無疑是對我的啟示。每次工作坊、服務同樣是一個累積經驗的過程，一把打開隔閡的鎖匙。校內推廣計劃同樣是一個荷槍實彈的考驗。所以獲益良多的說法並非過甚其辭。計劃中讓我對國際兒童事務的認識同樣是深刻的。作為青年使者，推廣兒童權利我們責無旁貸，而我們也同樣看到如今兒童所面臨的戰爭、貧窮、疾病等問題。在去往甘肅的考察中，甚是給我留下了雋永的體會。“安得廣廈千萬間，大庇天下寒士俱歡顏，風雨不動安如山！”古人的期待也正是我的夢想，它告訴我們要有理想，有奉獻，懂得珍惜。當我們覬覦著外國的大學，覬覦著更好的生活時，在另一邊仍然有很多人不能解決溫飽。所以珍惜現在的一切是我們最起码應該做到的。當然我們有越好的條件，有越強的能力，自然就有越大的責任，去提升自己，然後幫助他們。在我們祝願甘肅明天更好的同時，也同時激勵自己，告訴自己在大的逆境都不足為過。

Leung, Ka Yi 梁嘉怡

二零零九年度的青年使者計劃，是我中四這一年的生活中其中一個最重要的活動。從一月的‘零度’迎新營，二月的drama workshops，三月至五月的school project及service project，還有最重要的七月的甘肅field trip；在這短短的半年間，雖然我們六十多個見面的時間不多，然而在YE裡，我得到了很多很珍貴的回憶，例在在甘肅的field trip中，讓我體驗到我們於香港的生活是多麼的富足，我們真的要感恩與珍惜所擁有的一切；還有和一班YEs的友誼！！這一切都是我中四的珍貴回憶！LOVE YE 09 :)！！

Luo, Ying Si 羅穎思

時間不知不覺地在指尖中流逝，想起YE o-comp，好像只是昨天的事。讓我無法忘記香港最冷的冬天，我們既是睡在帳篷裡，雙腿顫抖，讓我無法入睡；讓我無法忘記，我們「勁過隔離組」嫁團結精神；讓我無法忘記每次訓練和會議中嘻哈的笑聲；讓我無法忘記YE09在委任典禮的舞臺上創造的best show；讓我無法忘記和你們一起奮鬥工作的每一個晚上；更讓我無法忘記的是在到達尼泊爾的第一個晚上，男孩兒們怕我們給被人欺負，叫我們迅速到店等候，行李讓他們男孩們拿。一句一句親切的話音，讓我銘記於心。經過幾個月的洗禮，時間是否能把我們每一段時間留住呢？記得在8月29日那一天，我曾經埋怨過時間把我們這一班年輕人拉在了一起，而時間，卻又把我們這一班年輕人分開。歲月不饒人，只能把這些美好的回憶埋藏在心底裡，深信，牽著你們的手，縱使時間再快，我們這一份真摯的友誼仍能保存，一起去期待相聚的那天！最後，我要感謝我原校香島中學的校長和老師，沒有了你們的支持和幫助，學生未必能完成活動。感謝一直跟著我們的多位導師對我們的指導。還有一班YE。愛死YE09！

She, Alexander 余雋希

YE09 is the place to tell what love is and where care should be devoted. Here is my flashback – The School Project tells me what unity is. I am the only person at school to organize the UNICEF Days, coupled with the pressure of coordinating four other schools. The cultural distinctiveness and different time schedules made my duty, group leader, harder than ever. Hardship beats me but so pleased is the unity of my comrades, pulling an all-nighter, working out the enormously large display board and completing the evaluation reports amid the public exam. The Social Project tells me what discrimination is. While we plan to have an equal proportion of Southern Asian and local children, I was shocked to learn that eventually there was only one local child. In the social service with 19 Southern Asian, she became the minority. It was not her instinct to be withdrawal in games. But she has no one to share with the same language, enjoy the joys and laughter in the magic show. As the English idiom goes – ‘putting yourself in other’s shoes’, from her, I empathize the little worlds of minorities, which are spoiled with the stigma of discrimination and rejection from us. Helplessness is what they face and love is what we should give. The Appointing Ceremony tells me what courage is. It is my honour representing other YEs to deliver the speech, share the invaluable experience and challenges to guests and the public. The first time on stage has made me afraid but the courage from my partner, Theresa Wong, and other YEs make me venture to timidity. Reading the last line and hearing applauses, I found the YE Spirit. The Gansu’s field trip tells me what love is. While pursuit of own dreams and opportunities of education are never granted, a couple donated their properties to build the rural kindergarten. Rural conservatism and financial difficulties hamper them forward but because of love, they never give up in the past ten years. It is the end but is just the prelude. It is again YE09 to push me experience more and remind me the road to help needy should never stop, love should never end.

