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AEON CREDIT SERVICE

聯合國兒童基金會青年使者計劃 2024
UNICEF Young Envoys Programme

兒童權利與兒童友好城市
Child Rights and Child Friendly City



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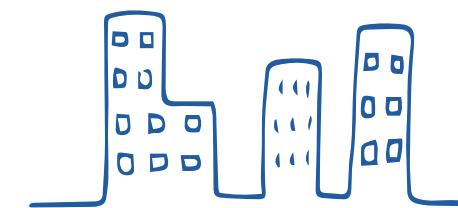
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前言

Foreword

2024年，青年使者的活動主題不僅圍繞著兒童權利，更探討可持續發展目標的議題。從而促進青年使者對可持續發展、氣候議題和兒童友好城市的關注，從更加科學和實際的角度聆聽兒童的聲音，為兒童建立一個美好的將來。青年使者運用多元方法，喚起大眾對兒童權利和環保議題的關注。與此同時，他們更透過海外實地考察，認識日本如何建設並推動「兒童友好城市倡議」，讓當地兒童能夠快樂地成長。此外，青年使者亦參訪本地媒體企業，了解並探討媒體是怎樣把影響力作出最大化。因此，今年度的青年使者幫助兒童將他們的願景傳遞至不同領域和地方。致力書寫兒童權利與福祉的續章，讓他們能擁有更健康及幸福的成長環境。



The theme of Young Envoys Programme 2024 not only covers child rights, but also investigates the topic of sustainable development goals. These initiatives aim to enhance Young Envoys' awareness of sustainable development, climate issues, and Child Friendly Cities, encouraging them to listen to children's voices from a more scientific and practical perspective in building a better future for them. Young Envoys explored various methods to raise public awareness on child rights and environmental issues. Also, through overseas field trip, they understood how Japan develops and promotes the Child Friendly Cities Initiative, enabling local children to grow happily. Additionally, Young Envoys visited local media, gaining insights into how media can maximize influence when advocating for child rights to the society. Therefore, this year, the Young Envoys have worked to amplify children's voices, bringing their vision to various fields and communities. They are committed to write the next chapter in advancing children's rights and well-being, striving to create a healthier and happier environment for every child.

青年使者計劃

Young Envoys Programme

聯合國兒童基金會青年使者計劃自1996年由UNICEF HK成立至今，一直為本地青年人提供寶貴的學習機會，讓他們了解本地及世界各地的兒童生存、受保護、發展及參與權利有關的議題。每年仍有584萬名兒童活不過5歲生日，而大部份死亡個案是可以預防的。透過是項計劃，本港青年人能更了解全球兒童所面對的困難和挑戰，及與UNICEF HK攜手改善兒童的發展狀況。

Established by UNICEF HK from 1996, the Young Envoys Programme has been providing valuable learning opportunities for local teenagers, allowing them to understand issues related to survival, protection, development, and participation rights of children around the globe. Every year, approximately 5.84 million children do not survive to their fifth birthday, with many of these deaths being preventable. Through this programme, Hong Kong's youth will be able to gain deeper insights into the challenges faced by children worldwide and join hands with UNICEF HK to improve their development conditions.



關於聯合國兒童基金會

About UNICEF

聯合國兒童基金會(UNICEF)在全球最具挑戰的地方接觸最脆弱的兒童及青少年，同時守護不論身處何地、全球每一名兒童的權利。我們在超過190個國家及地區以一切可行方式協助兒童生存、發展及盡展潛能，工作貫穿兒童的成長期。

UNICEF operates in the world's most challenging environments to reach the most vulnerable children and adolescents, protecting the rights of every child regardless of their location. Working across more than 190 countries and territories, UNICEF uses every possible means to support children's survival, development, and potential from their early childhood through adolescence.

關於聯合國兒童基金香港委員會

About UNICEF HK

聯合國兒童基金香港委員會(UNICEF HK)成立於1986年，是一個獨立的本地非政府組織，主要透過向公眾籌募捐款、與私人機構建立伙伴關係、籌辦特別活動等不同途徑，支持聯合國兒童基金會的工作。UNICEF HK同時亦藉着在港舉辦各項教育和青少年計劃，向公眾宣揚及倡議兒童權利。

Established in 1986, UNICEF HK is an independent non-governmental organization that supports UNICEF's work through public fundraising, corporate partnerships, and organizing special events. UNICEF HK also advocates for children's rights through a range of educational and youth programs in Hong Kong.





UNICEF HK 獻辭

Message from UNICEF HK



兒童是社會未來的希望，UNICEF HK不遺餘力地參與兒童發展工作，致力於推動兒童權利及福祉，讓兒童能夠獲得社會更多的關注和重視，並積極推動「兒童友好城市」倡議，與兒童攜手共建香港成為更適合兒童宜居的城市。

自1996年起，UNICEF HK透過「聯合國兒童基金會青年使者計劃」為本地青少年提供多元化的培訓，讓他們的潛能得以發揮和實踐。至今已培育出超過1500名青年使者。計劃亦為他們提供擴闊視野的機會，以認識全球兒童正在面對的困難和挑戰，並努力實踐聯合國兒童基金會關注的四大兒童權利—「生存、保護、發展和參與權」。

隨着極端氣候迫近，今年計劃除了以兒童權利作為主題，亦更加關注可持續發展議題，藉此提升社會大眾對可持續發展、氣候行動和兒童友好城市等議題的關注。青年使者透過舉辦不同的青年主導項目，在社區身體力行地推廣可持續發展目

標、兒童權利，和「兒童友好城市」倡議。此外，更配合海外考察活動，青年使者走訪日本東京和町田市，研習兒童友好城市的特質，及其為當地兒童帶來的正面影響，積極推動香港成為下一個兒童友好城市。我們致力於保護未來的世代，讓社會的幼苗能夠在更良好的環境下茁壯成長。

與此同時，我謹代表UNICEF HK衷心感謝AEON信貸財務(亞洲)有限公司長達17年的支持，讓計劃得以順利舉行，持續為香港青少年提供領袖培訓及行動實踐的機會。

UNICEF HK深信，兒童的聲音需要被更多人聆聽，期盼社會各持分者攜手支持UNICEF HK，共同為兒童創造一個安全、美好和包容的成長環境，實踐兒童權利，讓他們能夠一展所長，發揮潛能。

聯合國兒童基金會香港委員會主席
陳晴
太平紳士

Children are our future. UNICEF HK remains committed to supporting the development of children, advancing child rights and well-being, and raising awareness of children's needs. By actively promoting the Child Friendly Cities Initiative, UNICEF HK aims to co-create Hong Kong into a more livable and inclusive city with children.

Since 1996, the UNICEF Young Envoys Programme has offered diversified training to local youth and nurtured over 1,500 Young Envoys. The programme provides opportunities for participants to broaden their horizons by understanding the difficulties and challenges faced by children around the globe. This programme also encourages them to embody UNICEF's focus on the four fundamental children's rights: survival, protection, development, and participation.

