

UNICEF Young Envoys Programme 聯合國兒童基金會青年使者計劃



2008

For every child 為每一名兒童

Health, Education, Equality, Protection 健康、教育、平等、保護

ADVANCE HUMANITY 促進仁愛精神

unicef 
聯合國兒童基金會

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Introduction of Programme

United Nations Children's Fund

The United Nations Children's Fund (UNICEF) was founded in 1946 to meet the humanitarian needs of children in the aftermath of World War II. Since 1946, UNICEF's mandate encompasses children and women, particularly in developing countries, giving priority to the most disadvantaged and the countries in greatest needs. UNICEF is guided by the Convention on the Rights of the Child. UNICEF has been working in more than 150 developing countries, areas and territories to improve the situation for children and women in the areas of health and nutrition, basic education, safe water and sanitation, and for children in need of special protection. UNICEF supports many countries in their efforts to immunize all their children against the six main child-killing diseases and also to increase access to safe water.

The Hong Kong Committee for UNICEF was formed in 1986 and is one of the 36 National Committees worldwide. The Hong Kong Committee provides financial support to UNICEF's projects all over the world and raises public awareness on UNICEF's work and the condition of the poor children in the developing countries.

UNICEF Young Envoys Programme

The UNICEF Young Envoys programme is a distinctive youth leadership scheme. It aims to raise public awareness about the issues of children's rights and the situation of children worldwide, to enable the participants to understand the roles and achievements of UNICEF in improving children's lives in developing countries. The programme attempts to give insights to the participants' the different facets of life through the participation of school projects, social services and fundraising events, hence cultivating young leaders and enhancing their personal growth.

計劃簡介

聯合國兒童基金會

聯合國兒童基金會成立於一九四六年，目的是照顧在第二次世界大戰後兒童的緊急人道需要。聯合國兒童基金會的服務對象包括兒童及婦女，並加倍照顧在發展中國家遭受剝削的一群及有需要的國家。聯合國兒童基金會的工作方向是根據聯合國《兒童權利公約》的指引。聯合國兒童基金會在全球一百五十多個發展中國家和地區提供救援，為兒童及婦女提供健康護理、營養、基礎教育、清潔食水、衛生設施及給予有需要的兒童特別保護。聯合國兒童基金會幫助各國對六種主要奪去兒童生命的疾病提供免疫接種服務及增加清潔食水供應。

聯合國兒童基金香港委員會於一九八六年成立，是全球三十六個委員會之一；其主要工作是於本港舉辦各項籌募活動為聯合國兒童基金會籌募經費，並鼓勵社會人士關注聯合國兒童基金會的工作及不幸兒童的生活狀況。

聯合國兒童基金會青年使者計劃

聯合國兒童基金會青年使者計劃是一個為中學生而設之青年領袖計劃。這計劃旨在喚起公眾對兒童權利及全球兒童的狀況的關注，讓參加者更了解聯合國兒童基金會在改善發展中國家的生活狀況以及其擔當之角色及工作成效。本計劃亦希望透過訓練及提供社會服務，啟發潛能；在促進個人成長之餘，同時亦能夠培訓青年使者成為出色的青年領袖。

Message from the Chairman of Hong Kong Committee for UNICEF

UNICEF protects the rights of children globally. The UNICEF Young Envoys Programme is a youth programme to encourage Hong Kong's youth to increase their concern for those deprived children living outside of Hong Kong. It provides a unique opportunity for our youth to understand the roles and achievements of UNICEF in improving the lives of children in developing countries. Since 1996, UNICEF Young Envoys Programme has trained over 600 Young Envoys. Through trainings, they have better understanding of themselves and the world.

In this year, 59 students have been appointed as UNICEF Young Envoys. From now on, they are responsible for promoting children's rights, caring the world and serving the society. In this summer, the UNICEF Young Envoys visited Philippines, they interacted with local children, experienced local culture, knew more about UNICEF's works in developing countries while they had reflected on themselves.

I would like to express my sincere gratitude to our major sponsor, AEON Credit Service (Asia) Co., Ltd. and advertising sponsor, Citybus Limited & New World First Bus Services Limited for sponsoring the Programme. Special thanks should also be given to the staff in UNICEF Philippines Office for their kind assistance in the arrangement of the field visit.

This publication summarizes the activities of UNICEF Young Envoys from early January 2008 to August 2008. After reading this publication, I am sure that you will know more about our programme and can share the experiences and excitements of each Young Envoy.



Dr. Robert H. P. Fung

Chairman

Hong Kong Committee for UNICEF

聯合國兒童基金香港委員會主席獻辭

聯合國兒童基金會為維護世界上每一個兒童的權利而努力。「聯合國兒童基金會青年使者」計劃的主要目的是讓公眾更關注全球兒童的狀況，鼓勵香港青少年關注香港以外地方的兒童。它為青年人提供獨一無二的機會去放眼新世界和尋找新體驗。不經不覺，「聯合國兒童基金會青年使者」計劃已是第十二年舉辦。自1996年起，至今我們已培育了超過六百位「青年使者」，他們透過各個訓練項目，加強自我認識，並加深對世界的認知。

今年共有五十九位同學被委任為青年使者。他們是推動兒童權利工作的新力軍，更是關心世界，服務社會的新成員。他們眾志成城，帶著年輕人的熱情和衝勁，以關心社會，服務社群為己任。在他們當中，部分青年使者更於今年暑假探訪菲律賓，與當地兒童交流，體驗生活，反思自我，並了解聯合國兒童基金會於當地的工作。

在此，我要衷心感謝是次活動的主要贊助AEON信貸財務（亞洲）有限公司以及城巴有限公司及新世界第一巴士服務有限公司的廣告贊助，積極協助這個計劃的宣傳推廣工作。另外，亦要特別感謝聯合國兒童基金會菲律賓辦事處的職員，他們的悉心安排使我們的探訪活動能夠順利進行。

這本刊物報導了「聯合國兒童基金會青年使者」計劃2008自今年初開始的各項活動。希望大家能藉著這本刊物更進一步認識這個計劃，並與我們的青年使者一同分享他們在當中經驗和喜悅。

馮慶彪

聯合國兒童基金香港委員會主席

馮慶彪醫生

Message from AEON Credit Service (Asia) Co., Ltd.

We are honoured to have the opportunity to support the UNICEF Young Envoys Programme 2008. The Programme, through a series of training workshops, in-school surveys & community programs, has successfully equipped a team of 59 student envoys to be young leaders. This is our very first time to sponsor such a unique programme that not only provides an in-depth support to the youth of Hong Kong in the understanding of the sufferings and needs of children worldwide, but also helps build their care & responsibility towards the world.

Guided by the corporate philosophy of "Peace, People and Community", AEON Credit actively supports charitable activities on environmental protection, education and cultural exchange. We have received the "Caring Company" Logo Award granted by the Hong Kong Council of Social Service in February 2008, in recognition of our commitment to the building of a harmonious community with the people of Hong Kong.



AEON Credit Service (Asia) Co., Ltd.

獻辭

我們很高興有機會支持這個有意義的聯合國兒童基金會青年大使2008計劃。透過一連串的培訓工作坊、校內調查及社區活動，這個計劃成功栽培了五十九名學生大使成為青年領袖。這是我們首次贊助的一項獨特計劃，它不只讓香港青年深入體會到全球兒童的困苦和需要，還積極幫助他們建立對世界的關愛和責任心。

AEON Credit 秉承「和平、人、社區」之企業理念，積極支持環保、教育及文化交流活動，以熱心捐獻和參與來回饋社會。我們於今年二月獲香港社會服務聯會頒發「商界展關懷」標誌，以嘉許我們積極履行企業公民責任，與香港市民共建和諧社區。



Message from Citybus limited & New World First Bus Services Limited

As a member of the society, Citybus Limited & New World First Bus Services Limited actively supports and participates in worthwhile causes organized by charities and social service groups to help those in need.

This year, UNICEF organized the UNICEF Young Envoys Programme again, with the aim of raising public concern about children's rights and their well being. Through training, and the field visits, the Young Envoys were able to broaden their horizons, and learned to assume greater responsibility to serve the community. We share these ideals: our mission is to improve the standard of living of our community, and we are pleased to play our part through the sponsorship of bus body and shelter space.



城巴有限公司及 新世界第一巴士服務有限公司獻辭

作為負責任的企業公民，城巴有限公司及新世界第一巴士服務有限公司一向熱心公益，並積極支持社會服務機構及慈善團體的工作，幫助有需要的人士。

聯合國兒童基金會今年再次舉辦「聯合國兒童基金會青年使者計劃」，秉承推動市民關心全球兒童權利及福利的宗旨，讓青年使者透過探訪交流活動及參與連串訓練課程得以擴闊視野及服務社群，可謂任重道遠，而這目標正與我們的理想一致：竭力為社會創建一個更美好的生活環境。我們很榮幸能夠再次贊助巴士車身廣告及巴士站燈箱廣告位置，為是次活動在宣傳推廣方面盡一分力。



Introduction of UNICEF Young Envoys 2008



1. Pun Seen Kwan Amy 潘善君 : Australian International School (HK) 香港澳洲國際學校 (年齡/Age: 19)
2. Lo Tsz Kin Ben 勞祉健 : Hang Seng School of Commerce 恒生商學書院 (年齡/Age: 17)
3. Heung Hiu Wa Debbie 香曉華 : Delia Memorial School (Hip Wo) 地利亞修女紀念學校 (協和) (年齡/Age: 18)
4. Tsai Florence 蔡欣熹 : Chinese International School 漢基國際學校 (年齡/Age: 16)
5. Li Ka Hin Gabriel 李嘉軒 : Diocesan Boys' School 拔萃男書院 (年齡/Age: 14)
6. Hui Chun Kit Jeff 許俊傑 : Diocesan Boys' School 拔萃男書院 (年齡/Age: 17)
7. Chang Chun Feng Jeffrey 張俊豐 : Chinese International School 漢基國際學校 (年齡/Age: 15)
8. Wah Yuen Tung Jenny 華苑彤 : Diocesan Girls' School 拔萃女書院 (年齡/Age: 15)
9. Ho Kar Ching Jovita 何家晴 : Diocesan Girls' School 拔萃女書院 (年齡/Age: 14)
10. Wong Lok Ching Lawrence 王樂熾 : Hang Seng School of Commerce 恒生商學書院 (年齡/Age: 17)
11. Wong Hei Man Natalie 黃希雯 : Hang Seng School of Commerce 恒生商學書院 (年齡/Age: 18)
12. Lo Hei Lam Rammy 盧希嵐 : Bishop Hall Jubilee School 何明華會督銀禧中學 (年齡/Age: 17)
13. Law Ka Kiu Victor 羅家翹 : Diocesan Boys' School 拔萃男書院 (年齡/Age: 14)
14. Lau Ka Wing 劉嘉穎 : Christian Alliance S.C. Chan Memorial College 宣道會陳瑞芝紀念中學 (年齡/Age: 17)
15. Lin Ka Wing 連嘉穎 : Christian Alliance S.C. Chan Memorial College 宣道會陳瑞芝紀念中學 (年齡/Age: 17)

聯合國兒童基金會青年使者2008簡介



1. Chan Chun Yat Arthur 陳俊逸 : La Salle College 喇沙書院 (年齡/Age: 15)
2. Leung Pok Tik Benjamin 梁博迪 : King George V School 英皇佐治五世學校 (年齡/Age: 15)
3. Chung Ping Ngai Brian 鍾秉毅 : La Salle College 喇沙書院 (年齡/Age: 15)
4. Shum Tsz Ho George 沈子豪 : Baptist Lui Ming Choi Secondary School 浸信會呂明才中學 (年齡/Age: 14)
5. Chan Chi Wai Jessica 陳姿慧 : Heep Yunn School 協恩中學 (年齡/Age: 17)
6. Wong Lok Yin Jessie 黃樂延 : Maryknoll Convent School 瑪利諾修院學校 (年齡/Age: 13)
7. Tam King Pui Juliana 譚璟珮 : Maryknoll Convent School 瑪利諾修院學校 (年齡/Age: 17)
8. Lee Lok Yi Lorraine 李樂怡 : HKMA David Li Kwok Po College 香港管理專業協會李國寶中學 (年齡/Age: 17)
9. Luo Min Yu Mandy 羅敏瑜 : Heung To Middle School 香島中學 (年齡/Age: 16)
10. Choi Cheuk Hei Milton 蔡卓熹 : Ho Fung College 可風中學 (年齡/Age: 16)
11. Cheung Mei Yan 張美昕 : Heep Yunn School 協恩中學 (年齡/Age: 17)
12. Kwok Ho Ching Serena 郭可晴 : Jockey Club Ti-I College 賽馬會體藝中學 (年齡/Age: 17)
13. Lee Wai Chi Vincci 李唯慈 : Maryknoll Convent School 瑪利諾修院學校 (年齡/Age: 17)
14. Huang Ying Ying 黃瑩瑩 : Heung To Middle School 香島中學 (年齡/Age: 17)