Siu, Pui Yue Rani 蕭珮瑜

Time flies. Whenever I recall those memories when we were shivering in a tent at 0 degree, when we were holding piles of leaflets and basking in the sun at 30 degrees, when we were playing with the kids in the social service, when we were waving good-byes at the airport in Nepal, I feel like everything happened just a moment ago. Our journey began with an orientation day. Despite being strangers to one another, we cooperated well and finished different tasks. The leadership training camp followed. Besides cooperation, we had learnt more about time management, coordination skills, etc, but most of all, through this overnight camp, we had known more about one another and had established the unbreakable friendship. After the camp, we had gone through many different workshops. Some helped us to know more about ourselves, some demanded us to be imaginative and some taught us skills to communicate with children. All these programs equipped us with strengths to overcome the challenges behind – school project and social service. When I was carrying out the school project, I kept working just before dawn and nearly got no time for rest. But when I saw my schoolmates pinning the UNICEF CRC blue ribbon on their uniforms, or walking in the corridors holding the CRC leaflets, I felt all my hard work is worth. The social service was certainly one of the most memorable events. When I saw kids at such a young age drawing guns and blood, I pledged myself to understand their thoughts, and to bring love to the kids with all my might. After all these training sessions, we finally graduated. I must admit that everyone had done a great job on the appointment ceremony. Yet, the program had not just ended. During summer, some of us went to Gansu and some went to Nepal. After coming back from Nepal, I had learnt how fortunate and yet how neglectful we are. They dreamed to be loved, but we grumbled when our parents murmured; they dreamed to go to school, yet we dreamed to escape from school. Yes, I had surmounted the above obstacles, but without my fellow young envoys, I bet I could not have survived from these hardships. We together had endured the hard times, had enjoyed the wonderful moments, and had made ourselves to last. When I look back again, I feel like I had just befriended with them yesterday. Time flies. But our friendship stays. Thank you, YE09!

Siu, Ming Shak 邵銘澤

我覺得各位09YE非常有心去服務社會，雖然每一位平時都很忙，但係都會不介意抽時間出黎去參加活動，希望學到更多既事物去幫助別人。而我．．．真係好開心可以做到YE成為一份子，今次機會唔單只可以令我識到一班咁好既青年使者，係大半年既訓練入面，我學到好多野，同人溝通既技巧，提升左自信心，記得以前既我真係好細膽，唔好話上台講野，就算只係對住一班同學講野我都會腳震，但係慢慢我就開始自信心大左，可能因為活動之間有需要、有必要面對一大班人講野，知道左唔可以再咁驚，慢慢越講越多，就開始唔驚啦！雖然依大半年入面有好多「死線」，好多proposal要交，但係都開心既，因為係一大家人一齊努力，好有成功感，同埋大家都係同道中人，好易溝通到。就算依家再要我揀多十次，我都係會做番一個YE！

Tang, Ka Wing Karen 鄧嘉穎

"Let us not be satisfied with just giving money. Money is not enough, money can be got, but they need your hearts to love them. So, spread your love everywhere you go." I had always wanted to be a part of a humanitarian cause, but being part of the Young Envoys Program simply goes beyond achieving something on my to-do list. I applied for the program hoping to make a little difference, cause a little impact, but what I did achieve was something beyond my expectations. The friendships made, the experiences gained and the memories go beyond these pages, and these past nine months have marked a significant period of my life, where not only did I learn the importance of teamwork, commitment and persistence, but also further developed my desire to help others. The field visit to Nepal truly broadened my horizons, and in a sense, given me an essential wake up call to appreciate the little things in life that we all take for granted, and realize how privileged we are. In a different perspective however, I am truly privileged to be part of the YE family and eternally grateful to UNICEF for allowing me to benefit from this amazing opportunity, and to those who have made this journey unforgettable. Open your heart; spread your love; make a little difference.

Tsang, Po Man 曾寶雯

I am so glad and happy to have a chance to enjoy the activities this year. The most unforgettable and precious thing is that I meet a lot more good friends. I truly believe that our friendship will definitely be continued. Although sometimes we are all so busy with our schoolwork, we still have the heart to go ahead. I feel the support from my groupmates. And I really enjoy being with them. Thinking about the first day we met, I am so surprised that we have already been friends for almost one year. We have experienced the exciting training camp, the challenging School Project and the fruitful trip to Nepal... All these memories are stored in the deepest part of my heart. Through the whole programme, I know much more about poverty, malnutrition, child soldiers and other problems occurred in poor countries. However, at the same time, I learn a much more important thing from the poor — the optimistic attitude towards life. Although the poor may not have electrical appliances or even a comfortable home, they do survive. I was really impressed by the great greetings 'Namaste' and the huge smile on the faces of every Nepalese. They are all willing to share everything, especially happiness, among the others. They are helpful and people have the common dream — they have the same goal to contribute to the country. They have a mind to develop the country so that all Nepalese have a good life. After coming back to Hong Kong, my mindset has been changed. My life has been changed. My life now is just like the bright sunlight. I think there is always hope whenever you encounter a problem. You must have that ambitious mind to overcome every difficulty you face. You need to be happy all the time as life also runs even if you are unhappy. As a whole, I love this programme a lot because I can learn much useful information about things in poor countries. And the more important thing is that I can experience the life of a poor country truly and deeply. It is really a very valuable opportunity. Therefore, I think it is an extremely fantastic programme and I have a very colourful life this year.