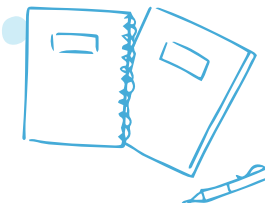
With the rise in climate crisis, this year's programme not only focuses on children's rights but also on sustainability, aiming to raise public awareness on sustainable development, climate action, and the Child Friendly Cities Initiative. The Young Envoys actively promote these themes within their communities via different youth-led projects. Additionally, the programme includes overseas field trips,

where young Envoys visited Tokyo and Machida City in Japan to study the characteristics of Child Friendly Cities and their positive impacts on local children. The goal is to advocate for Hong Kong to become the next Child Friendly City. UNICEF HK is committed to safeguarding the future generations and to ensuring children can live in a better environment.

On behalf of UNICEF HK, I would like to extend sincere appreciation to AEON Credit Service (Asia) Co., Ltd. for their 17 years of support. Their partnership has enabled the programme to continuously provide leadership training and practical action opportunities for Hong Kong's youth.

UNICEF HK firmly believes that children's voices need to be heard by more people. We hope stakeholders across society will join hands with us to create a safe, nurturing, and inclusive environment for children to grow and empower them to realize their potential and achieve their dreams.

Judy Chen, JP
Chairman
Hong Kong Committee for UNICEF



獨家贊助 AEON 信貸財務(亞洲)有限公司獻辭

Message from the Sole Sponsor AEON Credit Service (Asia) Co., Ltd.

本著 AEON 集團「和平、人、社區」的企業理念及履行社會企業責任的初心，AEON 信貸財務(亞洲)有限公司 (AEON 信貸) 持續支持中港兩地有關環保、教育和文化交流的慈善社區項目及活動。為了實踐社會企業責任，AEON 信貸將部分收益用作捐獻並提供平台予客戶作出慈善捐款。

我們很高興能連續 17 年支持聯合國兒童基金會青年使者計劃。此計劃透過一系列的培訓工作坊，校內和社區倡議活動，成功孕育了接近 1,000 名青年使者。我們衷心希望透過贊助這項獨特的計劃，可以讓香港青年人更深入體會到發展中國家兒童的困苦和需要，從而鼓勵他們關心世界上有需要的人。

Guided by AEON Group's corporate philosophy of "Peace, People and Community", AEON Credit Service (Asia) Co., Ltd. ("AEON Credit Service") continuously supports charitable community projects and activities in both Hong Kong and Mainland China, especially in areas of environmental protection, education, and cultural exchange. To demonstrate its corporate social responsibility, AEON Credit donates a portion of its profit to charitable organizations and provides donation platforms to customers.

It is our pleasure that this is the 17th year of supporting UNICEF Young Envoys Programme. Through a series of training workshops, school and community advocacy projects, the programme has successfully appointed nearly 1,000 Young Envoys. By sponsoring this unique Programme, we sincerely hope the youth of Hong Kong understand the situations and needs of children in different parts of the world, encouraging them to show care and empathy for others.



青年使者介紹

Young Envoys Introduction

青年主導的調研小組

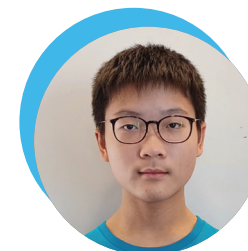
Youth-led Survey Team



- 對超過 250 名中學生進行了「對可持續生活環境，和兒童友好城市的認知」問卷調查
Conducted a survey on understanding of "Environmental Sustainability and Living Condition and Child Friendly Cities" with over 250 respondents
- 從日常生活、校園生活，以及社區參與層面，評估本地中學生就上述主題的參與程度，藉此提升公眾的關注
The survey assessed their participation in daily life, school life and community involvement, aiming to increase public awareness of above topics



Chan Wing Hei
陳穎滢
St Mary's
Canossian College



Chan Pak Hang
陳柏亨
King's College



Cheung Chun To Ambrose
張鎮韜
St. Paul's College



Jiang Yau Chun Eugene
江柔臻
Belilios Public School



Lam Wan Wai Debbie
林昀慧
Heung To
Middle School



Liew Jia Xin
廖珈欣
Christian and Missionary
Alliance Sun Kai
Secondary School



Lo Ching Kan
盧靖芹
Sheng Kung Hui
Tsang Shiu Tim
Secondary School



Ng Wing Sum
吳詠芯
Tin Ka Ping
Secondary School



Xue Ching Sze
薛靜詩
C.C.C. Mong Man Wai
College



青年使者介紹

Young Envoys Introduction

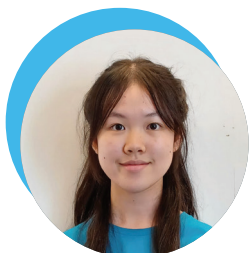
社區參與小組 (兒童權利工作坊)

Community Engagement Team (Activity Base)

- 與香港單親協會合作
Collaborated with the Hong Kong Single Parents Association
- 籌辦社區服務，為單親兒童提供「兒童權利」的學習機會
Organized community services for children from single-parent families with
- 目標對象為高小學生
The target audience was senior primary school students



Cheung Nok Carlos
張諾
CNEC Christian College



Cheung Ka Wing
章嘉穎
Tin Ka Ping
Secondary School



Lau Lap Yee
劉立懿
Christian and Missionary
Alliance Sun Kei
Secondary School



Leung Man Yan
梁汶甄
Maryknoll
Convent School
(Secondary Section)



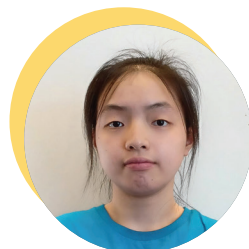
Li Julius
李長祐
Singapore
International School



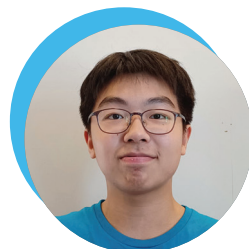
Liu Tsz Man
廖子旻
Christian and Missionary
Alliance Sun Kei
Secondary School



Wong Nga Lam
黃雅霖
St. Paul's
Co-Educational College



Ye Cui Ting
叶翠婷
Heung To
Middle School



Yiu Kai Wang
姚榮泓
Christian & Missionary
Alliance Sun Kei
Secondary School

青年使者介紹

Young Envoys Introduction



社區參與小組 (公眾倡議活動)

Community Engagement Team (Mass Event Base)

- 對超過160名兒童和公眾人士進行倡議活動，提升他們對兒童權利和氣候議題的認識
Enhanced the understanding of children's rights and climate issues with enjoy over 160 children and the general public
- 利用展覽和遊戲互動形式倡議兒童權利和可持續發展目標13 – 氣候行動
Advocated for children's rights and Sustainable Development Goal 13 – Climate Action – through exhibitions and interactive games



Chong Pak Yu
莊柏羽
French
International School



Chow Lok Yee
周樂誼
Christian Alliance
S C Chan Memorial College



Hung Tak Kam
孔德錦
Kwun Tong
Maryknoll College



Lam I Suen
林玟鏞
St. Rose of
Lima's College



Ng Tsz Kiu
吳芷蕎
Holy Family
Canossian College



Shum Man Hei
沈玟希
St. Paul's
Co-Educational College



So Yu Hei
蘇予晞
United Christian
College (Kowloon East)