Introduction of UNICEF Young Envoys 2008



1. Man Shuk Ping Carrie 文淑冰 : NT Heung Yee Kuk Yuen Long District Secondary School 新界鄉議局元朗區中學 (年齡/Age: 17)
2. Leung Ka Wing Connie 梁嘉穎 : Sha Tin Government Secondary School 沙田官立中學 (年齡/Age: 15)
3. Fok Evelyn 霍智澄 : Marymount Secondary School 瑪利曼中學 (年齡/Age: 15)
4. Yu Hei Kan Gabrielle 于曦勤 : NT Heung Yee Kuk Yuen Long District Secondary School 新界鄉議局元朗區中學 (年齡/Age: 14)
5. Chen Yan Yao Judy 陳艷瑤 : Our Lady of the Rosary College 聖母玫瑰書院 (年齡/Age: 13)
6. Ng Ka Yan 吳嘉欣 : Queen Elizabeth School 伊利沙伯中學 (年齡/Age: 16)
7. Hui Tsz Kin Kenny 許子健 : SKH Bishop Mok Sau Tseng Secondary School 聖公會莫壽增會督中學 (年齡/Age: 15)
8. Tang Larissa Ho Ching 鄧皓禎 : Sha Tin College 沙田學院 (年齡/Age: 13)
9. Au Young Wing Kay Priscilla 歐陽穎琪 : Marymount Secondary School 瑪利曼中學 (年齡/Age: 17)
10. Lam Kwan Yi Queenie 林君怡 : Po Leung Kuk Laws Foundation College 保良局羅氏基金中學 (年齡/Age: 15)
11. Chan Yuen Ying Shadow 陳婉瑩 : Our Lady of the Rosary College 聖母玫瑰書院 (年齡/Age: 15)
12. Tai Sharlene 戴鐔欣 : Marymount Secondary School 瑪利曼中學 (年齡/Age: 15)
13. Lu Shirley Simiao 呂思邈 : Renaissance College 啟新書院 (年齡/Age: 15)
14. Tsang Chun Ki Timothy 曾俊棋 : Raimandi College 高主教書院 (年齡/Age: 15)
15. Shum Wing Yee Winnie 沈穎兒 : Queen Elizabeth School 伊利沙伯中學 (年齡/Age: 13)

聯合國兒童基金會青年使者2008簡介



1. Yip Tsz Chung Alan 葉梓聰 : St. Joseph's College 聖若瑟英文書院 (年齡/Age: 15)
2. Lam Tsz Yau Amethyst 林芷攸 : Tsuen Wan Government Secondary School 荃灣官立中學 (年齡/Age: 15)
3. Chu Yan Yee Amy 朱恩儀 : St. Paul's Co-educational College 聖保羅男女中學 (年齡/Age: 15)
4. Yeung Yin Tung Beatrice 楊彥彤 : St. Paul's Convent School 聖保祿學校 (年齡/Age: 12)
5. Yau Garrison 邱嘉信 : St. Joseph's College 聖若瑟英文書院 (年齡/Age: 15)
6. Jor Sze Man Jasmine 左詩敏 : St. Paul's Co-educational College 聖保羅男女中學 (年齡/Age: 15)
7. So Jessica Tze Kay 蘇孜麒 : St. Paul's Co-educational College 聖保羅男女中學 (年齡/Age: 15)
8. Chong Ching Lai Joyce 莊靜麗 : The HK Chinese Women's Club Fung Yiu King Memorial Secondary School 香港中國婦女會馮堯敬紀念中學 (年齡/Age: 19)
9. Lau Karen 劉祉君 : St. Stephen's Girls' College 聖士提反女子中學 (年齡/Age: 16)
10. Tam Kristie 譚欣睿 : Chinese International School 漢基國際學校 (年齡/Age: 14)
11. Lee Renee 李文希 : St. Paul's Convent School 聖保祿學校 (年齡/Age: 14)
12. Ku Ki Fung Sally 古淇楓 : SKH Bishop Mok Sau Tseng Secondary School 聖公會莫壽增會督中學 (年齡/Age: 17)
13. Sze Cheung Tang Steve 施翔騰 : St. Stephen's College 聖士提反書院 (年齡/Age: 16)
14. Ip Sin Ting Vanessa 葉倩婷 : SKH Bishop Mok Sau Tseng Secondary School 聖公會莫壽增會督中學 (年齡/Age: 15)
15. Lee Wing Ki Winky 李泳棋 : St. Mary's Canossian College 嘉諾撒聖瑪利書院 (年齡/Age: 14)

Orientation Day

"Congratulations! You have been chosen as one of the 63 potential young envoys ..." A sense of excitement overwhelmed every YE of the year upon reading the acceptance letter. We had finally made it after the long selection process! We were all eager for the coming of the Orientation Day and filled with expectation as we looked forward to the year ahead.

Through participating in ice-breaking games in the Orientation Day, we made a lot of new friends including fellow YE members and executive committee members of the UNICEF Young Envoys Club (YEC). The mentors assigned to us by the YEC were a pleasant surprise. After ice-breaking, our trainers, Ms Christine Kam and Ms Ashley To gave us a brief outline of future trainings. Though the program was quite intensive, we were all sure the coming time would be fruitful. Before the day ended, we wrote down our expectations of the programme, so we could reflect upon what we have gained towards the end of the programme. Although the Orientation Day was relatively short, we still had an exciting event to look forward to – that is, the Training Camp!



迎新日



「恭喜你！你已被獲選位六十三名準青年使者其中之一……」當我們每一位看到這一句時，心裡泛起一絲興奮。經過漫長的遴選，我們終於成功了！究竟接下來的活動會是怎樣？期待的心情將我們每一位帶到了迎新日。

神秘的面紗隨著迎新日的到來正式掀開。透過簡單的破冰遊戲，我們和其他準青年使者加深了認識。青年使者會更為我們每人預備了一個指導員，實在是一個驚喜！緊接下來導師簡介了我們來年的訓練，雖然行程緊密，但我們相信一定會非常充實。我們還寫下了我們的期望，看看完成整個訓練後能否達成。

迎新日時間雖短，但最令人興奮的迎新營還未開始呢！



Leadership Training Camp

The transient two-day-one-night-training camp at Ma Wan Park let us know more, see broader, and contemplate deeper. Although we were not very familiar with other groupmates and YE members at first, we got to know each other better through the experience. The activities were amazing. There were chances for us to think, reflect, and learn in every single game. For example, we needed to work together to throw the water balloon using a net from one side to the other. Without effective communication and cooperation, this task would have been impossible. As for the most impressive game, it must be when all sixty of us each used a single fingertip to hold up an enormous plastic ball. Since all sixty people must hold up at the same time and at the same speed, teamwork was essential: some people give orders, the others obey while observing the ball's movements. Dinner also proved to be a great challenge after a whole day of events: we needed to cook ourselves outdoors using limited ingredients. Also, YEs in each group were divided to learn different preparation work, such as setting the camp, burning the fire, and cooking...etc. At last, maybe what we swallowed was not the most delicious food, but it bound together all the hard works and efforts from every one of us.

We camped on the Hilltop Lookout later that night. After setting up the tents, we lied on the floor, gazed at the bright Tsing Ma Bridge, and shared with each other our unforgettable experiences of the day. We broke the boundaries, expressed whatever we wanted to say and discussed our thoughts and expectations of the future. We were once a group of strangers, but the Orientation brought us all together. Every part of the Orientation program gave us a wonderful beginning as YE. Although the training camp only lasted for two days, the friendships and experience we gained will certainly stay with us for life. Through a series of adventures, we not only developed problem-solving skills, but also built great team spirit. With this in mind, we will definitely be able to get through all challenges in the future.



訓練營

短短兩日一夜在馬灣公園的訓練營，讓我們懂得更多，看得更闊，想得更深。起初仍然對自己的組員以及其他青年使者也不太熟悉，然而透過多個不同的團體遊戲和比賽，我們對彼此亦有了較深入的了解。當天的活動實在多姿多彩，每個遊戲和活動都有值得讓我們反思、學習的地方。比方說，我們需要互相合作和配合，利用網把水球以拋的形式從一端安全運送到另一端，過程中是很需要不斷溝通和合作，否則不能完成任務。讓大家更為深刻的，莫過於六十人一起用手指尖合力「抬」起一個很大的膠波。由於六十個人必須同時以同樣速度把球托起，當中所需要的便是分工合作，有些人需要發出指令，有些人就要在聽取指令同時觀察那個球有沒有偏倚。經過一天的活動，晚飯時間對我們來說也是很大的考驗，我們必須運用所提供的食物材料去烹調，為全組預備一頓晚飯。同樣地，每組的青年使者也要各自分組去學習不同的步驟工作，例如選料、開火等等。最後我們吃進口中的也許不是最美味的食物，可是卻集合了我們每一個人的努力和心血呢！



晚上，青年使者在鳥望台上露營。我們為自己搭好「居所」後，躺在木板上，遠眺閃閃光輝的青馬大橋，分享當天難忘有趣的經歷。我們全都放開懷抱，暢所欲言，談論著彼此對將來人生的路向及期望。由本來互不相識，直至當天一起促膝長談，這一切一切都為我們整個青年使者計劃建立了一個很美好的開始。儘管訓練營只短短兩天，但是大家已經建立深厚的友誼。透過一系列的歷奇活動，我們除了提升了解決難題的能力外，還建立了團隊精神。我們在這次體驗，把青年使者精神發揮得淋漓盡致。我們相信只要結合大家的力量，定能迎接未來無數的挑戰。



Understanding of UNICEF Workshop and Presentation

In the "Understanding of UNICEF" Group Presentation held on 23rd February 2008, Young Envoys got to understand more about the issues concerning children in the world and UNICEF's work. Each group had to choose one topic from the ten topics provided, which included child labour, child trafficking, children and war, gender and education, poverty, United Nations Convention on the Rights of the Child etc. Each group adopted different styles of presentation including drama, role playing, which helped us strengthened our understanding on these issues in an interactive and entertaining manner.

In this session, we found out more about situation of the underprivileged children and what UNICEF have been doing to help them. Take the presentation of child labour as an example. The presenting group invited other YEs to join their presentation and experienced some simple working scenarios of the children in mainland. Videos were also used to increase our awareness on the problem of child labour. The most important outcome of the presentation was that we gained a deeper understanding of UNICEF's work throughout the world and the possible solutions to the problems encountered by the underprivileged.

認識聯合國兒童基金會工作坊及簡報

於二零零八年二月二十三日舉行的認識聯合國兒童基金會報告中，青年使者能夠加深對影響全球兒童的問題的認識及聯合國兒童基金會的工作。青年使者被分為六組，每組於提供的十項議題選取其一報告。十項議題包括：兒童勞工、兒童販賣、兒童與戰爭、性別與教育、貧窮、聯合國兒童公約等等。當天每組採用不同生動的報告形式，例如戲劇，角色扮演等，以增強青年使者對議題的認識。

透過這次工作坊，我們認識了需要幫助的兒童的生活情況，亦了解了很多聯合國兒童基金會的工作。童工的報告組別以遊戲方式要求青年使者體驗中國內地童工日常工作情景，又展示童工工作的短片，令人印象更加深刻。更重要的是，青年使者在這次工作坊中了解到聯合國兒童基金會的工作以及一些幫助有需要人士的解決方案。

‘Drama in Education’ Workshop

In February 2008, Young Envoys attended two fascinating and meaningful lessons of drama. In the workshop, we were not only being taught some basic skills of drama, but also provided the invaluable experience to act a do-it-yourself drama. In one section, we needed to produce a play based on a story taken from the newspaper. At first, it seemed to be a "mission impossible" for us to vivify such an ordinary story. But "two heads are better than one", with the strong sense of unity among the YEs and creativity, we managed to come up with some interesting ideas to put into our drama. If you ask us what was the most valuable lesson we had learnt in the experience, it is this: "Union is strength".



Besides, empathy and trust are two essentials of drama which we have also learnt from this workshop. To act vividly, we must fully understand the characters and put ourselves into their shoes. Empathy is thus of special importance. At the same time, trust must also be present among actors for effective cooperation so as to put on an eye-catching show. Both elements are essential for our duties as Young Envoys as well as for our personal development. We have undoubtedly gained a lot in the workshop.

話劇訓練工作坊

在2008年二月中，我們一眾青年使者上了兩課既富趣味性又有意義的話劇工作坊。在工作坊裡，我們不僅學習了一些做話劇的基本功，更有機會嘗試自編、自導、自演，藉此發揮我們的創意和體現合作精神。在其中一個環節中，我們需要分組從報紙上選出一則新聞作為題材，演出一齣短劇。要把一則平平無奇的報導，演成活靈活現的話劇，我們起初都感到有點困難。但在我們眾志成城下，加上無限的創意，各組都演得相當出色，也為大家帶來不少歡樂。從中我們也學習到，只要大家團結一致，定能衝破重重難關。



此外，我們也學習了話劇中最重要的兩個元素：代入感和信任。要演活一個角色，首先要完全明白、了解以至代入該角色，也就是代入感的表現。同時演員之間更要互相信任，才能完美地配合，共同完成一齣精彩的話劇。這兩個元素對我們當青年使者都極有幫助，也令我們能更有效幫助其他有需要人士。我們在工作坊中實在得益匪淺。

School Fundraising and Advocacy Projects

As Young Envoys, we have the obligation to spread the message of helping children and supporting UNICEF's campaign. The School Fundraising and Advocacy Projects were a good way for us to share the message with our teachers and schoolmates. Each Young Envoy selected a theme for their own school and organized activities in their own school. This was a great chance for Young Envoys to improve their organization skills and creativity. The School projects were implemented from February to May 2008 and some highlights of the activities we held are as follows:

Bake sale and Hunger Banquet (Organized by Larissa Tang)

The theme of my project, "Hunger for Education", was to promote the understanding of gender equality in developing countries which affects opportunities for learning. The main programme of my project was the Hunger Feast. Since it aimed to bring out the disparity between the "haves" and the "have nots", the majority of the participants only had 2 pieces of bread for lunch in contrast to the smoked salmon pasta with soup for the King and Queen. A powerpoint presentation was also made during the feast to arouse participants' awareness of gender equality and to bring out the "mental hunger" for education of many girls in developing countries. Although problems were encountered during the course of planning and implementation, the whole process of the school project from brainstorming and preparation to actually organizing was in fact very enjoyable and rewarding.