Tsang, Ying Pik 曾映碧

"You can make a difference!" This is one of the slogans that I used in the poster of the school project. After the YE programme, I believed that I have confidence to make a difference. Since I can share with others what I had seen and listened during the programme and field trip, and I can spread the messages of the human rights, poverty in developing countries. Time flies, after the interviews, orientation, training camp, school project, social service workshop and finally the field trip. I had learnt more what UNICEF actually do, and have the chances to look into human rights and poverty. It gave me many unforgettable and memorable experiences, but most importantly, it gave an opportunity to reflect on my own self. Though Form 4 school life was tight and stressful, I still chose to join the programme. During these eight months, my weekend was filled up with different kinds of trainings. I hardly balanced my time between schoolwork and the YE programme. Though life was busy, the fruitful trainings were still enjoyable. Without this extraordinary experience, my Form 4 life would definitely not have been this meaningful. Now when I think back the time when I make the decision to join the programme, I was glad that I have made a wise decision. After the field trip, it seemingly marked the end of the YE programme, but I know that the spirit of Young Envoys will not finish and it will keep carrying on forever.

Tsoi, Mung Fan 蔡夢帆

"How should I introduce myself to the invigilators? What should I say in the discussion?" I murmured to myself before entering the interview room of UNICEF Young Envoys Programme. How time flies! It has been already a year after signing up for the YE Programme. Challenging events were held one after the other throughout the year, being a young envoy would never feel bored. We first had an orientation camp held at Ma Wan Park to greet new friends who were joining the programme. It was the hottest camp I have participated, which was held in the coldest day Hong Kong ever had. Every fellow YEs I met were enthusiastic, we went over all the predicaments together when we are on a mission. Even though it is only the second time we have met, we still cooperated with each other well. Not only could we learn about leadership skills in the camp, strong bonding was built up among us as well. Afterwards, I organized a promotion project about children rights in my school. There was a lot to prepare on my own and worse still, problems never ceased to appear which brought me quite a bit stressed, yet, I learnt a lot from it. For example, I know how to deal with problems, enjoy the pressure and control my temper, etc, now. In the later months, we had social service in groups. My group was to visit children immigrants from Mainland China and plan for them a half-day out-door activity. Due to the hot weather, everyone was hot and tired but they did not grumble about it, instead, they enjoyed the game. I was very glad that they appreciated our hard work. The most remarkable experience of the programme is the field trip to Gansu, China. I have heard many incredible life-stories there. The one that inspired me most is the history of a pre-school principal. That pre-school, was once facing a dreadful plight, villagers did not recognize the principal's effort, and they thought that working on education was a waste of human resource. Also, at the same time, the financial condition of the school was not optimistic too. Fortunately, UNICEF recognized his job, provided the school money for educating the youth. Hearing his story, I was impressed by his faith. Youngsters in Hong Kong, including myself, usually give up when difficulties come, or they do not even try achieving their dreams. In fact, like the principal, if we try our best to work on our goal, one day, dream will come true. UNICEF Young Envoys Programme not only has left me a valuable and memorable childhood, but also has given me a chance to contribute to this society, especially for children. I was once a child (I am still a child now), I always want to help the children in the poor countries to have a childhood as good as mine. Being a young envoy is already a step closer to create the ideal world in everyone's expectation. Hence, if you also want to do something for our society, come and join us, UNICEF needs you!!!!

Tsoi, Yim Kwun 蔡艷冠

說真的，當通知成為YE09一員時感到驚訝萬分，既興奮又期待又苦惱.....到底樂富中心在哪兒？這是我第一個苦惱的問題。然而，如今回想起整個計劃的每個片段，縱然繁重，依然教人會心微笑。迎新營的零度露營、學校計劃的忙忙碌碌、以至尼泊爾考察的人生體會等等，零碎的片段剛好湊成可愛的YE09。我慶幸身旁總有一群伙伴，時刻提醒我、主動幫助我、鼓勵我、諒解我，九十度鞠躬，謝謝你們。尤其在「學校計劃」中，除了一同構思活動外，我經常無法見證活動的實行，真慚愧！要不是拍檔們體諒我的苦處，獨力苦苦支撐著，那整個計劃就沒法籌辦成功，衷心感激！原來光陰真的似箭呢，YE09已經認識九個多月了，不知你們是否和我一樣期待著下一次聚會的來臨？