Tang Wing Ka
鄧穎嘉
Po Leung Kuk
Tang Yuk Tuen College



Yip Tsz Lam
葉子琳
Yew Chung
International School of
Hong Kong

青年使者介紹

Young Envoys Introduction

創意及創新小組

Creativity and Innovation Team



- 倡議可持續發展目標和兒童友好城市
Advocated for Sustainable Development Goals and the Child Friendly Cities Initiative
- 建造太陽能發電充電器模型，推廣可持續發展目標 (SDG) 7「經濟適用的清潔能源」
Built a prototype of solar-powered battery charger to promote Sustainable Development Goal 7: Affordable and Clean Energy
- 提升公眾對發展中地區兒童所面對的困難和挑戰
Raised public awareness of the difficulties and challenges faced by children in developing areas



Fung Mei Ki
馮美琪
Sha Tin Government
Secondary School



Huang Yi Lam
黃伊琳
Tsuen Wan Government
Secondary School



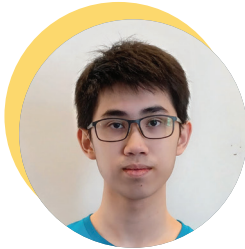
Lau Chi Wing
劉梓穎
Po Leung Kuk
Choi Kai Yau School



Li Lok Yiu
李絡堯
Pui Ching
Middle School



Leung Yat Hei
梁日曦
St. Paul's
Co-Educational College



Pon Ka Wai Claris
潘嘉慧
German Swiss
International School



Tang Siu Yan
鄧兆焮
Pentecostal
Lam Hon Kwong School



Wai Chuen Yiu Nicole
衛傳堯
Sacred Heart
Canossian College



Wong Kai Ming
黃啟銘
Pentecostal
Lam Hon Kwong School



Yuen Ellen
袁以琳
Munsang College

青年使者的旅程

Journey of Young Envoys

今年青年使者透過身體力行，在整整8個月內進行了無數次的研習和訓練。透過自身的創意和行動力，向社會大眾倡議兒童權利和相關議題。縱使過程中的甜酸苦辣比比皆是，但是青年使者們亦能夠發揮自身的才能和優勢，讓是次的旅程充滿七彩顏色。接下來，讓我們回顧青年使者2024的學習與成長，與他們共同見證今年度的輝煌成果，為兒童，創未來。

This year's Young Envoys underwent countless studies and training in eight months to advocate children's rights and related issues to the public through their creativity and action. Despite the sweet and sour moments along the way, the Young Envoys were able to fully utilize their talents and strengths, filling the colours of the journey. Let us look back at the learning and growth of the Young Envoys 2024 and witness with them this year's brilliant results, for every child, to create a better future.

- 迎新日
Orientation Day
- 兒童權利和可持續發展目標工作坊
Children's Rights and Sustainable Development Goals Workshop
- 能力建設工作坊
Capacity Building Training Workshop
- 公眾倡議活動
Community Engagement Activity
- 越南虛擬實景考察活動
Virtual Field Visit to Vietnam
- 日本考察團
Japan Field Visit
- 參觀大公文匯傳媒中心
Visit to Ta Kung Wen Wei Media Centre
- 委任典禮
Appointment Ceremony





青年主導的調研小組

Youth-led Survey

目標 Objective

「可持續生活環境」是UNICEF兒童友好城市的六大範疇之一，本次問卷調查旨在了解香港中學生對可持續生活環境的認知，提升公眾對兒童友好城市之關注，幫助達到青年使者的倡議目標—推動香港成為兒童友好城市。



"A sustainable living environment" is one of the six key areas of UNICEF's Child Friendly Cities Initiative. This survey aims to understand Hong Kong secondary students' awareness of sustainable living environments, enhance public attention to Child Friendly Cities, and help achieve the advocacy goals of the Young Envoys promoting Hong Kong as a Child Friendly City.

調查對象與研究課題 Survey Subjects and Research Topics

調查以網上問卷形式進行，目標調查對象為全港中一至中六的學生。主要研究課題為綠色設施與兒童居住地點的距離對兒童參與環保活動的影響，亦探究了家庭、學校、社區因素等其他因素對兒童參與環保活動的影響。

This questionnaire was conducted online which targets Hong Kong Secondary 1 to Secondary 6 students. The main research topic is how the distance between green facilities and children's residences affects their participation in environmental activities. The questionnaire also explores other factors, such as family, school, and community influences.



調查結果及建議 Survey Results and Recommendations

◆ 大部份受訪中學生有一定的環保意識，但環保行動力不足。回收分類是學生最常參與的活動之一，因此建議積極推廣回收分類，節約能源，提升學生的認知。同時，建議增加獎勵、推動學生參與回收，例如推行校園回收獎勵計劃等。

Most of the surveyed secondary school students reflected a certain level of environmental awareness but were not sufficiently motivated to take action in protecting the environment. As recycling and sorting are the most common environmental activities participated by students, it is recommended to actively promote recycling and sorting and energy saving to raise students' awareness. It is also recommended that incentives be increased to encourage students

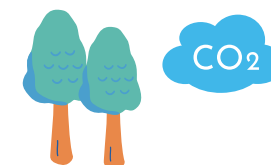
◆ 近半數學生不清楚學校是否有綠色校園政策或計劃，對於社區環保活動，超過七成受訪者表示「不太了解」及「完全不了解」。建議加強校園及社區綠色計劃相關推廣及宣傳，例如於網上和朋輩間加強宣傳、在學校展示各區的環保設施、在學校派發介紹各區環保活動的小冊子，或派遣人員進校宣傳等。

◆ 六成半受訪同學認為社區的綠化及休憩用地對他們「重要」及「非常重要」，但僅約三成受訪者認為本港社區中的綠化及休憩用地「足夠」及「非常足夠」。建議增加本港綠化及休憩用地，並且選址時將步行距離納入考慮。



結論 Conclusion

通過問卷調查，我們發現香港中學生對氣候行動及可持續發展的認知和實踐有待加強，香港的綠色休閒設施相關規劃亦對兒童需求考慮不足。為了推動香港成為兒童友好城市，我們希望日後香港的城市規劃可以更多的考慮兒童的需要，同時各界可以更踴躍地舉辦環保活動，宣傳綠色觀念，為兒童打造更友好的家庭，學校，社區和城市環境。



to participate in recycling, such as implementing the School Recycling Incentive Programme.

Nearly half of the students were not aware of the school's green campus policy or programme, and more than 70% of the respondents indicated that they "did not know much" and "did not know anything" about community green activities. It is suggested to strengthen the promotion and publicity of campus and community green programs, such as increasing publicity on the Internet and among peers, displaying green facilities in schools, distributing brochures on green activities in different districts, or sending staff to schools for publicity.

65% of the respondents thought that green and open spaces in the community were "important" and "very important" to them, but only about 30% thought that they were "adequate" and "very adequate." This suggests that green and open spaces in Hong Kong should be increased and the walking distance should be taken into account when selecting the location of green and open spaces.

Through the survey, we have identified the need to further strengthen the understanding and practice of climate action and sustainable development among secondary school students in Hong Kong. The survey revealed a lack of environmental action among these students. Moreover, we found that the planning of green recreational facilities does not adequately consider the needs of children. To promote Hong Kong as a Child Friendly City, we encourage future urban planning to prioritize the needs of children. We also encourage various sectors to actively organize environmental activities and promote green concepts at all levels, including at home, school, community, and city, to create a more friendly environment for children.