Orienteering activity on campus (Organized by Serena Kwok)

The theme of my school project was children's rights, which aimed to raise the awareness of children's rights, child protection and the understanding of UNICEF. The main activity of my project was the orienteering activity on campus. Information about UNICEF, children's rights or child-related issues were posted / hidden around the school campus. Students in teams of 3 or 4 were to look for the answers to questions on these topics. This was a whole new activity to students in my school. I encountered a lot of challenges during planning and implementation but I was happy to find that the activity was well-received by the students. Hopefully teachers and schoolmates in my school were able to learn about the importance of children's rights and child protection.



校內籌款及推廣活動

身為聯合國兒童基金會青年使者，我們有責任及義務推廣幫助有需要兒童的信息及支持聯合國兒童基金會的活動。校內籌款及推廣活動正是一個很好的機會去和老師及同學們分享這個信息。本年度的校內籌款及推廣活動於二零零八年二月至五月舉行。每位青年使者選取了題目後，會在自己校內一手一腳舉行一連串活動。這是一個很好的機會去訓練青年使者的組織能力，創意及領導能力。以下是一些校內活動的介紹及感受：

糕點義賣及貧富宴（活動統籌：鄧皓禎）

我以「對教育的渴求」為主題，在校內提出性別平等與學習機會的關係，喚起同學對發展中國家就此問題的認識。在貧富宴中，大部分參與者只有兩片麵包充饑，與帝后享用的煙三文魚麵包及熱湯成強烈對比，藉此帶出貧富懸殊的信息。席上，我更以簡報表達出發展中國家女童對教育的渴求。總括來說，籌備這個校內推廣活動，雖然要絞盡腦汁，細心策劃，當中不乏困難重重，但我卻享受及回味整個獲益良多的過程。



校內定向活動（活動統籌：郭可晴）

這次我在校內推廣活動以兒童權利為主題，希望能提高老師及同學對兒童權利，保護兒童及聯合國兒童基金會的認識，是次主要活動為校內定向活動。同學以3或4人為一組，需找出張貼於校園不同角落的聯合國兒童基金會，兒童權利及有關兒童的議題的資料，最快答對最多問題的組別勝出。對於我校來說，這是一個頗新的活動，所以於計劃及與學校協調方面有不少難題。最後活動得以圓滿結束，我很感激有這個機會去幫助我發展各方面於這推廣活動中的技能。希望我校的老師和同學能學習到兒童權利及保護兒童的重要性。



Social Service

Group 1: Tuen Mun Yuk Chi Resource Centre

20 Young Envoys joined around 20 derelict children aged from 4 to 11 years old in Tuen Mun Yuk Chi Resource Centre on 12th April 2008 for a morning of fun and learning. All Young Envoys actively participated in playing games like charade, being a bus driver and drawing Easter Eggs etc with the children. Some of them ignored us totally at first, but fortunately we managed to find a way to involve everyone in the end. The best part of the activity was when we talked to the children. We made them smile, we made them happy, and then we suddenly realized that we were actually making an impact on the child's life, no matter how small that was. This was an experience that reinforced every Young Envoy's sense of commitment towards the protection and help of the needy.

Group 2: YWCA

On 19th April, 2008, 20 Young Envoys took part in the YWCA day-care centre social service. The service is targeted for children who came to live in Hong Kong recently and South Asian day care children. The children and Young Envoys had a fun afternoon playing games, chatting, and enjoying afternoon tea. Although the Typhoon No.3 signal was issued and it was rainy and windy that day, all the Young Envoys felt warm inside their hearts.



Group 3: Christian Action Intergrated Service Centre for Ethnic Minorities

Our group organized an outing to Central for children from ethnic minorities on 27 April 2008. The programme aimed to provide an opportunity for them to explore areas outside their homes and to visit some common landmarks in Hong Kong. We also hoped that their understanding of Hong Kong and our culture could be enhanced. After some ice-breaking games at the Christian Action Integrated Service Centre for Ethnic Minorities, we set off for the short but exciting trip. Questions were asked and answer sheets were filled in during the trip. Each of them was also given a "souvenir pack" with a pair of chopsticks, symbolizing the Chinese culture as well as some snacks. By the end of the day, all Young Envoys had become good friends with the children and we even exchanged our phone numbers or emails to keep in touch in the future!



社會服務

第一組：屯門育智中心

二十位青年使者在二零零八年四月十二日於屯門育智中心與約二十位四至十一歲患有輕度至中度自閉症兒童一起渡過了一個美好的早上。青年使者與兒童一起玩遊戲，談天及吃茶點。一開始有一些兒童很抗拒與青年使者互動，但慶幸最後我們都找到了方法令所有兒童融入當天的活動。這亦是我們最初希望達到的效果。活動最具意義的部分莫過於是和小朋友們談天，令他們大笑，令他們快樂，在他們的生命留下足跡。這次社會服務亦令青年使者更清楚認定未來可以做甚麼來幫助有需要的人。



第二組：YWCA日間托管中心

二零零八年四月十九日的下午，約二十名青年使者參加了YWCA日間托管中心的社會服務。這次的社會服務主要是為了令新來港及南亞裔日託兒童更能融入香港的生活而設。青年使者及兒童一起玩遊戲，談天和吃茶點，渡過了一個美好的下午。雖然當天風雨交加，更懸掛三號颱風信號，但每位青年使者的內心都感到十分溫暖。

第三組：基督教勵行會

第三組的青年使者在二零零八年四月二十七日為南亞裔兒童在中環舉行了戶外活動。目的是讓他們踏出家園，探索及參觀一些香港的地標，希望藉此使他們更瞭解香港及本地文化。我們在基督教勵行會少數族裔綜合服務中心進行一些破冰遊戲後，他們便興奮地向目的地進發，沿途更要填寫問答遊戲紙。此外我們還給他們一些小吃和一雙象徵中國文化的筷子留作紀念。活動完結後，我們都成為了好朋友，並互相交換了聯絡電話和電郵地址呢！



Mother's Day Charity Sale

Organizing the Mother's Day Charity Sale has been a tradition of the UNICEF Young Envoys Program and it was no exception this year. Months before the sale, all Young Envoys were already busy in organizing and preparing for the sale, which took place on 10-11 May 08. Most young envoys were so exhilarated that they couldn't sleep days before as they were looking forward to such a meaningful event. The weather, a day of scorching sun and tender breeze, was simply a perfect match with the sale. The young envoys were divided into groups and assigned to different venues around the city. A wide variety of goods were sold, from towels to mother's day cards, soft toys to flowers. All funds raised were donated to UNICEF.

The event was a great success. Despite the long hours of work, all participants gained a strong sense of satisfaction upon the selling of these meaningful products. Some volunteers even claimed that the sale was one of the most meaningful events they had ever participated in. As the old saying goes, "to help others is the source of happiness". This wonderful experience would stay with all YEs and remind them to help whoever it is that may be in need.



母親節義賣

一直以來，母親節義賣都是聯合國兒童基金會青年使者計劃的重點活動之一，零八年的計劃亦然。早於義賣前的一兩個月，青年使者們已忙碌地籌備今次的活動，他們都對於二零零八年五月十日及十一日舉辦的義賣十分期待和興奮。當日陽光普照，恍似是上天對是次有意義的活動的祝福。青年使者們分組到全港多個地方向途人推銷各式各樣的貨品，花、毛巾、玩具和母親節賀卡等等，籌得的善款則全部捐予聯合國兒童基金會。

是次活動十分成功，儘管青年使者們在長時間的推銷後疲憊不已，他們都得到偌大的滿足感，部分人更認為這次的義賣是他們所參加過中最有意義的活動之一。「施比受更有福」，這次的經驗都青年使者們留下美好的回憶，並提醒他們時常要伸出援手，不要吝嗇自己的一點力量。



Retreat Day

Retreat Day, which was a function newly introduced in the Young Envoys Programme last year, has been taken place again this year, as one of the last events of the programme, just before the Appointment Ceremony. It allowed us to review and evaluate the whole programme in the past six months. Over the period, we have tackled challenges and finished the tasks with perfect teamwork. This built up bonding and friendship between all of us, and also strengthened our confidence and widened our cognition about the society.

In this event, the atmosphere was harmonious and the laughing was ceaseless. Besides watching photos of our participations in the previous events, we played several games on that day. They were "drawing myself after joining Young Envoys Programme", "a letter to myself after one year" and a game designed by the former Young Envoys, which was basically making fun of the others. Through playing these games, we deeply assured that we should care more about the people around us, even a stranger. The more we care for people, the more warmth in the society, and the more harmony in the world. Whenever it is in the future, we will maintain our mission and stand on our principle. At the end of the day, all of us were cheerful but reluctant to part. However, not far in the future would be the annual Appointment Ceremony that we have been looking forward to. Retreat Day let us penetrate again with different feelings of the past experience. Wish this meaningful event will continue in the future.

退修日

退修日是上一年青年使者計劃新加入的活動，而在今年也同樣進行。這可算是一個邁向完結、年終委任典禮前的活動，目的就是讓我們回顧及檢討整個計劃。回顧半年，青年使者合作無間，完成一項又一項的訓練，不僅建立了彼此的友誼，還增加了青年使者的信心和對社會的認知。

在這次活動中，氣氛相當融洽，笑聲此起彼落。活動當天，我們不僅看了在半年裏的活動照片，還玩了一些遊戲——繪畫參加青年使者後的自己、給一年後的自己的一封信，還有由上一年青年使者設計的捉弄遊戲。通過遊戲，我們都知道我們應該多關心身邊的人，儘管是陌生人也應該給予關心，多一份關心，多一份溫暖，多一份和諧……無論什麼時候，我們都堅持著我們的使命，我們的原則。活動完結的一刻，大家的心情都是輕鬆愉快，而帶點依依不捨的，但向前看的也就是不久的委任典禮。退修日讓我們重新體會過去半年的經歷和感受，願來年也將這個意義深遠的活動延續。

Appointment Ceremony



In every UNICEF Young Envoy's calendar, the ninth of June must have been circled with sharp, bright red colour, since this was the day that 59 of us had been highly looking forward to - the annual UNICEF Young Envoys Appointment Ceremony. In the past six months, we had paid much time and hard work so as to fulfill the duties of being a potential UNICEF Young Envoy. The missions of UNICEF were deeply embedded in our minds and being officially appointed as Young Envoys was our pride and glory. As time flew, the grand ceremony finally arrived. This year, UNICEF had invited Mr. Masanori Kosaka, Managing Director and Mr. Derek Lai, Deputy Managing Director of AEON Credit Service (Asia) Co. Ltd; Mr. Gilbert Mo, Chairman, Advocacy & PR Department, HKCU; Dr. Maggie Koong, Vice-Chairman, HKCU; and Ms. Gigi Leung, Ambassador of HKCU as our honorable guests, to witness the births of the 59 Young Envoys of Year 2008.

Up on the stage, as the Young Envoys received the Certificate of Appointment, our smiles widened with glee. From that moment onwards, great responsibilities have landed on our shoulders. So as to celebrate China being the host of the 2008 Olympic Games, we had designed six torches, in which the words, Unity, Novelty, Integrity, Compassion, Empathy, and Faith were noted on the torches respectively. Adding their first letters together, it could also be read as "UNICEF". Six representatives of the Young Envoys passed the torches on to the guests of honor, who "stuck" them to the hands of the children on the backdrop. Meanwhile, the message of delivering our love and care to the developing countries was delivered. In order to express our deepest gratitude to our instructors who had devoted much time and effort in training us, we have prepared several performances for them. Uncountable happy scenes of being a Young Envoy were still printed clearly in everyone's mind. We put those unforgettable scenes in a drama and presented to the audience. In each scene, strong and unbreakable bonding between Young Envoys was shown. Last but not least, we sang two edited songs, which were "最佳損友" and "We Are Ready", announcing proudly and joyfully to all the guests and audience, "WE ARE READY!" Yes! We are truly ready! We are ready to set off to the whole world, to pay close attention to women and children, to call upon peace on the Earth, and to thaw the ice between countries!