Tung, Ho Tak 董皓德

I was overjoyed when receiving the letter informing me that I was chosen to be one of the Young Envoys this year. It was rare for a F2 student to become a Young Envoy, therefore I would like to thank UNICEF for giving such a chance to know more about the works done by UNICEF and information about children's life around the world. The post of UNICEF Young Envoys attracted me in 2008 summer. Since then, I was fascinated in the meaningful works and the spirit of UNICEF. I joined the Young Envoys programme immediately when I got home. After half a year of training, I gained a lot of experience in preparing a workshop or preparing an activity. This helps me to be independent, and I realize that cooperation among teammates is very important. If the team can cooperate, then work will be easier. Besides experience gained throughout the year, I also made a lot of friends amongst the YE 09 and YE08. Some of them became very good friends of me now. We have built deep relationship. Although there were many tasks needed to be finished, however we were unified by these tasks. The project that impressed me most is the field trip to Nepal. I observed that although the living condition of a lot of Nepal children was below modern standard, they were happy and that really impressed me. This field trip widened my eyes and I knew more about the world and other information about what UNICEF has done in Nepal. The UNICEF Young Envoys is really a wonderful programme presented by the UNICEF. I felt that I have spent a meaningful and brilliant year in the Young Envoys programme. I am glad to be chosen to become one of the Young Envoys, this is but a precious learning opportunity for teenage. I grew up a lot in last year. If rejoining the YE programme is allowed, I will sure that I will join that again. It is one of the happiest moment I have spent in my life. I will not forget what UNICEF has given me and I will contribute what I can do to UNICEF when I grow up.

Wah, Suet Ming Judy 華雪明

一張白紙，因為有著各種顏料，不同顏色的點綴和聚集，才可以變得色彩繽紛，耀眼奪人。從開始到現在，只不過是短短一年的時間，青年使者的身份把我們六十個來自不同學校的學生串連了一起。也許，這是緣分，亦是幸運。由最初大家素未謀面、點頭微笑問聲好，到了今天見面相聚時無所不談，有幸認識了你們，有幸一起經歷了很多的第一次，走過了這精彩的一年，讓這些一點一滴在回憶裡地堆砌著。「訓練營 山上的寒夜 零度的體驗 校內推廣 連續幾夜不眠的時光策劃義工活動 分工合作 每一次拼命地做的reflections 精彩絕倫的委任典禮很有型的rap 很出色的歌曲 很有心很有火的一團人 我引以為榮的你們」簡簡單單的一詞一句，一起經歷過的你們，看著必定有所共鳴，這一段回憶不需要注釋，不需要重組，只因你我都明瞭，這份友誼是建基於這裡的。令我難以忘懷的，除了一班共渡時光的朋友們，還有這記憶猶新的甘肅考察團。這次的甘肅之旅讓我放眼這個世界，了解更多在貧窮地區生活的人，他們需要各界幫忙去改善生活。雖然我們這次體驗的並不是最困苦的生活，而且還有點兒貴賓式的招待，但是這卻使我以後希望可以盡我自己最大的努力去幫助他們，關心他們。此外，在這次的考察，我真的深深體會了一句話，那就是“別人快樂，自己也就更快樂”儘管我們的考察團已經結束了，但是當我想起我們去探訪那些農民，他們臉上流露出來的喜悅的情景，我自己也會心微笑。希望以後能多參與這些考察團，幫助更多有需要的人。這不只是幸運，而是幸福。圖畫，是這樣構成的，回憶如是，YE09亦然。

Wong, Chak Fung 黃澤峰

It all happened in nine months. A freezing 0° morning and a city made of paper boxes. I guess they were what many of us could still recall about the orientation camp. Started as the first “training” of the entire programme, it surprised me. Although those challenging tasks gave us real troubles, they first brought us together. School Project was another nice work. Though works were much harder than what I’ve expected, from words to real moments, the process of creating the whole project meant a lot to me. Here, I’d like to thank everyone, it has been really nice to work with all of you and I really appreciate all the things we’ve done. And in July, the field trip brought me to the everyday life of the impoverished families in Gansu, China. From villages to kindergartens, twisting roads to wheat fields, what I saw wasn’t all about what they suffered, but what they possessed. Simplicity is a thing which I think it’s inconceivable in our lives. But the simple lives and simple hearts of the inhabitants were really impressive to me. They appreciated what they have, but didn’t complain about the hardships they endured. Their gratitude and happiness when a bunch of kids came to their place, stepped on their crops were things I didn’t expect. Besides, of course I saw what UNICEF had done to impact people’s mind and create favourable circumstances for Early Childhood Education. Their constant determination to get what children deserve to have was honourable. These nine months were invaluable and I’m really grateful to be a part of it. The accomplishments we made, the friendship we built, the unity we had were really out of my initial expectations. Every moment we had, everything we’ve been through was truly sweet. Thank you to our programme’s officers, who are the keys of YE09. Thank you every YE I met and made friend with as I’ve learnt a lot from all of you. Finally, everything has an ending, but THIS is a happy one. There’s no way for me to forget about YE09, what we did, and our prominent belief – “You and I can embrace the future”.