創意及創新小組

Creative and Innovation Team

向公眾展示所製作的太陽能裝置

Making Solar-powered Automatic Light Tracing Devices for Public Display

為提升公眾對環保議題的關注，青年使者以創新的方式製作多部太陽能裝置，並在公眾活動中展出。青年使者一共展出三部太陽能裝置模型，過程中邀請公眾拿出手機，打開手電筒，親身體驗太陽能板的自動追光功能，以提升互動性。與此同時，青年使者亦製作了多張展示板，向公眾詳細地介紹兒童權利和他們實踐的理念，以鼓勵本地市民更加關注發展中國家及地區兒童的生活情況。

To raise public awareness of environmental issues, Young Envoys creatively produced several solar devices and showcased them at public events. In this event, Young Envoys displayed three device models, and included some interactive activities. For example, they invited the public to take out their mobile phones, and turn on their flashlights to trigger the automatic light-tracking function of the solar panels. At the same time, Young Envoys created several display boards to introduce children's rights and the concept of our practices in detail, encouraging local citizens to pay more attention to the living conditions of children in developing countries and other regions.

公眾反應 Audience Responses

當日的公眾活動超過160名兒童和公眾人士參與，他們大多對太陽能裝置模型表示新奇有趣。特別是小朋友，對於互動性較高的模型都躍躍欲試，亦想了解更多背後的原理。通過講解太陽能自動追光裝置的特性和功能，青年使者讓在場的兒童明白到使用潔淨能源的種種益處。他們玩得盡興的同時，青年使者亦成功倡議了可持續發展目標及兒童友好城市的理念。

The public event successfully attracted more than 160 children and the public, most of whom found the solar-powered automatic light tracing device models to be novel and interesting. The children were particularly interested to try the models and learn more about the operating principles. By explaining the features and functions of the solar devices, Young Envoys were able to help the children understand the various benefits of using clean energy. Their interactive activities successfully advocated for Sustainable Development Goals and Child Friendly Cities.



活動啟示 Implication

對我們來說，太陽能自動追光裝置模型只是一個宣傳手法。我們更期望透過此活動讓大家了解更多關於SDG7「經濟適用的清潔能源」和SDG13「氣候行動」，以鼓勵大眾多使用可持續的潔淨能源，並關注氣候議題。除此之外，我們還希望以此響應兒童友好城市倡議中的原則9，即令城市可以實現穩定可靠的電力供應，確保兒童和他們所在的社區日夜都可以享有城市服務，例如水資源和醫療服務等。大家一同努力實踐環保，才能推動建立兒童友好城市，讓世界上的兒童不再受氣候變化的威脅，迎接能源充足的綠色未來。

For us, the solar-powered automatic light tracing device models are merely a promotional tool. We hope the public can learn more about SDG 7, "Affordable and Clean Energy," and SDG 13, "Climate Action," to encourage the public to use sustainable clean energy more frequently. Additionally, we aim to respond to Principle 9 of the Child Friendly Cities Initiative, which advocates for a stable and reliable electricity supply in cities, ensuring that children and the communities can access city services at any time, such as water resources and healthcare. By working together to practice environmental protection, we can promote the establishment of Child Friendly Cities, allowing children around the world to be free from the threats of climate change and embrace a green future with abundant energy.





社區參與小組 (兒童權利工作坊)

Community Engagement Team (Child Rights Workshop)

兒童四大權利

Workshops on the Four Rights of Children

是次工作坊透過聯繫社區，策劃實地活動，以宣揚兒童擁有的四大權利「生存權、受保護權、發展權、參與權」。

青年使者在香港單親協會賽馬會鄰里支援中心(沙田)舉行了4節兒童權利工作坊，旨在讓兒童了解到自身四大權利的同時，能夠學會自我欣賞以及與他人建立友誼。

The workshop connects the community and organizes hands-on activities to promote the four rights of children: rights to survival, development, protection, and participation.

We held four sessions at the Hong Kong Single Parents Association Jockey Club Neighbourhood Support Centre in Sha Tin, aiming to build children understanding on their rights while fostering self-appreciation and friendship with others.



活動細節 Activity Details

青年使者希望通過教育的方法去倡議兒童四大權利，而工作坊令青年使者的倡議方式可以帶給兒童更多有趣的互動體驗。

青年使者加入了遊戲的環節，讓兒童可以透過遊戲的方式進行學習。

例如介紹發展權時，他們運用了「模擬人生」桌遊，兒童可以充分想象和自由選擇理想的生活方式，學歷程度和職業方向，讓他們了解到有權利選擇自己想發展的未來。

在講解兒童權利時，青年使者則鼓勵兒童積極發言，與大家分享自己的認識和見解。

We aim to advocate the four rights of children through educational methods, and the workshop allows us to provide children with more engaging and interactive experiences.

Our sessions are designed to enable children to learn through a "Learn and Play" approach.

For example, when introducing the right to development, we used a "Simulated Life" board game where children could imagine and choose their ideal lifestyle, education level, and career path, helping them to understand their right to determine their future.

During discussions on children's rights, we encouraged children to share their understanding and insights, to empowering them to speak up.





譬如談論生存權時，關於有什麼物品是人們賴以為生的問題，同學們分享了很多豐富而具有想象力的答案。

通過充分尊重和鼓勵兒童的自主性，幫助他們在互動中釋放獨特想象力和潛能，這本身就是對兒童權利的實踐，更有助於兒童權利的理念在參加者的心中生根發芽。

For instance, when discussing the right to survival, students shared a wealth of imaginative answers regarding items people rely on for survival.

We believe that by respecting and encouraging children's autonomy, we can help them unleash their unique imagination and potential. This practice aligns with children's rights and further cultivates the concept of children's rights among other participants.



青年使者的收穫 Our Gains as Young Envoys

我們學會了及時調整不足之處並作出反思。多次的工作坊中，並不是每一次的效果都盡如人意，例如我們計畫讓兒童以閱讀篇章的方式，圈出他們認為包含兒童發展權的訊息，例如興建遊樂場設施等詞語，讓他們透過尋找並閱讀文字而理解相關內容。

但效果並不理想，對於兒童來說，長篇大論的文字會讓他們感到乏味，無法專注。

因此我們調整計畫，在下一次的工作坊中加入更多遊戲的元素。而最後遊戲互動果然令他們更加專注和投入，玩得也更開心。通過思考執行、反思和調整，我們也從活動中學會換位思考，希望以最吸引兒童的方式去讓他們盡情投入活動，以達到是次倡議目的。

We learnt to make timely adjustments and improve shortcomings of our practice. For example, we planned to have the children read a paragraph and circle the words that they believe contained messages about the right to development, such as the construction of playground facilities, so that they could understand the relevant content by searching and reading the words.

However, the results were unsatisfactory. For the children, long paragraphs were boring and they could not concentrate.

So, we adjusted our plan and added more game elements in the next workshop. In the end, the interactive games made them more focused and engaged, and they had more fun. Through thinking, implementing, reflecting, and adjusting, we also learnt to think differently about the activities, hoping to find the most appealing way for the children to fully participate in the activities to achieve the purpose of this initiative.