委任典禮

在每一位青年使者的日曆裡，六月九日這個日子必定被一個又紅又大的圓圈圈著，因為那天正是我們五十九位青年使者滿心期待的委任典禮。在過去半年，各青年使者都付出大量的時間和努力，履行青年使者的職責，身肩著聯合國兒童基金會的使命，幫助兒童及協助婦女和女童融入社會等工作。因此，被正式委任成為聯合國兒童基金會青年使者，身肩著這重大責任，是我們的光榮，是我們的驕傲。日子一天一天的過，「聯合國兒童基金會青年使者計劃二零零八委任典禮」終於來了。今年的青年使者典禮，聯合國兒童基金會請來AEON信貸財務（亞洲）有限公司董事總經理小_昌範先生、AEON信貸財務（亞洲）有限公司副董事總經理黎玉光先生、聯合國兒童基金香港委員會推廣及公共關係委員會主席毛錫強律師、聯合國兒童基金香港委員會副主席孔美琪博士以及聯合國兒童基金香港委員會大使梁詠琪小姐作嘉賓，見證著2008年青年使者的誕生。



2008年青年使者從嘉賓手中接過證書，展現著燦爛的笑容。從那一刻起，重大的責任已降臨於我們身上。為了同時慶祝今年中國作為奧運舉辦國，我們準備了六支小型火炬，分別在上寫著團結（Unity）、創新（Novelty）、誠實（Integrity）、同情心（Compassion）、關懷（Empathy）、以及信念（Faith）的字詞，合併起來更代表著聯合國兒童基金會（UNICEF）。六位青年使者把小火炬傳到嘉賓們手上，再「傳遞」給佈景板上的兒童，以運送火炬代表將愛和關心帶給發展中國家有需要的兒童，為我們五十九位青年使者考察之旅進行啟動儀式。此外，為了答謝聯合國兒童基金會及導師循循善誘的教導，以及一直以來給我們的支持和鼓勵，努力灌輸兒童權利等知識給我們，我們更精心排練了幾項表演在典禮中感謝她們多月來的努力。過去半年的片段至今依然歷歷在目。青年使者們以話劇形式把過往大家的活動片段一一演了出來，從每一個片段也盡顯我們之間強烈堅固的友誼。此外，我們更以美麗的歌聲唱出改編了的《最佳損友》及奧運主題歌曲《We Are Ready》，向在場的觀眾大喊：「我們準備好了！」是的，我們真的準備好了！我們準備好「向世界出發」，去實踐我們「挑戰自己，放眼世界」的抱負，去關注及幫助世界上有需要的婦女及兒童，去作呼籲並維繫國家和平，去融化國家與國家的隔膜！



Field Trip to Camarines Norte, Philippines

往菲律賓北甘馬錫省的考察

Itinerary 行程表



Day I 第一天 (21-7-2008)

Hong Kong » Manila » Naga (capital of Camarines Norte)
香港 » 馬尼拉 » 那加 (北甘馬錫省的省會)



Day II 第二天 (22-7-2008)

- Visited medical centre, Kabihugs- Batobalani, Paracale RHU
探訪醫療健康服務中心
- Visited child-friendly school, Batobalani Elementary School
探訪友兒學校





Day III 第三天 (23-7-2008)

- Visited Day Care Centre in San Roque, Mercedes
探訪日間托兒所
- Visited Breastfeeding Centre in Calangcawaan Norte, Vinzons
探訪母乳餵哺中心



Day IV 第四天 (24-7-2008)

- Visited Halfway Home for Women and Children, Bagasbas, Daet
探訪為受家庭暴影響的婦女及兒童而設的中轉中心
- Meeting with Kabataan News Network
與KNN的聚會



Day V 第五天 (25-7-2008)

Camarines Norte » Legaspi Airport » Manila
北甘馬錫省 » 萊加斯皮機場 » 馬尼拉



Day VI 第六天 (26-7-2008)

- Visited Philippines UNICEF Office
參觀菲律賓聯合國兒童基金會的辦事處
- Manila » Hong Kong
馬尼拉 » 香港



UNICEF aims at upholding the four rights of children - rights to survival, development, protection and participation. In Philippines, there are works and services done by UNICEF to improve the implementation of the United Nations Convention on the Rights of the Child (UNCRC). On the other hand, some problems still exist as we have noticed from the field trip.

聯合國兒童基金會的宗旨為提倡兒童的四大權利——存活權、發展權、受保護權及參與權。在菲律賓，聯合國兒童基金會實行了不同的發展項目，以改善當地婦女以及兒童的生活狀況。雖然，在聯合國兒童基金會不斷的努力底下，當地兒童的生活水平已經提升了很多，然而從我們是次的考察團的所見所聞，有部分關於兒童的問題尚未解決。

1. Right to Survival - Medical Care & Breastfeeding

26 new-born babies out of 1000 can't live and 9 mothers die every day in Philippines. Obviously, hygiene and nutrition are very poor. Medical centers are set up there but many Filipinos, especially those in remote areas, may be too shy or conservative to go for body check. Besides, malnutrition is also common for kids and women. Despite that, breastfeeding promotion has been going quite successfully. 34% infants under six months old are exclusively breastfed.

一. 存活權——醫療及母乳餵育

在菲律賓，每一千個新生嬰兒便有二十六個夭折，每天有九位母親因難產而死。明顯地，當地的衛生欠佳，營養亦不足。孕婦思想較保守，因害羞不願前往醫療中心作身體檢查，遑論那些住得偏遠的孕婦。除此之外，小孩與婦女營養不良的情況十分普遍。雖然如此，母乳餵育的推廣還是頗成功的。百分之三十四的嬰孩（六個月大或以下）都完全地以母乳餵哺。



Medical Centre in Batobalani, Paracale:

On the first day of our visit, we were able to visit the Medical centre in Batobalani, Paracale. It serves as a centre where it provides services for basic clinical check-ups. For example, pregnant women pay a visit for regular check-ups. It keeps records of children which are just born to ensure that they are in good shape and are not malnourished. It also educates women on breastfeeding, counsels women who are facing difficulties and even provides dental check-up services. With so many services, you might have imagined that it is at least a two storey air-conditioned building where there are a lot of nurses and doctors. Yet this is not the case. It is an outdoor clinic where there are only basic facilities, not even an electronic weighing machine. Pregnant women are not willing to go to do their check-ups and a lot of children there are problems of nutrition. Mothers do not know when their babies are born and doctors have a hard time trying to access their health conditions. "This is the only pregnant patient who comes in this village" a doctor says. In such a rural village like Camarines Norte, you can imagine how poor the situation is.



Batobalani的醫療中心：

第一天，我們探訪了位於Batobalani的醫療中心。那裏提供了不同種類的服務，包括基本的身體檢查、孕婦的健康檢查、初生嬰兒健康狀況的記錄、甚至牙齒檢查等等。中心更會教導母親們母乳餵哺的技巧和對身處困境的女性施以輔導，協助她們走過難關。可能你會認為，有著各種各樣的醫療服務，準會是一座樓高至少兩層，有許多醫生護士工作，提供冷氣設備的大樓吧！可是，實況並非如此。那祇是一間室外的小診所；設施是有的，但卻很不齊全，連最基本的電子磅也沒有。許多孕婦不願到中心進行檢查，不少兒童也面對着營養失調的問題。母親們不清楚胎兒的出生日期，醫生亦很難作出診治。探訪期間，一位醫生對我們這樣說：這是唯一一位來檢查的孕婦了。在偏遠的農村，北甘馬錫省的情況，實在令人擔憂.....



Breastfeeding Centre in Calangcawan Norte, Vinzons:

The Government of the Philippines advocates breastfeeding, especially in recent years, after knowing that breast milk has higher nutritive value. Besides, as breastfeeding does not cost any money, it is getting more common not only in the Philippines, but also over the world.

Women in the breastfeeding centre in Calangcawan Norte, Vinzons learn how to breastfeed their babies and the correct skills of breastfeeding their babies. Meanwhile, they can enjoy the body check services which are free of charge. However, due to the premature facilities, women cannot have the advance body check services. To estimate the date of the birth of a baby, for instance, the staff in the centre will just measure the size of the embryo. Surely, this is not an accurate and effective method.



Generally, women breastfeed their babies in the first sixth-months. After that, they give some paste to the babies. If they have not enough breastmilk, they will eat some vegetables and drink some soup as well as water to help. Actually, not many women are willing to come to the breastfeeding centre to learn breeding skills or have body check because they are ignorant and traditional-minded. This implies that the Philippines government still has to spend effort on educating the pregnant women.

Calangcawan Norte, Vinzons的母乳餵哺中心：



近年來，菲律賓政府大力提倡母乳餵哺。研究結果顯示，母乳比一般奶粉有更高的營養價值，加上母乳餵哺可以節省不少金錢，故此，母乳餵哺開始在全世界普及起來。

Calangcawan Norte, Vinzons的母乳餵哺中心教導女性如何餵哺母乳及其他正確的育嬰技巧及知識。同時，她們亦可以免費享用中心的身體檢查服務。不過，由於中心欠缺先進的設備，所以她們未能得到完善的身體檢查服務，如中心的職員只會靠量度胎兒的大小去估計產期，這顯然是不準確及沒效率的方法。

一般而言，當地的女性在嬰兒六個月大的時候，就會以糊狀食物替代母乳。當她們沒有足夠的母乳，她們會多吃蔬菜及多喝湯水以補充身體的水分。由於當地女性無知及受到傳統觀念影響，只有小部份的女性會到這間中心學習育嬰技巧及檢查身體。由此可見，菲律賓政府仍需要調撥更多的資源去教育這些孕婦。

2. Right to Protection - Halfway Home for Women and Children, Bagasbas, Daet

Child abuse is a serious problem in the Philippines. Fortunately, Halfway Home for Women and Children was set up in Philippines to protect those children from getting abused. Halfway Home works with the Police Department. Once a child abuse case is reported, the child will be under police's protection and sent to Halfway Home after finding his/ her testimony. The trainers in Halfway Home teaches them different skills and trains them to be more independent. They will be sent back home as soon as they are ready to go.



Most of the victims in the Halfway Home are girls. Most of them are sexually harassed or beaten up by their fathers. To help them to forget about the unpleasant experiences, the centre only allows permitted visitors to visit the centre. On Sundays, the children can go to the beach to relax. However, the centre is short of resources and there is only one centre in this district. A policewoman said that some of the abused children need to walk a long way to get to the centre and this creates a good opportunity for the abusers to escape. This makes them difficult to arrest them. She pointed out that the government should give more support to them or build more centres to benefit the abused children.

二. 受保護權 — Bagasbas, Daet 婦女及兒童的 Halfway Home

在菲律賓，兒童受虐待是一個嚴重的問題。幸好有中轉中心的設立，去保護這些過案中的受虐兒童。中轉中心主要和當地的警察部門合作，當有虐待兒童的個案發生後，警察會將受害者送到安全的地方，再安排他們到庭上作證，最後在案件結束後，便把他們送到中轉中心。兒童在中轉中心主要會學習不同的生活技能，學習獨立生活，待他們心理調整完畢後，便會送他們回家。



中轉中心受害者大部份是女童，她們大多是被父親性侵犯或虐待。中轉中心為了幫助她們忘記痛苦的記憶，除了限制她們的家人探訪兒童外，他們還在星期天帶他們到沙灘，為她們提供不同的活動，以舒緩她們的情緒。可是，中轉中心的資源不足，該地區只有一個同類型的中心，一名女警指出由於有些受害者的家離中心甚遠，造就了虐兒案中的犯案者逃走的机会，令搜捕工作更加困難，因此她希望政府能提供更多資源，令他們能更有效地解決兒童受虐待的問題。

3. Right to Development - Education

The Philippines government has established Child-Friendly Schools in many villages under the Child-friendly Movement to provide the populace with a free facilitated place for studies. Yet, the fact that every 40 students share one toilet on average implies that sanitary system is insufficient. Anyway, the drop-out rate in other schools is relatively much higher with half of the grade-one students abandoning their education due to the lack of early learning experiences. To tackle this, UNICEF has opened some day care centers with free pre-school education.



三. 發展權 — 教育

在響應「友兒運動」的大前提下，菲律賓政府為了提供一個免費而設備齊全的學習環境給菲律賓的兒童，在多個村落建設了「友兒學校」。不過，當地的學校環境並不是十分理想。當中，平均四十個學生共用一個廁所的實例說明當地的衛生設備並不足夠。話雖如此，其他學校的退學率的而且確比友兒學校的相對地高出很多。在當地的其中一所小學，一半的一年級生因缺乏學前教育趕不上進度而中途退學。為此，聯合國兒童基金會開設了數間日間托兒所，免費給予小童學前教育。

Batobalani Elementary School:

The moment we stepped into the school, a crowd of students rushed towards us. They kept saying "hello" to us and some of them came to us for signatures too! The lovely students even had already prepared some wonderful performance for us, they welcome us by dancing, singing and playing musical instrument. This once again let us feel their enthusiasm. Through their performance, we found them were very talented. While we were sitting on stage to enjoy the performance, we busily signed for the students who kept passing their notebook to us from two sides of the stage.



Later on after the performance, we observed how the students attended the lesson. Through our observation, every student took the lesson seriously. Under the high temperature and lack of teaching material situation, the students still loves learning very much. I saw them answering teacher's questions and went out of their way to study hard. In addition, we have found how lucky we are in Hong Kong.

After the observation, we joined the session which gave us opportunities to interview the teachers who taught in the school. After the interview, we knew more the meaning of Child-Friendly School. At the same time, we understand the education problems brought by the local education system and facilities.

Batobalani小學的學校探訪：

我們踏進校園，便有一群一群的學生圍著我們打招呼，問候，要簽名，熱情得很。面對他們的熱情，我們亦被感染了。他們更為我們準備了精彩的表演，以跳舞、唱歌及演奏樂器來歡迎我們，又再一次令我們感受到他們的熱情。在台上的我們收到一張又一張的紙張，一本又一本的小簿，忙碌地替小孩簽名。



接著我們開始觀課，不斷地有一雙雙好奇的眼光望向我們。觀察所見，當地的孩子上課都很用心。在炎熱，欠缺教材的環境下還如此好學。另外，他們還會有小組的活動。看見他們在設施不足的情況下仍積極地學習亦給了我們很多反思。下課後，我們在和當地老師作交流。我們加深了對友兒學校的認識。同時亦透過了解當地的教育系統及設施等有關當地教育的問題。

Day Care Centre in San Rouques, Mercedes:

The facilities in the Day Care Center that we visited are actually quite good. Outside the Day Care Center, the place is not so big but with quite a lot of entertaining facilities such as a slide, a see-saw and together with the swings. All of these were donated by UNICEF, providing the children there with entertainment and allowing them to develop better friendship.