Wong, Janice 黃靖貽

Thousands and millions thanks for all that I went through this year. Being one of the UNICEF Young Envoy 2009 is not like any other duties I have been, it is more than just a title, but a privilege as well as an obligation. From the almost-frozen-to-death Orientation Camp to the most enlightening Field Trip to Nepal, the experiences I got are unforgettable. The Orientation Camp has marked a huge significance in the beginning of my mission as a UNICEF Young Envoy. It is an exaggeration if I say I have been transformed, yet, it’s true that I have transcended selfhood in this year’s programme. I have achieved a lot of things which I considered impossible in the past, e.g. holding large-scale promotion projects alone at school, communicating with the South-east Asians, overcoming continuous difficulties in designing activities etc. But now, I can proudly say to those who supported me since the programme started, “Nothing is impossible”. Everyone has a heart of gold, no matter how deep it is undermined inside us. The field trip to Nepal is the most impressive journey I have ever had. I was overwhelmed when I received the news that I was selected to go for the Nepal field trip. In our trip, what I see is the reality and truth. Visiting different groups of people in the Third World is a complete physical contrast to the lives in Hong Kong. Most importantly, there is one single spirit that Nepal excels—faith. There is an apparent similarity among all the NGOs I met, selfless dedication in making their society a better place. Each of them is contributing to the improvement of their lives, yet, their eyes are still appreciative for what they own. They will not let civilization or modernization blind their faith as they believe that “giving is better than receiving”. I would also like to pay my greatest gratitude and appreciation to all Young Envoys. Though our paths may divide, I’m very sure that we will always remember such a great group of friends who have been supporting one another. We all have one ultimate goal, to make it a better place, for you, for me and the entire human race.

Wong, Lok Hei 王諾熙

這篇可能是在YE 裡最後的一篇Reflection。2008年的12月，很想很了解第三世界的人的中四學生踏進去樂富的Centre，展開了YE的旅程。中四這一年被YE 所充實了，被YE令自己進步了，都被YE令到我的生命增添了另一番的回憶。大家由最初的彼此不認識，到一起搏殺大大小小的Project，Report。再一起去Field Trip達成整個YE的過程，一直感受到大家一步一步的熟絡下去。「Hey，YE你地好似沙咁散，睇死你地呢份情最多去到暑假」這句歌詞，最終沒有實現到。「你唔好亂講野，我地好團結，就算有人Kick親都會約埋一齊跌」這句歌詞，卻實現了。還記得完成School Project的時候，手上拿著的是又一箱又一箱的捐款箱，裡面的一分一毫的善款都是自己親自「賺」回來的，那一刻的滿足是不能用筆墨所形容的。「Hey，YE你地懶懶閑，青年使者都做到你地咁鬼懶」這句歌詞，再一次沒有實現到。從計劃做什麼，寫Proposal，實行，解決實行中的困難，都是自己一手一腳去做，而這一份的辛苦卻可以捐給UNICEF。我不敢說這筆錢可以幫到很多人，至少我能夠有機會去用自己的能力去貢獻被這個世界遺棄的小朋友。還記得Appointment Ceremony，有幸為YE09在Time Square去Rap出我們的心聲，那一天感受到YE09是一個整體，感受到YE09的熱情，感受到YE09的能力。我們被讚為近年來最好看的Appointment Ceremony。儘管隔天要考試，當日的喜樂，為我的人生寫上另一件最難忘的事。還記得甘肅Field Trip，我不敢說自己幫助到他們很多，但是真是一次難忘的體驗。始終無法想像，會有小朋友不讀幼稚園便上小學去，無法想像有人一輩子都只可以是農民，都無法想像自己如果生活在當中的感覺會是如何。「Hey，YE你地無乜用，去到山區D小朋友依然咁窮。」這句歌詞實現了。但是，我覺得我們的探訪，確實為他們帶來祝福，給他們覺得這個世界會有一群年青人關注他們的情況，「我地會有咁搏得咁搏，要將YE精神散播到每個角落」，這句歌詞同時都實現了。如果沒有加入YE，我永遠沒有體會到「我真的非常幸福」這句說話，這句行貨的說話，因為YE而體驗到出來。YE09在2009年結束了，但是YE09的使命在2109年還沒有結束，現在會覺得自己已經與UNICEF畫上了等號，至少每當有人吃剩食物，有人為兒童的權利不認識的時候，我們便會有大派用場的時候。願YE精神能夠在每個YE身上及心裡長存！