社區參與小組 (公眾倡議活動)

Community Engagement (Public Advocacy Activity)

極端天氣和能源危機日益加劇，全球各地的兒童和家庭受氣候變化影響而面臨健康、教育及成長上的挑戰。而在發展中國家，基礎設施不完善及能源短缺問題更令兒童的生活和學習受到限制。這次大型活動不僅讓參與者認識到氣候變化和能源問題如何影響兒童的日常生活，也加深他們對可持續發展目標和兒童友好城市的理解。

我們通過有趣的互動遊戲和展示板展示，令參與者更具體地了解兒童權利和可持續發展目標13「氣候行動」之間的關係和重要性。

透過議題講解和互動遊戲形式，協助參加者理解兒童權利及可持續發展目標13的核心內容。此外，青年使者也透過有趣的互動遊戲，讓參與者深入認識「兒童友好城市」的概念，同時啟發他們思考如何將香港建設成更適合兒童居住與成長的城市。

As extreme weather and energy crises intensify, children and families around the world are facing challenges to their health, education, and development because of climate change. In developing countries, limited infrastructure and energy shortages limit children's ability to live and learn.

This large-scale event not only allowed participants to see how climate change and energy issues affect children's daily lives but also deepened their understanding of the SDGs and Child Friendly Cities.

Through the interactive game and display boards, participants were able to better understand the relationship and importance of children's rights and SDG 13: Climate Action. Through presentations and games, we helped participants understand the core content of children's rights and SDG 13. In addition, through interesting interactive games, participants were able to gain a deeper understanding of the concept of Child Friendly City and were inspired to think about how to make Hong Kong a better city for children to live and grow in.



青年使者的反思 Reflection

在籌備活動過程中，我們學到了溝通和合作的技巧。

在面對不同年齡的參加者時，有些學生因年齡差異而對活動內容的理解程度有所不同，導致他們難以投入活動。我們因此通過反思和不斷協調，積極探討解決方案，例如調整語調和遊戲難度來增強參與者的投入程度。

這些努力讓我們的活動順利進行，也讓作為青年使者的我們更深入理解兒童權利和可持續發展的真實意義。

During the planning process, we learnt valuable communication and collaboration skills, especially when catering to participants with different ages, some might find it difficult to understand the content due to age differences, leading to various levels of engagement. Through reflection and discussion, we actively looked for solutions, such as adjusting our explanatory script and modifying game difficulties.

It helps to enhance participant engagement. These efforts ensured the smooth running of our events and allowed us, as Young Envoys, to gain a deeper understanding of children's rights and the significance of sustainable development.



海外考察活動 – 越南虛擬考察活動

Learning Visits—Virtual Field Visit to Vietnam

除了豐富的實踐活動外，今年度青年使者更透過線上虛擬活動，與聯合國兒童基金會越南辦事處的工作人員進行交流，當中主題更圍繞著兒童如何面對氣候及衛生所帶來的挑戰，透過探討讓青年使者能夠親身認識聯合國兒童基金會為兒童福祉在當地展開的一系列行動。

In addition to the rich hands-on activities, this year's Young Envoys also engaged with UNICEF Vietnam staff through online virtual activity. The theme of the event was how children face the challenges of climate and health. Through the discussion, the Young Envoys were able to personally learn about the series of actions UNICEF has taken in the local area for the well-being of children.

青年使者的收穫 What Young Envoys learnt

通過是次交流，我們深刻地意識到在全球暖化的極端天氣下，例如風暴、冰雹等正持續威脅着越南，尤其是影響越南當地潔淨水源的供應。此外，我們更了解到當地有超過2800萬兒童在學校仍然無法獲得乾淨的飲用水和衛生設施。

此外，當地居民的衛生意識普遍不足，例如沒有建立勤洗手等衛生習慣，令當地兒童的健康面臨危機。聯合國兒童基金會越南辦事處針

Through this exchange, we became acutely aware that global warming is continuously threatening Vietnam with extreme weather events, such as storms and hail, particularly impacting the local supply of clean water. We learnt that over 28 million children in the region still lack access to clean drinking water and sanitation facilities in schools. Moreover, the general awareness of hygiene is low, with many lacking basic hygiene habits, such as handwashing which exposes local children to the risk of waterborne diseases.

對這項議題為學校提供洗手站，和廁所等設施，通過為學童提供合規格的衛生設施，以改善校園的環境衛生並保障兒童的個人健康發展。

除此以外，聯合國兒童基金會更聯同當地學校攜手向學生進行教育，例如教導學生正確洗手方法，藉此提升他們的衛生意識，令當地兒童能夠健康快樂地成長。

In response to this issue, UNICEF Vietnam is providing schools with handwashing stations and new toilets to improve environmental hygiene on campuses and ensure personal health development of children's.

Furthermore, UNICEF collaborated with local schools to educate students on proper handwashing techniques in enhancing their awareness of hygiene to, enable local children to grow up healthy.





本地暑期體驗項目 - 大公文匯集團傳媒中心

Local Learning Visits—Ta Kung Wen Wei Visit

暑假期間，青年使者更踴躍地參與了另一項本地考察活動，認識媒體行業的運作。透過參觀以及與新聞從業員討論如何運用不同媒介，共同探討如何把兒童權利倡議的效果最大化。

在本次香港大公文匯集團傳媒中心的體驗中，他們對這些媒體形式的意義有更深入的了解，以及思考到如何運用它們來推動兒童議題倡議。

學習與反思 What Young Envoys learnt and their reflection

隨著科技日新月異，越來越多紙媒式微，新興的網絡媒介已經成為主流。

網絡媒介的即時、便捷和高分享效益等，與紙媒之間的比較已有明顯差異。

然而，我們認識到紙媒與網媒其實各有存在空間。因為紙媒的獨特價值在於它能夠提供一些較為深入或更具生活化的報導。相對而言，

In addition to our trip to Japan, the Young Envoys actively participated in another local study activity where they learned about the operations of the media industry.

Through visits and discussions with media professionals, they explored how to maximize the impact of children's issues advocacy by using different media. During their experience at the Hong Kong Ta Kung Wen Wei Media Center, they gained a deeper understanding of the significance of these media forms and reflected on how to utilize them to promote children's rights initiatives.

As technology evolves rapidly, online media has become mainstream, while traditional print media is declining.

The immediacy, convenience, and high shareability of online media seem to have significantly outpaced print media.

However, both forms of media have their unique characteristics. The unique value of print media lies in its ability to provide more in-depth and relatable reports. In contrast, fragmented instant news often lacks comprehensiveness and depth. For many readers, the value of news is in its ability to

零碎的即時新聞往往缺乏全面性與深度。對於讀者來說，新聞的價值在於能夠呈現事件的真實面貌、各方的回應及相應的深入分析。在當今資訊爆炸的年代，讀者不僅僅渴望獲取即時的訊息，更希望得到深入內容和報導，而這正是紙媒的優勢所在。

我們的期望是通過各種媒體平台共同倡議和推動兒童權利，特別是實現「兒童友好城市」的理想。不論是紙媒還是網媒，我們可以透過不同的方法向社會大眾作出宣傳和教育，讓社會各界認識到兒童需要、參與和聆聽其聲音等，對兒童和社會發展尤其重要，為實現和建設兒童友好城市的理想共同努力。

present the true nature of events, responses from various parties, and corresponding in-depth analysis. In this era of information explosion, readers not only crave immediate news but also thoughtful content, which is a distinct advantage of print media.