Inside the classroom, the facilities are as same as those the kindergarten in Hong Kong except without air-conditioning. There is a toy corner, a fish globe together with some basic facilities like chairs and desks. They were also donated from UNICEF. Having these facilities, children can receive better education and learn more effectively.

For their lessons, they learn some simple vocabularies, sing songs and do some simple works with their books (e.g. they have to draw on their books). However, as we see, only a few of them have their own books. Some of them who haven't got any books have to share with their classmates during the lesson. For the number of teachers, the teachers to students' ratio is about 1:10 (there are around 30 students and 3 teachers in the same classroom.) It is similar to the situation of kindergarten in Hong Kong.

After the lesson, they went to the playground and enjoyed the facilities that provided by UNICEF (just like swing and teeter-totter). One thing that I still remember is they know how to give precedence out of courtesy! They let us join with them and we had a wonderful day with them.





San Rouques, Mercedes 的日間托兒所：

在我們參觀的日間托兒所中，那裡的設施可以算是不錯了。在日間托兒所外面的一個空地，地方不算是很空曠，但設施卻蠻豐富，例如有滑梯、搖搖板、鞦韆等等，這些遊樂設施都是由聯合國兒童基金會所捐贈的，除了讓小朋友增進友誼外，亦為中心之中的小朋友提供閒時的玩樂。

而在我們參觀的課室裡，除了沒有空調之外，設備跟香港的幼稚園差不多，有遊戲室、魚缸等等。而一些基本設施，課室之中也有，有如由聯合國兒童基金會捐贈的椅子、桌子等等，亦為當地的小朋友提供了基本的教育設施。

在上課方面，他們會在上課期間學習一些簡單的詞，做一些小朋友感興趣的事（例如在書本的圖案上填色）。可是，據我們所見，並不是所有學生都擁有自己的課本，只有少數的人可以玩填色遊戲，而另外一些在沒有書本的情況下，只能在班房與同學嬉戲。在老師人手分配方面，一間日間託兒所有約三十多位學生，而老師有三至四個，大概一對十，比例與香港幼兒園差不多。一到小息，學生們一窩蜂地走到室外的遊樂場玩，小小的遊樂場堆滿了學生，滿佈了純真的歡笑聲。縱使遊樂場的設施不足，他們也讓了些位置給我們與他們同樂，小小的年紀已懂得如何禮讓，實在難得。



4. Right to Participation - Meeting with Kabataan News Network (KNN)

A for accurate.

W for wise.

E for efficient.

S for superb.

O for optimistic.

M for marvellous.

E for enthusiastic.



A-W-E-S-O-M-E! AWESOME!

These are the qualities to become a member of KNN. Be careful! It's K-N-N, not CNN (Cable News Network). KNN stands for Kabataan News Network, which is the 'youngest' and most professional TV program production team in the Philippines.

Created by Probe Media Foundation, and with the cooperation of UNICEF, KNN was created to encourage the Filipino Youth to use and develop their talents to draw attention to various kinds of social issues. The weekly 30-minute programme is broadcasted within the whole country, just like the mini version of '60 minutes'. Yet, the quality of 'KNN express' is far more than the 'YouTube' production'.

What we saw and experienced were not stored only inside our mind or literally in our dairies. But, they were also recorded in KNN's camera. On the fourth day, some of us were interviewed by the team. What they carried was not the portable digital video cameras we brought during our picnics, but the heavy and bulky one used by the TV stations. And they could precisely reflect the real cases and figures to their targeted audience. With their friendly and casual way of report, teens could find more easily to learn about the current problems within their country. Undoubtedly, KNN is a real role model of the work on child's participation for others.

Their passion did not lead them only to become KNN workaholics, yet, the good friends of the twenty three of us. Without them, laughter could be shared only among the young envoys. Smiles and cheers were hardly hidden from their faces. These components embellished our trip, also, generated another ever-lasting bonding with the Filipinos.

What we understood was not confined only to the poor condition in the Philippines, but learnt to be sanguine and passionate. Without any of the aforementioned qualities, nothing can be done. Therefore, we sincerely hope the KNN could continue its legend! Angelo, Donna, Melissa, Monica and Kristin, THANK YOU! YOU GUYS ARE AWESOME!

四. 參與權 — 與 Kabataan News Network (KNN) 的交流活動



十四歲便盼望成為美國有線新聞網絡主播（CNN）？哈哈！也許勞工法例也不允許吧！不過，世事無絕對，美國跟香港也不行？但在菲律賓的他們早已一嘗一手包辦拍攝、訪問、採訪等，各個新聞報導製作的崗位！

由Probe Media Foundation及聯合國兒童基金會共同孕育的Kabataan News Network（KNN），早於二零零六年開始運作。成立此「電視台」的目標是希望菲律賓青少年透過製作新聞特輯，以提升他們對各種社會議題的認知和意識。不但KNN的成員遍佈全國，就連他們的節目也是全國播映。雖然每星期只播映一次，每次約三十分鐘，但質素不被任何一個大型電視台的製作遜色！

在六日的旅程中，KNN的五位「熱血」青年一直陪伴著我們整隊的人四處參觀UNICEF在省內的設施。到了四天，三位青年使者亦有幸被訪問。看到的，不只是他們認真工作的態度，更令我佩服的是他們攜帶著的攝影工具！尤其是那個又重又大的攝錄機，是在電視中看到攝影師用的！從他們的製作中看到，主描們不但能準確地如實反映菲國青少年和兒童的問題外，更大量用朋輩的語調報導。絕對令年青的觀眾對自身和全國的情況更容易理解！由此可見，KNN的專業精神是不容置疑的！更值得學習的是，菲國在兒童參與權利上的發展進程！

放下工作後，他們的臉上掛著的不再是一絲不苟的眼神，卻是帶著甜美的歌聲和笑聲。他們那種樂天的性格為我們了旅途添上無盡的色彩和歡樂，更慶幸的是為「中菲」友好關係付出了些許綿力！一段段的友誼由旅程的展開到這一刻也是緊緊的扣著，是另一個非常美好的回憶。

菲國之旅令我們體會到的不只是落後的一面，但領悟到的是樂天知命的重要性！因此，就算旅程完結了，我們這二十三名的青年使者會非常珍惜是次能擁有兒童的參與權！不過，我們也不忘要多謝KNN的五位青年使者！

Angelo, Donna, Melissa, Donna and Kristin, 多謝你們！

Sharing of UNICEF Young Envoys 2008

聯合國兒童基金會青年使者2008分享

Amy Pun 潘善君

This year is the most meaningful year in my life. I attended weekly projects through this whole year. Before, I had participated in community services and other workshops but they were not as wide-ranging as the ones I had in this Program.

Two of my most memorable experiences were, taking an ethnic children group to places in Central and the Mother's Day Charity Sale. The tour with the ethnic children was a wonderful and special experience which I believe I would hardly experience it if I didn't join the YE Program. I would even not pay attention to the ethnic groups in Hong Kong and be one of the busy Hong Kong people, being ignorant about different people around us, living with us in this small community. Through that experience, I had even learnt how to deal with little children and I've found out that, I really enjoy playing with them! They reminded me of my childhood. Childhood is always the best times in life!

The other memorable experience is the Mother's Day Charity Sale. That was not the first time for me doing Charity Sales but it was the greatest one! Why? Because it's MOTHER'S DAY! It is actually because I saw a lot of people trying to get their mothers cards from our little counter. There were little children, teenagers, even adults. They were all saying things like 'Let's get one for Mummy' or the fathers would ask their children, 'Do you want to get the cards for Mummy?' and of course the children would answer YES, (please)! Ha-ha... Those scenes were quite touching. Because it showed the strong kinship of their families! Through the YE Program, I've realized that I feel happy easily when there are warm scenes happening in life around me!

I really enjoyed the year of great experiences held by the UNICEF Young Envoys Program. The experiences helped me to appreciate my life and made me realize how lucky I am. It's, however, a pity that time flies....it has been a year already! I am sure what I experienced throughout this year is unforgettable in my life!

Great thanks to Christine, Ashley and UNICEF!

Arthur Chan 陳俊逸

Living under the bliss of a warm family, I never knew the true meaning of poverty and the agony that many of the children around the world are facing. The UNICEF Young Envoys Program lighted the dark up and I was shown the many faces of poverty and the steps we can take to combat it.

The problem requires understanding, compassion and a determination to make a difference. Throughout the program, I was given the opportunity to lay my hands on the actual work and to take part in bringing joy to these unfortunate children.

An encounter with an ethnic minority child taught me a crucial lesson, that is, "charity is not giving the dog a bone, but to share with the dog what you have". I always thought I was the one giving, giving my time and effort into helping the little kid. But what I saw that day was the effort and time and the heart he put in to participate, I saw that he, too was trying his best to contribute to this program, that he too was trying to get the most out of what I was trying to teach him, that he too was giving to receive. As much as we seem to be the ones sacrificing, the real picture is that we're sharing an experience, and together, we and the needy are striving to make the world a better place.

With this in mind, I believe it is of our human nature to realize that taking that one more step towards charity is not a hard step at all. If they are willing to give so much, what else is in our way? Now that I am truly a young Envoy, I will achieve to my very best to help with the situation today and make a difference. For in this world still immersed in a sea of problems, "Yes we can" is all we need to lift it up and bath it in the glories of the sun.

Brian Chung 鍾秉毅

Seven months of wonderful times with all the Young Envoys have passed in a blink of an eye. I had once been looking forward to the programme with eager anticipation, and it undoubtedly doesn't disappoint me. Memories are now flashing through my mind on and on. We laughed, we cried, we suffered, yet we overcame every ensuing difficulty. And now, I really miss the opening ceremony, the drama workshop, the FOU day, the service project... and most importantly, my dearest friends. With your company, I can now confidently proclaim that I am mature enough to take the responsibility as a Young Envoy, and help every one in need in the community. I hope, and I am sure that this programme is just the beginning of our future voluntary work, as well as our precious friendship.

Beatrice Yeung 楊彥彤

Hmmmm..... Let's see what I am like before I participated in UNICEF Young Envoys Program 2008. I was introvert, soft spoken, and shy. However, after this amazing year with UNICEF Young Envoys Program 2008 along every step I took, I became an entirely new person. Everything I learnt from UNICEF is something valuable that will last a life-time; every friend I made in UNICEF is some of the best ones in life; every piece of memory I got from UNICEF will stay beside me throughout my whole life. UNICEF Young Envoys Program 2008 was a truly amazing program that is beyond words.

UNICEF provided us with unique chances for us to render assistance to the less privileged, such as contacting with autistic and mentally-handicapped children, and selling mother's day cards to raise money for the needy. Through organizing and participating in this cross-border program, I equipped myself with leadership skills and cultivated team spirit. Most importantly, I cultivated friendship with like-minded people which gave me an opportunity to evaluate my personal situation against the others, and therefore improved my weaknesses and set my life goal.

On the whole, UNICEF Young Envoys 2008 was a once-in-a-lifetime experience for me which I would never forget. It was a great experience for me, especially the fact that I had learnt invaluable lessons that I would never have learnt in elsewhere. Most importantly, UNICEF gave me a chance to realize my goal in serving others, and also the dream of a better world.

Ben Lo 勞祉健

Time really rushes quickly. In the programme, I have experienced various talents, such as learning how to present my own idea clearly, how to plan some suitable activities for our target people, how to implement a big project inside my school and the suchlikes. I do miss every single precious moment with all of the YEs. Still remember how thrilled were we in our camp? And how many dramas have we all attended throughout the programme? It must be my pleasure to meet you guys here. Time does go but our friendship will never alter. Wish you all a bright future!

Connie Leung 梁嘉穎

Looking back, since the day I was informed of being enrolled as one of the UNICEF Young Envoys 2008, my life is always abounded with joy and excitement. Throughout the half-year packed schedule, those nights burning the midnight oil, the time spent with friends laughing and chatting...I realize how meaningful life could be as long as we are willing to serve, and how fun serving actually is. We exerted every chance to enrich our eyeshot and have created our most vivid memories of a life time. It is indeed my great luck to become a part of this program and I have had such a good time with it! Although the program has reached its end, I am glad that I have nothing to regret about anymore.

Gabriel Li 李嘉軒

We are ready! Yes. We are ready to be YE 08!

Everything passed so quickly, and it was not until now that I recognized the programme had nearly come to the end. From the Orientation Day to the field trip, we had nearly spent eight months together, working and laughing, sharing the same goal, achieving impossible tasks and working out miracles. In these eight months, there was so much that we had accomplished. Uncountable tasks and projects, presentations and training sessions, yet never had any of us felt bored or annoyed with them. It was always full of laughter when we met each other, from formal meetings to informal gatherings. We were like a family, sharing a special bonding within each other that made every one of us initial and ineligible. Everything would not have become possible without anyone of you.

Thinking back on our achievements, they all seem to be wonderful memories and fruitful experience for me. Social services programme was definitely an unforgettable one when we were all running along the streets in Central with kids from different countries. School project was another tiring yet meaningful assignment. Although a lot of preparation work was required, when I looked back at the results achieved, there was always a smile on my face. Appointment Ceremony was really a big show. It showed our intelligence in various aspects and our unity between each of us.

The coming field trip would definitely be another extraordinary event for all of us. Sometimes when I sit down in the afternoon on every Saturday, I think I am missing something - the laughter, the unstopped chatting, the caring words.....

我愛你地・我愛 YE 08!

George Shum 沈子豪

Before joining the UNICEF YE programme, I knew only a little about the children in poor conditions. After joining this programme, I found that I am so lucky that I live in such a good condition and I have to treasure everything I have.