Wong, Pak Yu 王柏裕

闖過一輪又一輪的面試，當知道自己有幸成為青年使者一份子的時候，確有一種興奮莫名的感覺。而接下來，等待著我的，是一段又一段的難忘經歷，當中有令人可謂又恨又愛的O CAMP、SCHOOL PROJECT、SOCIAL SERVICE PROJECT 和甘肅之旅。O CAMP的可恨在於各位YE要在整個冬天最寒冷的一天在整個香港最寒冷馬灣公園，渡過了兩日一夜；但亦因著嚴寒，YE們上下一心地，迎接這一個在野外渡過的兩天，更交了一班「出生入死」的伙伴。兩個的PROJECTS的可恨在於它們由籌劃到實踐，耗費了我不少的時間、體力和精神；但亦因著這樣龐大的工作量，使我個人對處理工作的能力和效率皆有所提升，同時亦使我與恆生商學院的YE有機會合作，學到更多。甘肅之旅的可恨在於甘肅的旅程，飛機來、回皆因事而延誤；但亦因著延誤帶來的行程上的改變，行程更緊湊，各人亦更珍惜每一段的考察，以及更把握和其他YE一同相處我時光，希望拿更多的回到香港。我很榮幸能夠成為YE我一份子，以前是，現在和將來也是一樣。

Wong, Po Chu Gigi 黃葆姿

我好慶幸自己能夠成為聯合國兒童基金會的青年使者，令我零九年過得尤其充實。透過參與一連串的活動，領袖訓練營，戲劇工作坊，社區服務計劃，校內推廣及籌款義賣等，從中我獲益不淺。不但強化了不同技能，而且密麻麻的工作坊，令大家能夠建立友好關係。由陌生人變成好朋友。然而，最難忘記是在尼泊爾的短短五天，日子短，但體會深。當地兒童過著沒有冷氣的日子，不能飲用到有安全保證的食水，每日步行上山等，這些都是我地「香港後生」視為必然的。人人都只會講「要珍惜」「要滿足」但又有幾多人真是能做到？回到香港，我唯一身體力行是不浪費，我立心不浪費食物，生活不奢侈，節約能源。也許不能為他們改變甚麼，但渴望能影響身邊人。「一傳十，十傳百」刻盡青年使者的責任。各位，記住要將YE精神發揚光大呀！最後，感謝青年使者計劃造就了一個平台，讓來自五湖四海的老同學有緣相聚。大家繼續加油！！努力向上！！

Wong, Yuen Tung Theresa 黃婉彤

轉眼間就來到Young Envoy Programme的尾聲。回想起當初面試的時候，其實也不抱有太大的希望，畢竟參加者太多，但結果能被選中也真的很幸運。一年後的今天，我沒有後悔當初的決定，更是慶幸自己參加了。假若沒有參加面試，我的中六生涯大概只會是一片空白，不會有這麼多豐富而難忘的回憶。今年在UNICEF這大家庭內經歷了許多，從一開始的迎新營，至後來的話劇工作坊、學校籌款義賣、社會服務計劃，還有最後也是印象最深刻的甘肅考察之旅，每一個活動的細節也歷歷在目。每個活動中，我們都學到不同的技巧。體會最深的要說甘肅考察之旅。作為一個廿一世紀年青人，一般都只是活在自己的世界中，終日忙著自己的課業和考試，對外面世界的認識，只局限於新聞報導的內容。在考察的一週，我們都離開我們日常接觸的人和事，來到一個與香港截然不同的世界。這樣的體驗實在是難能可貴的機會，也讓我有機會反思一下作為這個世代的年青人應有的責任。在學習和體驗之餘，還有意外收穫，就是認識到一班好戰友、好朋友。計劃只有數個月，本來我不期望會建立到深厚的友誼，但結果卻是相反。這裏的人給我感覺很親切，一點也不陌生，簡單和純潔的心是我最欣賞他們的地方。短短幾個月的相處，卻換來深厚的情義。縱使我們來自不同的學校，有不同的文化和家庭背景、有不同的性格和才能，但我們卻相處得十分融洽。這個計劃將互不相識的人的世界重疊，是緣份的安排。因此，我會好好地珍惜之間的友誼。計劃縱使完結了，但我相信我們對UNICEF的情義會延續下去。