Our vision is to promote and advocate for children's rights collectively through various media platforms, particularly in realizing the Child Friendly Cities. Whether through print or online media, we hope to raise awareness across society on the importance of children's needs and voices in urban development, working together to achieve the goal of Child Friendly Cities.



海外考察活動 – 日本兒童友好城市考察之旅

Overseas Field Visit – Japan Child Friendly City Visit

暑假期間，聯合國兒童基金香港委員會首度與聯合國兒童基金日本委員會合辦，為青年使者提供海外考察活動，讓青年使者能夠身體力行認識聯合國兒童基金會的工作外，更能夠為他們帶來不一樣的體驗。當中包括，親身考察日本兒童友好城市之一的町田市。

讓青年使者了解日本當地如何透過與社會各界共同推動和建設兒童友好城市，讓兒童能夠在正面愉快的環境中學習和成長，更能夠讓兒童的聲音得以被社會聽見，藉此發掘兒童的潛能和提升其幸福感。

UNICEF HK, in collaboration with the Japan Committee for UNICEF, organized a summer overseas study tour for Young Envoys for the first time. This initiative allows the Young Envoys to actively engage with the work of UNICEF while providing them with a unique experience. The tour includes a visit to Machida City, one of Japan's Child Friendly Cities.

This experience helps the Young Envoys to understand how various local communities in Japan work together to promote and build child-friendly environments, which enable children to learn and grow in positive and enjoyable surroundings. It also ensures that children's voices are heard by society, helping to unleash their potential and enhance their well-being.



旅程中的得著

Lesson learnt from the journey

聯合國兒童基金日本委員會
Japan Committee for UNICEF

在辦事處，我們榮幸獲得聯合國兒童基金日本委員會專務理事早水研先生接待並進行交流。

期間，我們更能夠參訪聯合國兒童基金日本委員會設施，認識當地兒童權利的推行和實踐，包括提供展覽廳讓當地中小學生能夠以沉浸式體驗，認識發展中地區的兒童所面對的挑戰等。

此外，我們更透過工作坊認識到日本兒童友好城市的背景和發展，例如日本東部地震災害重建過程中，當地組織與當地兒童攜手推動不同程度的重建項目等，把兒童友好的元素逐漸加入城市建設當中，讓兒童能夠在一個舒適的環境中快樂地成長。



During our visit, we had the honor of being welcomed by Mr. Hayamizu, the Executive Director of Japan Committee for UNICEF, and engaged in meaningful discussions.

During this time, we also had the opportunity to tour the facilities of Japan Committee for UNICEF, learning about the implementation and practice of children's rights locally. This includes an exhibition hall designed for local elementary and middle school students to experience the challenges faced by children in developing regions in an immersive way.

Additionally, through workshops, we gained insights in the background and development of Japan's Child Friendly Cities. For example, we learnt how local organizations collaborated with children during the reconstruction after the Eastern Japan Earthquake, promoting various levels of rebuilding projects. This process gradually incorporates child-friendly elements into urban development, allowing children to grow up happily in a comfortable environment.





羽根木公園 Hanegi Playground

羽根木公園是一個較少見實踐「自由玩樂」(Free Play)概念的遊玩設施，這個概念在日本當地相對普遍，卻甚少出現於香港。

在實地考察時，我們發現當地的兒童可以在園內隨心所欲地去探索和玩耍，無拘無束地與朋友進行遊戲。

當中，我們更參與其中，盡情享受箇中自由自在的快樂時光。這種新穎的玩樂方式不僅可以帶給兒童歡樂，還可以透過設立不同的遊戲規矩來增強兒童的想像和創造力。

而最重要的一點是，兒童在遊玩前需要作出思考，當中包括有關遊戲和規則會否導致自己和他人的受傷等，例如：我們以這種方式玩耍，是否會傷害到自己和他人？如果是，我們應該怎樣改進從而避免自己受傷？透過反思相應的行為，從而學會訓練自身組織能力，風險管控以及提升自我保護能力等，而這正是香港兒童所需要發展的一系列的軟技能。

Hanegi Playground is a rare facility that carries out the idea of "free play," which is relatively common in Japan but seldom seen in Hong Kong. During our field study, we observed that local children could explore and play freely. This novel way of playing not only brings joy to children but also enhances their creativity by allowing them to establish their own rules. More importantly, children learned to take responsibility for their actions. For instance, they considered whether their way of playing may cause harm, and reflect on ways to improve and prevent such injuries in the future. They also learned to manage risks and enhance their self-protection abilities, which many children in Hong Kong could develop further.



兒童中心 Tada-On Children's Centre

Tada-On兒童中心位於町田市內，而町田市更是日本其中五個兒童友好城市認證的其中之一，表示該市在建設和政策方面均融入了兒童的參與和友好元素。

過程中，我們會見了兒童中心的兒童委員會成員，他們熱情地帶領我們參觀中心，並詳細地介紹各個空間和設施，包括多用途空間、遊樂區、音樂室和會議室等。

透過這次互動，我們了解到這些日本青少年義工如何為兒童中心作出貢獻，當中更包括與兒童中心委員會、義工和職員定期開會，反映意見並作出持續的改善，讓兒童中心內充滿愉快的氛圍，為每名兒童帶來快樂的成長經驗和正面的童年經歷。

此外，我們更與當地政府官員、中心職員和青少年義工分享了我們過去在香港進行的四個由青年主導的公眾倡議項目和各自的學習與反思，包括社區服務、大型活動和問卷調查等，分享我們如何透過各種方式在香港倡導和實踐兒童權利，展示了我們在推廣兒童權利方面的努力與成果。

At the Tada-On Children's Centre, we met with members of the Children's Committee who volunteer at the centre.

The committee members warmly guided us through the various spaces and facilities, including multipurpose areas, play zones, music room, and the meeting room.

Through this interaction, we learnt how these young Japanese volunteers contribute to the centre each week. We also shared our experiences from the four GenAction projects we conducted in Hong Kong over the past few months, discussing how we advocate for children's rights in various ways and showcasing our efforts and achievements in promoting children's rights.



與 UNICEF Campus 成員交流 Exchange with UNICEF Campus Members

旅程的最後一天，我們與日本 UNICEF Campus 成員進行兩地青年倡議項目和文化交流。我們彼此分享了各自的青年主導的公眾倡議項目和推行經驗。

我們了解到 UNICEF Campus 是由一眾日本大學生與 UNICEF 共同協辦的青年組織，他們和我們一樣致力於通過多元化項目在社區推廣兒童權利，為兒童友好城市和兒童權利的普及和發展盡一分力。

On the third day of our visit, we engaged in a cross-regional youth advocacy and cultural exchange with members from the UNICEF Campus in Japan.

We shared projects and experiences related to advocating for children's rights in our respective communities.