This programme really teaches me a lot, besides, teaching me the serious problem that some children facing, I also learnt how to cooperate with the group and to prepare for a social service. This improves my leadership skills and communication skills.

In this programme, the most unforgettable part is the service in Tuen Mun Yuk Chie Resource Centre. We played games with them. I found they were so pitiful, and how poor their condition was. I hope that one day I can help them to change their life.

This programme really teaches me a lot and it is such an excellent programme.

Gabrielle Yu 于曦勤

Each day is a blank page in the diary of your life. The pen is in your hand, but the lines will not all be written. Some will come from the world and the circumstances that surround you. How can our diaries become full of joy? I think the answer is joining the Young Envoys. I have much fun while I was participating this programme and all activities are unforgettable. During the orientation day, we first meet the others. At first, I am a little bit inactive and do not say much. However, in the orientation camp, I am infected by my teammates' laughter and become more active. There are many activities and difficulties waiting us to overcome and we just try our best to solve all the problems. Also, in the visiting of the autism, which is also a difficulty to me, we learn the importance of communication. We also learn how to be patient. Even though they sometimes would ignore you or did not listen to you, we must not be bad tempered and we still need to talk to them and try to encourage them to join the games designed by us. It is really a big challenge to me.

At the retreat day, we all feel disappointed as it symbolizes the end of the programme. Although I have experienced nine fruitful months, I think it was not enough. I want to continue my training in UNICEF, and continue my enjoyable days with my friends in UNICEF.

Each day is a blank page in the diary of your life. The pen is in your hand, but the lines will not all be written. After joining this programme, I think my diary is full of joy and meaningful experience.

Jenny Wah 華苑彤

I am glad to be appointed as one of the UNICEF young envoys this year. Through joining this meaningful program, I find out more about the work and objectives of UNICEF and also I have a better understanding of myself as well. The activities and trainings in this program broaden our horizons. I should say the training camp was one of the most remarkable activities. It was only the second time we met each other. At the beginning, many of us felt shy and the atmosphere was very strange. Luckily we got to know each other deeper gradually in the camp, especially our group mates. We chatted at night in the tent, we cooked our dinner and breakfast together in the open area, we helped each other during some difficult games. These were all the best moments I have never had. I am proud to have a group of friends like them. Although we are not from the same school, we usually call up each other to share our happiness and sadness.

What is more important, we understand how lucky we are by knowing more about the children in the poor countries which UNICEF aims to help. Also, we should cherish what we are having now. We should strike to our goal and work harder for our future; to make our world becomes more beautiful.

Once again, a big thank you should be given to all the staffs in UNICEF, especially Christine and Ashley for giving us this memorable experience.

Jeffrey Chang 張俊豐

Various things have been learnt throughout the YE Programme. In the camp, it was the day when we started our friendship. Through playing games and camping, we built our teamwork, communication and leadership skills. As the camp progressed, we worked more and more like a team. However, it was only the start. The next event was drama workshop. In the workshop, we further developed our communication skills through activities, such as acting to express ourselves and using eye contacts to communicate. In addition, we developed our imagination skills. Although the goals of the activities were hard to complete, we tried very hard to achieve them. Then, we needed to do presentations which were related to work of UNICEF. This training session taught us more about UNICEF and I realized that UNICEF actually played an important role in the world. After 'Understanding UNICEF' session, we proceeded to school project. We had to publicize the work of UNICEF in our schools. For my group, we decided to make a presentation and a photo exhibition because these were the easiest and most effective way to deliver the message to the students. Although it was not successful, we learnt more about UNICEF. As we finished the school project, we had a social service project. We had to choose one of the three projects. I chose to work with a day care centre and we needed to be trained. We needed to make a plan for that. However, it was very hard to get all the group members being active and I learnt that teamwork was very important. Without teamwork, I was sure that we would fail to achieve the goal.

In May, we had to help in the Mother's Day charity sale. We were responsible to help UNICEF to raise fund and sell postcards. In the beginning, confidence was not my strong suit and I found myself difficult to speak to the others as people kept refusing to listen to us. After a while, I found that patience was the key and I became more confident. In addition, I learnt to solve problems as well. Once, we met a mentally retarded teenager and he grabbed all the postcards. We were patient and we had to wait for 45 minutes before we could get the postcards back. After the charity sale, it was finally the appointment ceremony. We were happy that we could finish the programme successfully. At the same time, we were also looking forward to the field trip to Camarines Norte in the Philippines, eager to know how the children live.

In July, a group of YEs went to Camarines Norte for six days. In each day, we visited places and learnt more about the children in the province. We learnt that breastfeeding was widely promoted in the Philippines as the group won the battle against the milk powder producers. The medical services were expanding in the province. However, the facilities were scarce in the province, which not all the people were benefited. In addition, child abuse was the most serious problem in the province. The most pathetic fact was that there was only a child protection unit in the area, which was not enough and the police estimated that the child abuse problem was worse than the statistic shown by the centre. A policewoman talked to us about that and told us that we were very fortunate to live in Hong Kong and she suggested us to hug our family members. She felt sorry for those children who were abused, but she knew that the children were strong enough to live on. She also felt sad about the limited resources and power they had. It was touching and I still remembered clearly what she said even a few months after the trip. To conclude, I thought that the children were very positive and strong, compared with the children in Hong Kong. I also reckoned that the children in the Philippines enjoyed studying more the students in Hong Kong and China. On the whole, I found that the children in the Philippines were poor, but happy at the same time, which impressed me.

To conclude, I have learnt more about the work of UNICEF throughout the programme. I also learnt more about the children both in Hong Kong and the Philippines. In addition, I developed my communication, organization and leadership skills through the activities. 2008 became a memorable year in my whole life.

Jessica So 蘇孜麒

Without this extraordinary UNICEF Young Envoy experience, my Form 4 life would definitely not have been this meaningful. Throughout the year I enjoyed each and every activity held by this program, from developing our leadership at the Orientation Camp, to learning more about UNICEF and promoting it at my school and participating in different community services, such as the Friends of Ambassadors Day and the community service project. Each activity had a meaning behind it, and I am proud to say I learnt something different from each unique activity.

Jessie Wong 黃樂延

"Challenging" is the word I'll use to describe the Young Envoys Programme. Time flies, after the interviews, orientation, training camp, school project, services, workshops, and finally the field trip, here I am, writing my reflection for the YE08 yearbook. It's hard to believe that YE08 has finally come to an end. The owners of the unfamiliar faces in the orientation day have somehow become my very good friends now. Through the programme, we worked together and we learned from each other.

I still remember the two-days-training camp in Ma Wan, it trained our leadership and we became more active and free-will instead of waiting for others' commands and being passive. Also, the school project was a very challenging task for me. As we only have three core working members, it's quite difficult to construct such a "big" event at school. Fortunately, it turned out to be an enjoying experience and things went smoothly as planned. The project reassured me on the importance of teamwork and I became more confident. Moreover, the social service of bringing 11 kids to Central had not only motivated me to continue to help others but also helped me to become more optimistic in life. It also made me believe firmly that serving others is the duty of everyone in the society. There are always pitfalls when pursuing services. And that's why I will keep on serving others and giving people warmth!

After the nearly-nine-month-training, I am very lucky indeed to have a valuable chance visiting Camarines Norte in the Philippines. Through the field trip, I know more about the work of UNICEF and the living-condition of people there. Also, we had the opportunity to interact with the local youths which helped us to know more about their lives. I think the visit to the half-way home was the most unforgettable and meaningful experience for me. The girls living there were mostly being sexually abused. I found myself very fortunate in fact. My parents give me a home, food, clothes, education and make so many sacrifices for me. My friends being loyal to me help me and cooperate with me. Also, my teachers show so much patience with me.

Last but not least, I'll bear the things I saw and learnt in mind and carry on serving others in order to build a better tomorrow!

Jovita Ho 何家晴

I remember the first day our programme started, when we were told to write down what goals we hope to reach after six months together. Looking back right now, I realised that I haven't only reached my expectations. I've exceeded them. I had the opportunity to look into human rights, poverty, developing countries and plenty more, but most importantly, I had the opportunity to reflect on my own self.

During the first few weeks, our training mostly centred around understanding UNICEF - why it was established, what it contribute, and how we could take part. We explored into ethical issues such as war, equality; and discussed about food, hygiene, education, particularly their relationship with the establishment of children's rights and the importance to carry out such rights. As a 14-year-old with a hectic schedule, I never really sat down each day to watch the news. I never opened my eyes to see how cruel our world was like. These activities have certainly broaden my horizons, and aroused my sympathy for the less fortunate.

In the later months, we had the opportunity to learn how to organise charity events. I still remember that day we implemented our social service project. The black rainstorm warning signal was hoisted and I had to travel all the way to a Tin Shui Wai community centre without an umbrella. Haha, it was ironic everything went well. From grasping the most fundamental skills such as drafting a proposal, to dividing work among teammates, preparing for the event, and lastly, actually implementing what we'd slaved away for weeks - the experience was meaningful and worthwhile. We even tried to 'expect the unexpected' - and devised contingency plans in order to prepare ourselves for any emergency. It was great. Seeing all those happy faces by the end of day gave me a sense of joy and satisfaction.

Throughout various trainings during the program, I've learnt a lot about working as a group, a team, an organisation. Communication, collaboration and leadership are the essential keys in forming a strong team. Some have to lead, while others follow. I realise that it's not about showing off how good you can be, but treating each other with care, equality and respect.

9th June 2008, as I walked up to collect my Certificate of Appointment, it seemingly marked the end of my six-months endurance, passion and friendship. But it didn't.

It marked the fresh start of another whole new journey.

Juliana Tam 譚璟珮

"Be the change you wish to see in the world." The words of Mahatma Gandhi inspired me to apply for the UNICEF Young Envoys Program. I learnt about the amazing things UNICEF has done to help children and women worldwide, and I want to be part of this positive change. The YE program provided me with abundant opportunities and equipped me with invaluable skills to do so.

We had a tight schedule in the YE program, yet all the time and effort spent in the workshops and trainings were worth it. I learnt a lot about the mission and vision of UNICEF, and deepened my knowledge on how to organize a service program. All these enabled me to be a better volunteer as well as a leader.

Yet the YE program was more than just a training workshop; it opened doors for us to actually step out of the 'greenhouse' we are living in and serve the less privileged in our society. The social service program I held for children living in Tuen Mun was the most memorable part of the whole program. Despite the typhoon signal no. 8 hoisted that day, I felt enriched after seeing the smiling faces of the children after an afternoon of fun activities.

It was a pity that the field trip was cancelled due to bad weather in Yunnan. However the field trip is not the only highlight of the program, nor is this the end of our mission as a UNICEF Young Envoy. All the lovely memories I had as a UNICEF Young Envoy will be forever engraved in my heart, and I will keep the burning spirit to serve forever blazing in my heart.

Kaka Ng 吳嘉欣

Time flies. Finally come to the end of this programme. Although the time I spent with YEs was not really much, the friendship we built was invaluable.

At first, I applied for this programme as an extra-curricular-activity. After one month of the programme, I knew more about UNICEF and found that this programme is no longer an ECA to me but a responsibility to spread the message of UNICEF.

Actually, this programme was really time-consuming. I could hardly balance my time between school work and the high-demanded project of this programme. Of course, this made me to have a better time management.

Throughout the programme, I have to do a lot of thing by my own. Just like the school project, we had only two people and we have to share all the workload. Every bit in this programme enhanced my leadership skill. What a pity was that I could not go to the field trip which must be full of fun and meaningful. After all, I still love UNICEF YE programme so much and thank you everyone one!

Kristie Tam 譚欣睿

The UNICEF Young Envoys Program once an once in a lifetime experience. Throughout the course of the program, not only has it taught and helped me in many aspects of everyday life, but most importantly, I have been able to learn from it and become a better person. Personally, the most memorable events I participated during the program were the leadership training camp, the social service and of course, the school project. I learnt similar skills in each of these activities, but in different contexts, so therefore, have learnt how to apply these everyday skills in different situations.

At the beginning of the program, all potential Young Envoys had to participate in a two-day leadership training camp. Not only was this a very good bonding time, to get to know one another, but it was very educating in terms of learning more about yourself and working as a team. It was there that I understood that in order to understand other people, you have got to first know yourself. Ever since then, I have focused on working on myself and noticing my weak points that need improving.

Another memorable activity I participated in was working with a group of immigrated children in YWCA. During this event, I learnt a lot about organizing and about dealing with children. I have had experience with my younger sister, but as her being family, whenever she was being uncooperative, I would most likely use my authority and tell her to be quiet quite sharply, rather than say it soothingly as I did with those children. Thinking about it, this is really unfair to my sister, and through this service, I have learnt to be more patient and treat her with more respect.

To me, the toughest project we had to complete was definitely the school project. I was lucky to be placed in a group with two others who also attended Chinese International School. We, worked very well and hard from beginning to end and I am very proud of the outcome of our school project. Through this experience, I learnt valuable lessons about cooperation and teamwork. The organization of the school project also stressed a lot about leadership skills which was seen through the entire process. We worked very well in a team and never gave up, always finding solutions to overcome obstacles.

The numerous skills I have learnt during the course of the UNICEF Young Envoy Program play a very vital role in our lives – as they are what makes you a good leader and a good role model to others. Without these skills, we would not be able to build good relationships with others, and be someone others would want to work with.

Thank you Christine, Ashley for making this enlightening experience possible; and a big thank you to the organizations such as YWCA and our camp instructors for giving us the opportunity to prove and discover ourselves. Last but not least, thank you to all fellow Young Envoys, we all have gone through a lot together, and those happy memories will never fade.