Wong, Tsun Yee Jenny 王津怡

It's close to the end of the summer holiday and I finally have time to take out the yellow plastic file. I flipped through the paper inside, amazed by so many things I have experienced this year, and all Unicef YE09 has given me. Every page reminds me of my sweet memories of being a YE this year. The first in the pile are the letters inviting me to the interviews. I remembered I met these nice, friendly and brilliant potential young envoys. That was the first time we came together, each with our dreams and goals. I found the leadership training camp materials. I remembered how we, as a team, cooperated to cook noodles, built tents, and warmed each other up in the wild under 0 °C. Then it comes the schedule closely packed with trainings. I once loathed them, but each and every session told me that they are not ordinary trainings. They are the building blocks of our friendship and spirit. Of course, the biggest pile in the file, the proposals for school project. I once thought we couldn't hold such a big event successfully, but looking at all the posters, application forms, filled questionnaires, scripts, proposals full of handwritten remarks...I know we've made it. I still wonder how I survived the battle in the programme week. But I know this is what YE programme teaches us. Don't be afraid to reach for the stars. Don't be afraid to jump over hurdles seemingly so high. And this is not the end of the wonderful YE experience. The social service project in May and the appointment ceremony in June gave me a chance to appreciate all the other young envoys through collaborating with them. We learnt from each other, making the process a fruitful one. When I close the file, I think again about what Unicef YE09 has given us...Experience. Work. Sweat. Stress. Fun. Friendship. Hardship. Challenges. Dreams. Goals. Fulfillment. Enjoyment. Accomplishment. Spirit. Colours. Wonders. Memories. We shared. We learnt. We are always YE09. And I can't be more grateful!

Wong, Wai Chak 王偉澤

Young Envoy, 一個我陌生的名字, 到了今天, 我已經成為了其中的一份。記得一開始的時候, 我對這計劃其實不大興趣, 不過我已經對我這一個想法感到後悔, 因為YE真是一個完美的計劃, 令我學到很多, 得到很多。我學到了什麼? 記得在一開始的時候, 我是一個渾渾噩噩的參加者, 沒有自己的想法, 沒有任何有關保護兒童的想法。但透過很多的訓練, 我開始有了概念, 開始有了對現時世界上兒童的需要有了關注。直到了去尼泊爾考察之旅, 我更明白兒童的需要, 明白了自己是身處在一個很幸福的地方。除了學到不少東西, 我更得到一群好友。整個YE 60個朋友。大家由一開始互不相識, 就要去參與一個個團隊合作的活動。我自問是一個內向的人, 但我亦被大家感動了, 接受這一群好友。其後每一次的活動, 都顯示出我們的團結、合作, 顯示出我們是最好的團體。經常有人說, 如果在中四參加得太多活動, 一定會後悔, 但我認為, 如果我沒參加YE這活動, 我就真的後悔一生了。

Wong, Tsz Kwan 汪子鉤

It's already 9 months since we've joined this program. 9 months is a short time, but what we've learnt and the friends we've met here, will be staying in our hearts forever. Here are some of my thoughts and what I've learnt. Let's start with the Orientation Day. Before joining this program, every orientation day in other program that I've joined before, need a long time to get to know each other. But the orientation day in here is totally different. All our and the UNICEF staff are friendly and kind, so we could know each other quickly, and feel like being in a big family. For the leadership training camp, it was really unforgettable, not just because it was only 0 to 1 degree at night, but also because of the things that we've learnt in the camp. In this camp, we learnt how to cooperate with each other, and have built a good friendship with each other. Of course, we have also learnt useful leadership skills, and we will find them useful in the rest of our lives. After the training camp, we attended the workshop and presentation of understanding UNICEF. This workshop really helped us a lot in this program. Because we could get the general idea of what UNICEF was doing and what were our posts. We could really know more and think more about UNICEF and ourselves. And in the Drama in Education workshop, besides learning drama, we also learnt more about cooperation and team spirit. We got the idea of that we YEs should all work together, no one should be working alone. What's so important to a team are cooperation and team spirit. This workshop has helped us to learn more about them. In the Social Service program, we've learnt how to construct a social service program, from the very beginning, to the end of the program. We had to solve every problem and challenge we faced. We have experienced how difficult it is of holding a social service program. We all had learnt a lot in this program. And in the School Fundraising and School Projects, we had to design some fundraising projects, and also some other projects to spread the idea of UNICEF. Because we had the experience of holding a program from the Social Service program, so when we did the projects, we could solve the problems we faced by our experiences. The experiences are really useful to us. After such a lot of activities above, of course we had a lot of thoughts to share. Retreat Day was a very good activity to let us share all our thoughts with each others. And that was meaningful to do such an activity. The Appointment Ceremony was an important event to all of us. Because we had to perform at Time Square. We were all excited that day. We all cooperated well, and we did a great job at last. We could also see how important a team was. At the last activity, that means the field trip to Nepal, was very unforgettable. The most unforgettable thing was that what we've learnt from the local people. People in Hong Kong like us, waste a lot of resources, like paper, energy, etc. That's because we've got a lot of things, but we do not satisfy. We do not feel happy though we have enough or even too much. But the local people there don't have much or enough, but they know how to satisfy themselves, how to be happy. We've learnt much from them. 9 months of trainings was not a very long time, but we've learnt a lot of things that we can use them in the rest of our lives. We've learnt how to cooperate, how to solve problems, how to be happy... We will never forget these 9 months.