是次交流，除了增進我們對日本兒童友好城市的理解，我們更認識到 UNICEF Campus 和青年使者有著相同目標，讓我們能夠相互學習，更能夠就著推廣手法、兩地生活和青年文化進行更多深入的交流，令我們獲益良多。

我們期待獲得青年使者委任後，能夠持續地實踐兒童權利，把我們是次豐盛的經歷傳揚開去，讓社會大眾關注並滿足兒童在各方面的成長需要，共建兒童友好城市。

We learnt that UNICEF Campus is a youth organization established by the Japanese. It is dedicated to promoting children's rights through diverse projects, contributing to the development of Child Friendly Cities, and raising awareness of children's rights.

This exchange deepened our understanding of Japan's Child Friendly Cities and inspired us to see that we share the same goals with these young people from Japan.





委任典禮

Appointment Ceremony

經過八個月豐盛的旅程，一眾的青少年正式獲委任成為聯合國兒童基金會青年使者。

是次典禮由聯合國兒童基金香港委員會倡議委員會主席朱國樑先生及計劃獨家贊助商AEON信貸財務(亞洲)有限公司執行董事溫育芳女士主禮並進行委任儀式。

After eight months of learning and training, the youths were officially appointed as UNICEF Young Envoys.

The ceremony was inaugurated by Mr Ivan Chu, Chairman of Advocacy Committee of UNICEF HK, and Ms Tracy Wan the Executive Director of AEON Credit Service (Asia) Co., Ltd., the sole sponsor of the program.

During the ceremony, the Young Envoys



青年使者更在典禮中分享了各自的成果與體會，亦真情流露講出自己參與青年使者計劃的體驗與收穫，讓到場的嘉賓見證著青年使者的成長和轉變，成為未來的社會棟樑。時光飛逝，委任典在充滿笑聲和歡樂的氛圍下禮圓滿結束，我們期待青年使者未來繼續為兒童權利發聲，與UNICEF HK攜手為兒童創造更美好的未來。

shared their achievements and experiences, expressing their feelings about the whole process. They also signed their names on the signature wall and took commemorative photos. In the end, they all received their UNICEF Young Envoy certificates, marking a successful conclusion of the appointment ceremony. We look forward to the Young Envoys continuing to advocate for children's rights and partnering with UNICEF HK to create a better future for every child.

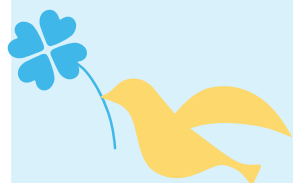


青年使者的反思

Reflection of Young Envoys

青年使者計劃是我這一年中最充實寶貴的經歷，從初初認識大家，到最後成為摯友，更學習到許多以往從未有機會接觸的事物，如兒童友好城市的概念，設計問卷的技巧等等。

感恩這一年的經歷，盼望日後能以青年使者的身份去倡議兒童權利，喚起更多人對兒童友好城市之關注！



Xue Ching Sze

在青年使者計畫的過程中，我對兒童權利的理解有了深刻的反思。

過去，我或許只將兒童權利視為抽象的概念，但如今我明白，這些權利直接影響到每一位小朋友的生活和成長。

每當我看到孩子們在玩樂時，他們擁有的自由與安全感，讓我意識到一個兒童友好的環境的重要性。這不僅是法律上的保障，更是社會應有的責任。

在推廣兒童友好城市的過程中，我希望能夠激發更多人關注這些小朋友的需求，讓他們的聲音被聽見，讓每個孩子都能在友善的環境中茁壯成長。

Chan Wing Hei

在這個接近一年既旅程裡面，我收穫到的東西多不勝數，除了學習到以前未接觸過的兒童知識，還收穫好多好好的 teammates。

嘗試了很多我未試過的事(例如，設計問卷，參觀中國外交部駐港特派員公署)好榮幸亦都很感謝 UNICEF HK 給予我機會去學習，成為青年使者。

以後我也會繼續以青年使者和兒童倡議領袖的身份去倡議、去引起大眾對兒童權利，兒童友好城市和 SDGs 的認知。

Lam Wan Wai

好榮幸加入到青年使者計劃，作為一個兒童發聲者倡議兒童權利。

我認識了很多出色的組員，亦提升了自己的技能。

在項目的過程仲，我們去學習寫一份問卷，構思問卷問題並不容易，很開心能夠通過問卷調查，了解他們的情況，並學習有關兒童友好城市的內容。

Ng Wing Sum

對於一個夢想成為兒科醫生的人來說，參與聯合國兒童基金會的活動或許不在考慮範圍內，反而會只注重於成績上的提高。

然而，我十分慶幸自己以「為社會發聲和貢獻」的動機參與這個大家庭。無論是對於兒童權利還是世界各國的政策認識都讓我大開眼界，不再迷茫於對兒童權利知識的匱乏。

也感謝 UNICEF HK 和其員工及義工們組織此活動，讓香港又多了四十多名為兒童權利發聲的青年領袖。

Liew Jia Xin





During the training period, I learnt more about the importance of children's rights and the actions that UNICEF is currently undertaking to improve them.

More importantly, I was able to work with a wonderful team to make our impact, focusing on providing clean energy to those in need.

This program served as a bridge for me to play a more active role in our society, equipping me with the knowledge to address the challenges that children face around the world.

I am grateful for all the opportunities I've experienced throughout this program and look forward to advocating for the same cause now as a Young Envoy.

Pon Ka Wai, Claris



我認為參加UNICEF青年使者計劃真是收穫滿滿。知識方面，我學習到保護兒童的種種權利是多麼重要，也更認知到自己有何權利。兒童是社會的基石，是日後建立良好社會的棟樑。

儘管世上仍有數之不盡受不公平對待的兒童，我仍然希望我們作為兒童倡議領袖，能為整個社會，乃至世界推動兒童權利，出一分力，所以我十分榮幸能參加這次青年使者計劃，能讓我作為青年使者，繼續為兒童發聲！



Wong Kai Ming, Adrian

When I first decided to join this programme, I did not have much expectation for the experience.

I was surprised by the information that was taught to us, gaining insights into both children's rights as well as Child Friendly Cities Initiative, which I wasn't aware of before. The Japan field visit was absolutely eye-opening.

We were able to see the implementations of Child Friendly Cities Initiative in Tokyo, such as the annual meeting held with children, Hanegi playground which focuses on free play, and so on, and how it has benefitted the city.

With all this new knowledge and experience, I hope to continue my work as a UNICEF Young Envoy and advocate for children's rights.

Knowledge aside, I've made so many new friends in these eight months, and it has made the whole experience more fun! Although we were all shy at first, by the end of the programme, it felt like we had known each other forever. Hope to keep in touch with all of you!

Yuen, Ellen

I would never regret joining this program. It allowed me to learn more about the importance of children's rights and understand the world more, especially about Child Friendly Cities.

This program allowed me to have more confidence in promoting the knowledge I have gained during the UNICEF Young Envoy training.

Besides, I have also made many new friends. We were so shy and quiet at first, but very soon after, we became closer, we even hung out! Thank you, UNICEF for organizing such a meaningful event.

I really missed spending time with you all. My dear groupmates, hope to hang out again soon!