Larissa Tang 鄧皓禎

These eight months have surely been very challenging but rewarding. Not only has this programme broadened my perspectives, but it has also enabled me to become more independent. I have also made lots of new friends. After all those activities, I am now more confident in writing proposals and speaking out to make myself heard. Although I did encounter obstacles during the school project, the project enhanced my planning, organizing as well as problem solving skills. The field visit to the Philippines was also very inspiring. The visit to a local school made me realize the lack of exposure the children had. Perhaps, to them, our visit was a real life window to the outside world. The local people have inspired us to treasure what we have and enjoy life whenever we can. I will always remember those precious memories! =)

Milton Choi 蔡卓熹

Being chosen as one of the Young Envoys of the year is definitely one of my greatest achievement in the last academic year. I still remember that I have longed for entering the programme when I was in Secondary 4. Though S6 school life was tight and stressful, I still chose to complete my goal. During the first half of the year, my weekends were filled up with different kinds of trainings. Though life was busy, the fruitful trainings were still enjoyable. The most unforgettable experience was holding activities for some mentally disabled, seeing them, I was deeply touched and pledged to help the poor as much as I could in the future. Now, the programme ended, but those memorable days still made me feel warm. Perhaps, after finishing the HKALE, I can devote more to Young Envoys Club, for the sake of giving what I got in this year to the future YEs. Last but not least, I want to say thank you to our trainers and my fellow YEs. Without anyone of you, my life would not have so much good memories! Thank you!

Natalie Wong 黃希雯

How time flies! Months of YE trainings have finally marked with an end of the appointment ceremony. In this YE programme, I have really learnt a lot. Not to mention are the communication skills, presentation skills and drama skills. During the trainings, we have got plenty opportunities to be either leader or members of the team which is a valuable chance for us to learn how to lead and how to follow. We also learnt how to collaborate in a group, how to organize our work and how to make a proposal. All the mentioned skills and lessons are indeed crucial for the rest of our life.

Well, of course, the memories that flash on my mind are the laughters, bitterness and excitements we shared in the programme, added to these is the precious friendship we got. Though we are from different schools, different forms with different family backgrounds, yet here we are to gather together to learn, to share and to serve. That is why I have found myself so blissful to have been selected and appointed as a Unicef Young envoy. Although the programme has ended, yet our friendship and our heart to serve the society will never stop. Hope in near future will all the YEs have a chance to have re-union!

Last but not least, thanks should be given to Christine, Ashley and of course, UNICEF!

Priscilla Au-Young 歐陽穎琪

There's just no way that I can put all I've learnt, felt, experienced and gained during this remarkable year into a single paragraph. No wait, let me correct myself. I mean, there's just no way that I can ever express the change in me both in terms of skills and mentality for participating in such a meaningful program. Every session is an invaluable lesson about friendship, about society, about life and most of all, about empathy. There are bound to be times of doubt and uncertainty in future, but empowered by the experience, I am sure that every single one of us will be ready to fight for our dream.

Queenie Lam 林君怡

This year definitely is an unforgettable year. I tried many things in this year. From the first day of UNICEF YE training, I met lots of friends and I learnt many facts about the LDCs, about how we can help, why make the rescue work so difficult, what did UNICEF did, etc. At last, an unfortunate event happened at Sichuan, we ask people for donations. At the moment, I can feel the warmth that Hong Kong people want to deliver Sichuan. Although we can hardly predict accurately on the natural hazards, but if we join together, we are capable to fight against them.

Renee Lee 李文希

The whole program has finally reached the end, and it was indeed unforgettable and memorable. I couldn't forget the first meeting, the Orientation Day with all the other Young Envoys. At that time, we were still shy to approach each other, not willing to expose ourselves. By now, we are not simply friends, but we are good and close friends.

I never regret in joining this program, despite I knew it might be tough and busy. Throughout my year as a Young Envoy, I found out that I have gained much knowledge in different aspects. Not only in communication skills, time management and taking responsibilities, I also got to know more about the UNCRC. Most important of all, I have earned great friendship in this program and I believed that the bond between us is strong and unbreakable, now and forever.

Sally Ku 古淇楓

There is always a saying: time flies fast. It cannot be truer! It is hard to believe that the YE programme is over already. Those functions in the programme, such as the leadership camp, social service and field trip not only widened my horizon, but also brought many unforgettable memories to me. Through the programme, I start to understand and get to know the rights of children. At the same time, I extremely appreciate the volunteer workers and staff of UNICEF because of their selfless contribution. I hope I can be one of them in the near future.

If there is a chance, I will choose to join the YE programme once again!

Serena Kwok 郭可晴

YE08 has been one fantastic experience to me that I cannot even begin to tell you the greatness of it on this piece of paper. At first, I hesitated and didn't know if I have got what it takes to be a YE. But after almost a year of trainings and activities, I'm proud to say that I am a YE08. On the retreat day, looking back at the times we had, I am amused by what we had achieve and how much we have grown. Being a YE has surely broadened my horizons and reassured myself of my abilities. At tough times, I remember Christine's words to us on our very first day, "No Retreat", and I get through it. More importantly, I learnt to speak out more, care more and love more. Knowing that you could make someone's life better, and could bring hope, smile, love in people's lives is simply amazing. We learnt to be responsible, compassionate, considerate and confident, and as far as I am concerned, these are the key elements to life. With all these experiences in our heart, we are now ready to step forward into the world on our own.

Sharlene Tai 戴鏗欣

I simply cannot believe that I'm typing out my reflection. It's too soon. In a way, I've been dreading it because typing it out seems like I'm bringing this incredible journey to an end. From charity sale, fund raising, orientation camp, appointment ceremony to the field trip, I cannot deny that it has been very memorable journey.

I am very privileged to be able to go to the field trip, it was a trip that was both inspiring and heart-breaking. I was able to set foot on a place that I never thought I'd ever go to, experience many things, make friends from an entire different part of the world. It is a trip that will make a person rethink what really matters to them and realize how very blessed we all are, and how important it is for us to help others when we are capable of doing so.

The trip was heart-breaking because it had to end, and I had to say goodbye to my KNN friends. It broke my heart because it saddened me how dire some children's learning and living conditions could be and it frustrated me that I could not help them more. Nevertheless, there is no doubt that I will remember this trip for the rest of my life.

I'm glad that I didn't back out of joining the YE this year, I'm proud of the time I've devoted to YE and I'm most definitely honored to meet so many friends. There is no way that ~100 words are going to summarize and wrap up what I have to say. I guess adding all the clichés I could think of still would not suffice, but it'll have to do. It is my great wish that I'll be able to stay in touch with my friends and find more ways to reach out to the world.

Steve Sze 施翔騰

The program taught many Young Envoys not to take things for granted (I never did), I hope that it would make a difference that would last. I have turned into a better leader in so many ways through the challenging tasks, and I am sure that all of us have gained a lot. Let's not make this experience just another few lines in your university personal statements or application forms. Don't help the ones in need out of your sympathy, help them out of your responsibility.

Winnie Shum 沈穎兒

I have honestly learnt a lot through this programme. I made plenty of friends from different schools but with the same interest^o—doing voluntary work.

I really treasure the enjoyment in every second in the training sessions. Among most of the sessions, school project is the one that I most enjoyed. It makes me learnt how to write a clear proposal and report before and as well as after the activity as to evaluate ourselves. Although the students in our school weren't as actively participate as we expected, our teachers did feel appreciate with us. The most important is, we did take a very valuable lesson of conducting an activity all by ourselves.

Besides, I would like to thanks everyone including our trainers and teachers who have given us support and advice continuously while this project was in process.'

Now when I think back the time when I received the application form and wrote the essay, I was glad that I have made an extremely wise decision!!

Winky Lee 李泳棋

All the tanned and fair, common and handsome faces wore the identical broad smiles, of which I can never forget. Behind these smiles, the children lived under unimaginably poor conditions. Nevertheless, they taught what I never learnt in my life. It is to TREASURE. Treasure means satisfaction. Once you treasure, happiness is easy. I hope these unforgettable smiles can remind me some time in the future the blissful times we enjoyed in the field trip with the YEs, the KNN members and the Filipino kids. Furthermore, may the strong mission of mine about saving the children in the 3rd world be embedded deeply in my mind.

Shirley Lu 呂思邈

Wonder when will the next gathering be, when'll I see everyone again. This programme ended without saying goodbye. Remember when I first said hi, we were strangers, with the same ambition. In less than a year, we worked hard together, and committed time on every activity, from the most unforgettable training camp, to the most challenging school project, and finally the opening ceremony, and almost the field trip. Today, I am more independent, with more leadership skills, more knowledge about the third world, and what UNICEF did to help...etc. But most importantly, I made a group of friends. It all happened so naturally, thanks to the well-organized UNICEF YE programme. I can't wait for the trip to Yunnan, and believe I will learn and gain more through it. No matter what happened, there's one thing for sure, we will never say goodbye.

Vanessa Ip 葉倩婷

After joining this programme, it is no doubt that we have all learnt more about children's rights. All the sessions will undoubtedly become treasured memories deep inside me. I will definitely recommend my friends to join this meaningful programme and learn more about UNICEF and children's rights.

Vincci Lee 李唯慈

'Life is something that everyone should try at least once.' - Henry J. Tillman

After this summer, I believe the quote applies to the programme as well.

This was not the first UN programme I participated. Yet, this was the most impressive and inspiring one. Being a delegate, we would just search for information through Google and Wikipedia. But as a Young Envoy, things go totally different. We could read people's mind from their faces. We could observe the difficulties to eliminate poverty. Most importantly, we could feel the problems by ourselves, no longer through words and statistics only.

But why should we try once?

Besides the workshops and camps, the most memorable scenes were the closing ceremony and the field trip. Singing and dancing could be very exciting and entertaining. They were annoying to me during the rehearsals. However, when most envoys joined together, I believed that those troubles all transformed into laughter and joy, and motivated me to perform better in the ceremony.

For the field trip, I would like to express my deepest gratitude to UNICEF.

At first, in my eyes, the Philippines equals to Manila only. Skyscrapers, highways and automobiles could be seen, but confined only to the capital. We saw poverty, backwardness and hardship in Camarines Norte. However, these were offset by their optimism. Their smiles and cheers relieved our anxiety. They also energized us to become a more responsible global citizen, especially to the less developed nations. These optimists even taught us to be more carefree and easygoing towards obstacles. Life always goes beyond our will. Subsequently, our attitude decides our way to overcome these hurdles. This lesson is more than a field trip!

Experience makes life more fantastic. How would you like your life to be? A smooth one without meaning? Or a rough one but fruitful? You are the designer of your life! Whether or not the dress looks fashionable is solely determined by you! So try to think of the colours, cuttings and patterns for yourself!

'The UNICEF YE Programme is something that everyone should try at least once!'

Victor Law 羅家翹

A half-year UNICEF Young Envoys Programme had just finished, time flew quickly and the all trainings seemed like just happened yesterday. Since the leadership training camp, I had been meeting many students from different secondary school. We became good friend and we learnt together and at the same time we learnt from each other. Through having a project with others, it is a good chance for us to exchange ideas and suggestions with other. Although the project sometimes made me feel tired, it had provided me an opportunity to learn planning skills and the skills would be useful to me for organizing activities in the near future. After being appointed as the young envoy 2008, it reminds me take the responsibility as the young envoy. In July, we the young envoys will have time to show our best in the field trip to Camarines Norte, the Philippines. We had visiting there and at last it really changed my thought. I feel more mature after I got back to Hong Kong, I really have experienced how the children situation in the foreign country. It seems that Hong Kong is a wonderful city from most people point of view; I can say it is not. There are still children who suffering in Hong Kong. We should dedicate ourselves to the society and help solving the problems. The Young Envoys Programme passed, but the spirit of young envoys will not yet finish and it keep carrying on forever and ever. I am very glad to be one of the young envoys and I have fulfilled the expectation that I had made in the camp at the begging of the programme.