Woo, Wing Man 胡詠雯

I could still vividly recall the moment when I was notified that I was selected as one of the Young Envoys 2009. I was overjoyed! Looking back, I couldn't believe it had already been 8 months since the 61 of us first met each other. Making new friends has always been a challenge for me; working with them is an even more difficult one. Yet, the Young Envoys I met were extremely friendly and understanding. From being truly amazed at the unity and team spirit that we showed in the leadership training camp, to learning to synergize with other YEs in different projects, I had grown so much from the timid passive follower to an outgoing confident leader. This remarkable transformation would not have been possible without the help and support from my fellow YEs. YE programme is a place which allows you to fall, pick up yourself and set on the journey again. From the fun yet freezing training camp, to drama workshops, school project, social project, appointment ceremony... The numerous new experiences and learning opportunities allowed me to see this world differently and exposed my weaknesses. There were indeed times when I felt stressful, frustrated or even defeated. Nevertheless, you will never walk alone here. Despite the hectic schedule and tremendous workload, no one ever failed to encourage and support each other. Never would I forget the hard time when I had to juggle between the school project preparation, tests and debates, yet, the comforting words and useful advice I received from my dear YEs were so touching and warming that would be imprinted on my mind forever. This has been a fruitful year full of surprise, and I owe my heartfelt gratitude to Unicef for giving me such a valuable opportunity to equip myself with leadership, communication and problem-solving skills that benefited me throughout my life. In addition, a big 'Thank you' to my fellow YEs, who had made this year such a remarkable and memorable one with me! I have been, and will be forever proud for being a member of the YE09 family. While the programme has come to an end, I wholeheartedly believe that our friendship will never cease, and that we will all continue to learn and serve the children in need around the globe and most importantly, spread the message.

Yim, Wan Cheong Vivian 嚴雲臧

I would like to start by thanking UNICEF for giving me this wonderful opportunity to be become an integrated part of the UNICEF family. I would not trade a single moment of it. I had learnt a lot about UNICEF and about life through the activities, as well as made lasting friendships. The lasting rewards of the UNICEF Young Envoy program are definitely beautiful. The UNICEF leadership camp is definitely one of the most rewarding experiences in my life, as the camp gave a taste of almost all the challenges one will face in their life – problem solving, cooperation, frustration, communication, critical thinking, tolerance, hunger, and not to mention, the freezing cold. It was everything that I had hoped for and more because I learned so much during the camp – about leadership and coordination skills, my new friends and best of all, myself. I also enjoyed my drama workshops, as I found them extremely helpful and enlightening for my later YE Projects. It was a fantastic learning session about communication between people, the expression of one's feelings and improving relationships with other YEs. By joining UNICEF Young Envoys Program, I have learnt the skills necessary to implement charity fundraising in society and school. I have also acquired knowledge of the lives of children in developing countries, and the role that UNICEF plays to bring about improvements. This program strengthens leadership potential, communication and cooperation skills that are necessary in community service to raising awareness to daily life, and I am proud to announce that I have succeeded in improving in all respective categories. Moreover, this program has helped me in becoming a responsible global citizen, and to develop a better sense of identity and purpose. Most importantly, I expect that it will bring me a step closer to my dream of bringing hope and happiness into the lives of all children. Through the Social Service Project and the School Project, I have made a difference, small as it may be, to the best of my abilities.

Yuk, Chak Kwan Christopher 沃澤鈞

I remember that we were asked of how we wanted to benefit from the YE program back in the first round interview in mid-December. Looking back, I realize that not only have I reached my expectations, I've exceeded them. To me, being a part of YE09 was like a whole new colorful chapter in the book of my life. The past six months had been a terrific chance for me to broaden my horizons, meet new friends, and learn more about myself. Yet what makes the Young Envoys Programme so special is all the experiences we had gone through together as Young Envoys. Huddling together in a camping tent on one of Hong Kong's coldest nights, staying up all night to finish our school project proposals, hanging together through the toughest times in the field visits, our happy memories had developed our sense of belonging to the YE family. After these six months, we all know deep in our hearts, that we're all more than just friends. Before the field visit to Nepal, overwhelmed as I might be, I still didn't forget that we YEs were there with the aim to learn and experience. In Nepal, it wasn't like what I had expected at all. The buildings were unpolished, people were sleeping on the streets, and children were not cared for properly. But while I saw the lives of the poorer class in the world, I also saw how UNICEF had helped them and changed their lives. It occurred to me that helping the poor could be as easy as showing our piece of care by holding out our arms, and giving them a warm hug. It occurred to me, that such a small action in our society, could mean so much to them. Sir Harward had once said, 'Seeing is believing'. While as I, as a YE, had the privilege to see such abject poverty for myself, I know that it is my obligation to go on and spread the message to those who still aren't aware of the indigence in the real world. And as I received my certificate on the Appointment Ceremony on 7th June 2009, I knew that it wasn't going to be an end for YE09s. We have just begun to change the world.

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