Wai Chuen Yiu, Nicole





回望參加青年使者計劃的這段旅程，我收穫頗豐，實感榮幸、感激和不捨；其中，最難忘的莫過於日本的實地考察。

箇中經歷和見聞使我對兒童的玩樂有了不一樣的見解，譬如相比於「有規範」，兒童其實能受益於「無拘無束」地玩耍，因為可以培養對危險的規避能力。

在這八個月的時光裡，曾經「提倡兒童權利」的概念於我只是淺顯浮於水面，了解甚少；而今卻深刻地意識到其背後蘊含的意義，並使我立志以自身為媒介去影響他人，將這個提倡普及，達至社會各界人士都能一起攜手共建兒童友好城市，給予兒童一個特長和個性都能完全發展的空間。



Jiang Yau Chun, Eugene

In this program, I realized the importance and significance of children's rights in the development of our society.

We went through several workshops, exploring potential solutions to current issues related to energy production in poorer areas, and it definitely got me thinking about how we can make the world a better place for young minds who will be leading our world for the next generation.

Overall, I'm very grateful to be a part of this program, and I wish people all the best in pursuing endeavors that can bring joy to those in need.



Leung Yat Hei, Vincent

Looking back to the journey of the 2024 UNICEF Young Envoys programme, I realized how much we have grown to appreciate our talents and the importance of teamwork.

We understood underprivileged children do not have good living conditions, which may even deprive them of their children's rights.

As we have the power, why don't we stand out and do something? After almost eight months of training, my teammates and I have learnt about both the knowledge (such as children's rights, Child Friendly Cities, SDG 7 and 13) and practical skills necessary to advocate for children's rights. Moreover, I met many amazing friends who share the same aspirations and passions. To sum up in short, UNICEF YE is definitely an incredibly enriching programme.

I am so grateful to be here with all of you.

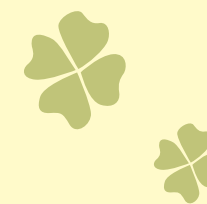


Lee Lok Yiu, Melody

I've learnt a lot throughout the fruitful programme.

Either gaining insights into the work done by UNICEF striving to give a better place for children or getting to know about the current needs and challenges faced by children all over the world.

I was grateful to be given the chance to be part of the field visit in Japan. Not only did I learn about the policies they made, but also their attitudes towards children's rights-children rights are not given by us as adults; they were born with them. We are just protecting their rights.



Huang Yi Lam, Evelyn



回望一年來的訓練以及活動，我十分感恩自己能夠獲得青年使者這個機會，在與其他同學相處的過程中擴大自己社交圈子的同時，透過不同的外展活動以及社區實踐工作坊提升個人溝通以及領袖技能。

非常感激 UNICEF HK 在計劃當中各種用心的準備！個人最深刻的活動是向一班小朋友介紹兒童權利，以及和他們互動的經歷，能夠向他們宣傳兒童權利的重要性，並與他們建立關係，令我見證到生命影響生命的力量！

好高興可以成為青年使者！亦希望兒童權利可以繼續得到推廣同倡議，令我們的社區同世界變得更好！



Yiu Kai Wing, Don

還記得第一次面試時，被提問用剩餘的資金可以如何幫助兒童。我空有一腔理論的回答兒童四大權利的各個方面，卻被提醒欠缺對實際情況的考量。

對兒童權利只有空泛了解的我，十分榮幸能加入今年的青年使者。過程中我由被倡議的對象，成為了向他人倡議兒童權利的人。

經過了日本的實地考察及向兒童提供工作坊等等的經驗累積，現在的我可以很自信地不只是說出兒童權利內容，更多的是經過反思後如何能套用到現今社會和憑自己的力量如何能做出貢獻。

我更認識了一班無法忘懷的組員，人與人相遇的緣分都是可遇不可求，更何況我們在經過了一年的合作，不僅成為了並肩作戰的隊友，更是彼此陪伴的夥伴。

因此感謝一切在今年相遇的人和事，一切負責統籌活動的工作人員，以及 UNICEF HK 提供的機會。是時候再見了，也就是希望一切會再次見面。



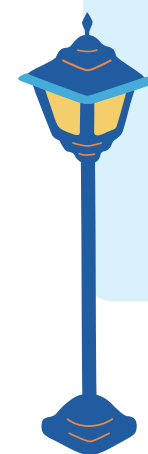
Cheung Ka Wing, Sophie



My favourite part of the UNICEF Young Envoys program journey is undoubtedly organizing various activities for children from single-parent families, allowing them to gain insights into children's rights and how they can be implemented in real life.

Seeing a positive change in their confidence and engagement levels made me feel accomplished and reinforced my goal of advocating children's rights in society.

Wong Nga Lam, Kailey



Being one of the UNICEF Young Envoys is truly a rewarding and meaningful experience for me. Having had the opportunity to discuss various social issues and engage in conversations about children's rights, I was deeply inspired and learnt a lot about how we should stand up for our rights as children ourselves.

Leung Man Yan Esther





本年度的青年使者計畫是一段充實且啟發性的旅程。過去大半年，我與青年使者們曾與香港單親協會合作，舉辦了為期四次的工作坊，教導十位兒童「兒童四權」。

在暑假期間，我們亦有幸親臨日本東京市和町田市考察當地兒童友好城市發展。整年的計畫讓我對「兒童權利」、「SDG 13」和「兒童友好城市倡議」有更深入的認識，提高我對世界兒童議題的關注度，更讓我結識到一班志同道合的朋友，實在是獲益良多。

最後，感謝 UNICEFHK 為 YE 們提供了許多寶貴的機會了解自身社區，甚至進行海外考察，讓我們在這段旅程有所得著。



Lau Lap Yee, Edith

在青年使者計劃中我學到如何融入團體共同在一段時間完成一個項目，將兒童權利傳播於社區及兒童，當我見到成員們的笑容及一起達到某個目標，都會感到大家凝聚力強大，很榮幸可以參加這個項目認識到一群優秀的成員以及可愛的小朋友，這次經驗將會使我難以忘懷。



Ye Cui Ting, Bonnie

不知不覺計畫已被畫上完美的句號。回想參加初衷，不過是想認識更多不被看見的角落，拓展視野。

但透過 UNICEF 提供一連串的活動，除了恆常的工作坊和社區經歷，讓我了解到更多世界各地兒童的情況外，還有難能可貴的日本考察團，令我們從中學習，從而更好地推廣兒童權利和建設屬於我們的兒童友好城市，都讓我獲益良多，不單是認識了一群滿腔熱血的青年，更是灌溉了我內心為人群，為兒童服務的種子。

希望能通過這段經歷和回饋社會的心感染更多的人來關注兒童權益，亦希望能有更多有志青年加入 YE 的大家庭，共創美好未來。



Liu Tsz Man

青年使者計畫給予我一個在社區教導兒童權利的寶貴機會，見證一班小朋友由一開始完全不理解兒童權利，到最後能夠提出如何在日常生活中實踐兒童權利的轉變，令我明白倡議兒童權利的意義所在。

暑假期間，有幸親身到日本考察當地兒童友好城市發展及與當地青年交流，令我收穫了一段既有趣又充實的學習之旅。

非常榮幸能夠成為青年使者的一份子，期望未來能夠繼續參與社區倡議工作，提升社會對兒童權利的關注。

Cheung Nok, Carlos

鳴謝

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