Alan Yip 葉梓聰

我記得自己說過要透過計劃，增加對聯合國兒童基金會的工作和兒童權利的認識，現在我做到了，履行了當初的承諾。

過去的一年，由期待青年使者計劃的招募，到雲南考察團一再延期，它讓我嘗盡甜酸苦辣。一個錄取六十位中學生之多的計劃，竟要通過文章甄選和兩次面試，難道日後訓練的要求是很高的？現在回想，其實我們只要用心去做、克盡己任，就可以把所有的事情做好。嚴格的甄選活動反而讓我更珍惜每一個得來不易的機會。迎新日和訓練營讓我認識大家，是「甜」蜜蜜的；眼見他人的菲律賓考察團如期出發，雲南卻不幸遇上天災，一拖再拖，不禁使人心「酸」；籌備校內推廣活動、社會服務、考察團的事前匯報都令我經常埋頭「苦」幹；籌備和期待已久的委任典禮最終也可算是如火如荼、火「辣」地進行；還有伙伴赴笈留學和訓練導師的離任，真是百般滋味在心頭。

擔任青年使者是一條不歸路，即使計劃完滿結束，每當我見有人對聯合國兒童基金會的工作或兒童權利有疑問的時候，我都很想盡力解答他們，也許這是我們的責任。

儘管雲南考察團至今仍未成行，但我們做過的準備也不是白費的，它讓我更了解中國的狀況，更想探索世界的每一個角落。我必會繼續「挑戰自己，放眼世界」！

Carrie Man 文淑冰

時間悄悄然從指尖溜走，想抓也抓不住。十個月前，一個羞怯的小女孩與一群陌生的年青人一起加入YE08，期望著自己能藉此擴闊視野。然而女孩心裡總是憂慮著，擔心自己不能與其他青年人相處融洽，擔心自己力有不逮，不能勝任YE的工作……。然而，日子一天一天地過去，雖然YE的訓練比我想像中還要頻密，在一次一次的訓練中，我找到了一群真摯的好友，在困難而前，我們共同努力，互相勉勵；更重要的是，我找到了一份自信，發現了原來我也可以。原來我也可以在烈日當空下，到天水圍派傳單，為宣傳「和諧家庭」盡一分力；原來我也可以與智障兒童溝通，彼此在遊戲中成長，學會待人接物的技巧；原來我也可以在學校舉辦大型貧富宴，襲同學從中學會珍惜。經過歲月的洗禮，從前那小女孩終於能自信地，牽著其他YE的手，共譜青春的樂曲。縱使我們抓不住時間，但願我們能好好抓住一份份真摯的情誼，把美好的回憶留在心坎中，期待每一個明天！

Debbie Heung 香曉華

一年的磨練，把我從一個甚麼都不太懂到懂得由一個活動的策劃到實行。老實說，每一次的訓練活動，我都歷歷在目。當初報名參加青年使者時，曾經在文章中提及過要實行青年使者的責任，把愛心帶到不同地方，尤其是到有需要的人那裡，他們當中有貧窮的、有心靈受到傷害的（在貧窮的地方，有些少女會受到家人的欺凌），所以他們需要的不單是要物質上的，還有是得到心靈的安慰。我們活在一個幸福的地方，有著很好的頭腦，又有父母供書教學和接受良好的教育，我們好應該做些事去幫助世上的人？但原來我們不能單靠一顆赤子之心便成事，當中也要去學習不同的技巧，例如我們應避免去提及一些有關那人的傷心往事或面對自閉症人士，我們應該如何去和他們溝通等。雖然每一星期六都要早早起來去參加訓練和實習，但我仍覺得這是值得，因為這些都不會在我們一般的科目學到的。整個活動在此時已暫時完結了，但我想UNICEF不只想我們只做到這一步吧？或許這一刻，我們能力有限，不能像一些專業人士去發掘一些問題的根源，可是為甚麼我們不去著眼於我們現在有能力做到的事上呢？例如：我們可以把一些實況帶回我們生活中，向所有人傳開，使人關注事件的嚴重性，令情況得以改善。這不是一朝一夕可以做得到的，所以青年使者的活動年限不只是一年，而是永遠，我想總有一天情況可以逐漸轉好，就像中國也需要很多年才能崛起，成為大國之一。只要一天不放棄，我相信沒有可能找不到根本的問題。

我很慶幸可以在最後的中學生涯參加到這個活動，這才發現學校的領袖活動根本不是很困難，頂多都是帶領一些人去做某些事情，但青年使者這個活動本來早已要我們背著一個為改善所有兒童生活，為兒童爭取權利，所以這個責任，我會一直做下去……

Evelyn Fok 霍智澄

好慶幸今年入左黎unicef! 參加左YE一年，作出左好多新既嘗試，例如係商場賣公仔咁，係好難得既經驗。雖然最後去唔成field trip，但係籌備既過程已經令人滿足。好開心係識左咁多位出色既青年使者，希望日後有機會再見啦！:)

Garrison 邱嘉信

時間飛逝，參加聯合國兒童基金會青年使者計劃2008差不多一年了。回望那段日子，快樂、難忘、辛酸的回憶湧上心頭。

還記得初次接觸這個計劃的那一天，父母憂心忡忡，害怕我參加後無法兼顧學業。經過深思熟慮，我毅然到郵局，把報名表寄出去。還記得被應邀去面試的那一天，我的心情忐忑不安。我能在云云面試者中脫穎而出嗎？向來膽小內向的我，在面試中鼓起勇氣表達自己。還記得參與迎新營的那一天，我看到很多和我年紀相若的青少年。我很羞怯，不懂得如何和陌生人攀談。他們卻笑容滿面，主動和我談天。經過一輪破冰遊戲，我們成為了朋友。還記得一起參加戲劇訓練班、義工服務、義賣活動的那些日子，我和各位青少年變得更熟絡。除了從他們身上學到籌劃活動和待人接物等技巧，我開始醉心於義工活動，對社會也多了一份歸屬感。還記得就職典禮的那一天，我的心情很複雜。我們終於成為真正的青年使者。以往的努力都得到肯定和稱讚，我們因而感到無比雀躍。可是，這計劃完滿結束後，想起每個人以後會各奔前程，見面的機會也會寥寥可數，不免慨歎人生離別的唏噓。我在那天玩得特別興起，因為不想忘記那一天的每一刻.....我的人生得到一點改變。原本膽怯的我，變得主動和樂觀；原本內向的我，結識了很多朋友，經歷很多事；原本沈悶的中四，也變得多姿多采.....我很榮幸能參與這計劃，很感謝各位青年使者導師對我的指導，也很高興能結識各位青年使者。我愛YE08！

Jessica Cheung 張美昕

由於天氣惡劣的關係，原本到雲南實地考察的計劃被取消了。雖然這件事令我感到非常失望，但我仍然很高興自己參與了這個計劃，因為我不但在這計劃中獲益良多，更讓我結識到不少好友。

我最深刻的活動是到育智中心和智障的小朋友玩遊戲。我是當日的司儀，負責帶領小朋友與義工們一起玩遊戲。儘管我們已經在事前做足準備工夫，但原來那些遊戲對他們來說是充滿難度，這使場面一度混亂。可幸的是，我們的應變能力高，能即時想出多個較簡單的遊戲，使活動最後也能順利進行。我們也為自己能帶給他們歡樂而感到高興。

在這個計劃當中，我最高興的是能夠與來自不同學校的同學建立友誼。經過多次活動，我們的友誼漸漸濃厚起來，我亦相信我們彼此間的友誼並不會隨著計劃的完結而結束。

雖然這個計劃即將結束，但我認為身為青年大使的我們仍然會保持YE的精神，在未來的日子裡繼續幫助社會上有需要的人。

Joyce Chong 莊靜麗

「聯合國兒童基金會青年大使計劃」的目的是為了讓青少年更了解及宣揚《兒童權利公約》，喚起參加者對發展中地區兒童的關注，使本港青年更了解聯合國兒童基金會在改善發展中國家的工作的成效，提供機會予參加者籌辦及參與聯合國兒童基金香港委員會的宣傳及籌募活動及透過不同的挑戰以提高參加者的領導、溝通及合作技巧及增強自信心。去年九月份的時候我「不知天高地厚」地報名參加了「聯合國兒童基金會青年大使計劃」，後來經過多番面試，「過五關斬六將」，居然有幸入選，實在是驚險萬分又意料之外。在過去的幾個月，我們，作為一個新人，參加了迎新日，認識了一群志趣相同的同齡人；作為未來的社會主人翁，我們浩浩蕩蕩地向馬灣進發。在兩日一夜的「領袖訓練營」中發掘領袖才能，克服恐懼，挑戰體能極限，教練說：「我會把你們推到極限，榨光你們的每一點體能！」教練果然沒騙我！第一天，我們「上山下水」，在烈日之下「拆炸彈」、用魚網把裝滿水的汽球以扔接的形式運到終點、把整整有十幾個人那麼大的汽球以每人一指之力推到終點.....這些活動考的不止是體力、更是合作和腦力！到了晚上，大會安排了「非一般」的尋寶遊戲，何為非一般？首先，地點就非一般！幾乎整個馬灣學園都是我們的尋寶之地，當真是有山有水，山明水秀，不找得你眼花撩亂，也跑得你筋疲力盡；當然，題目也是非一般的，比如說：找一隻活的青蛙、找最大的螞蟥、最圓的石頭、最大的葉子甚至是最臭的襪子、最冷的笑話！還有還有，找出天台光纖燈的數目，我們數來數去也不對，原來竟有好幾百盞！第二天的活動更是挑戰重重，比如矇著眼經過空中獨木橋、用一條幼細的木板把隊員蕩來蕩去的鞦韆上接過來，過程可謂困難重重歷盡艱辛荊棘滿途.....幸好，最後我們也成功了！一月至三月，我們開始了籌劃學校推廣活動、到了四、五月是社會服務、義賣、委任儀式準備等等，每一個項目都是由我們一手一腳操辦，我們除了要上學外，幾乎每個星期六都要摸黑起床，坐上一、兩個小時的車去訓練，短短幾個月，我們的足跡遍及港、九、新界。我們一方面要兼顧學業，一方面要抽時間出來開會、籌劃活動、訓練，時間每每十分緊迫，恨不得每天有四十小時，忙起來的時候試過連續一個星期半夜四點以後才睡，然後第二天上完課馬上又趕出去開會，商討籌備事宜、檢討事宜及各種演講。這些過程無疑是困難重重，也曾令人覺得煩擾不已，幸好大家都沒有想過放棄，如今最痛苦的日子已經過去了一半，回想那些有笑有淚的日子，總令人不禁感嘆：這就是成長的動力啊！統籌這些活動，無疑是辛苦的，但最後見到成果卻令人感到心滿意足。現在，很幸運地，我和其他大使一起，到了馬尼拉，雖然整個旅程中，我們不能享受優越的環境和設備，但我們所見到的，所感受的足以彌補一切不足。見到他們的不幸和他們依然在生存的艱困的環境，令我明白，生命是力經波折而不屈的，也明白，他們正等著我們去了解和幫助。在這個計劃中學到的東西和見識到的東西，好的、不好的都不會因為計劃完結而隨時間消失，我們所見所學，必會影響我們之後的某些決定。

Kenny Hui 許子健

這個聯合國兒童大使計劃真的可以說令我畢生難忘！為什麼？這便是因為我盡了一份綿力，幫助了一群需要幫助的兒童。以往，我在電視上看到很多有關偏遠地區兒童的生活片段，覺得只要我們捐款就可以解決所有問題，但是當我親身到菲律賓考察後，發覺到自己原來是非常幸福，很多事都不是能夠用金錢解決，例如，他們傳統守舊的觀念。總括而言，這計畫令我得著很多，認識了許多好朋友，認識了許多兒童權利的知識.....。言有盡，意無窮，很多感覺我都不能在這短短的感受中完全抒發出來，最後一句想說的.....便是我的人生被這計劃點綴了。

Mandy Luo 羅敏瑜

剛開始參加報名聯合國兒童基金會領袖訓練計畫之前，並沒有想到自己可以衝破重重難關，沒有想過自己可以跨越面試這一關，更沒有想到自己可以參加長達幾個月的時間的訓練過程。自從參加了聯合國兒童基金會的一系列活動之後，無論是在學習上還是在時間上都充實了很多。一些自己平時不會怎麼去接觸的東西，設計遊戲，寫計畫書這些事情等等，都有了基礎的認識，我相信這對於自己將來投身社會工作以及自己在設計上都有一定的幫助。說到幫助，對我的英文上都有了一定的進步和促進，更加讓我明白到英文的重要性以及增加自己對於英文的喜歡。要說在這麼多元化的訓練過程中最難忘的，那一定是兩日一夜的領袖計畫訓練營。畢竟自己是第一次參加這樣的訓練營，而且還是跟一些與自己不大相熟的人一起完成一些團隊的活動。經過那一次的訓練，讓我與組員之間建立了一個很好的溝通，而且，讓我明白和知道，原來一隊人完成一件事情的感覺是那麼的好，也讓我逐漸對自己建立起信心。揮灑自己的汗水，得到自己意想不到的結果。

Rammy Lo 盧希嵐

Form 6這一年過得很快，一方面是因為學業跟校內的活動，另一方面就是因為參加了YE08，活動佔了許多的星期六，還有很多很多的Evaluation和Reflection，工作量說重不重，說輕又不輕，通通要花上些時間；由構思、準備，到實行、檢討，都令我得到很多經驗，知道自己做事的缺點，能夠參與這些活動，尤其是認識到大家，一群好朋友，我覺得，即使暑假的雲南之旅告吹了，這仍是十分值得的，YE08的Programme完了並不會代表YE08真的完結，因為我從中學習到的，和我所得到的友誼都會一直在我腦海中。

Yvonne Huang 黃瑩瑩

我參加聯合國兒童基金會青年使者計劃，其實很大的程度上是希望自己可以認識到更多有關兒童的問題。兒童是一個國家的未來，是一個國家發展的關鍵。

可以參加聯合國兒童基金會青年使者計劃的活動，這對我來說是一個非常難得的機會。在參加一系列的活動中，我學會了很多的知識，同時也增加了我的自信心，提高了我的能力。我透過這個計劃，加深了對兒童的權利的認識。這個計劃給青少年提供了一個人好的平臺，讓青少年去瞭解、認識有關兒童問題。我知道，現在世界上時有很多的兒童問題是值得我們去關注的，例如：童工、童兵、兒童教育等。然而，我也知道我們是有義務和權利去幫助他們，令他們得到幫助。儘管那一點綿力不能立竿見影地解決他們的問題，但只要每個人都盡那一點綿力。把一點點地力量凝聚起來就可以幫助他們了。

現在，整個活動計劃都已經結束了，我從已經完成的活動中是獲益良多。可以看到自己身上的缺點，只有發現缺點並加以改進才可以得到進步。我相信，我參加這個活動後是會得到很大的進步，同時，我亦希望透過自己有限的的能力幫助一些有需要幫助的兒童，這樣，才能建立一個美好、和諧的世界。

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